

JUNE 2015 / ₹ 100

# FHM

+  
**ELENA  
FERNANDES**  
GIRL NEXT DOOR  
➡

**BMW i8  
FEEL THE  
CHARGE**

+  
it's like this  
about chris  
(pratt)

+  
**MAKE  
MUSIC LIKE  
A PRO**

**OOPS!  
WE DID IT  
AGAIN...**

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**VARUN  
DHAWAN**



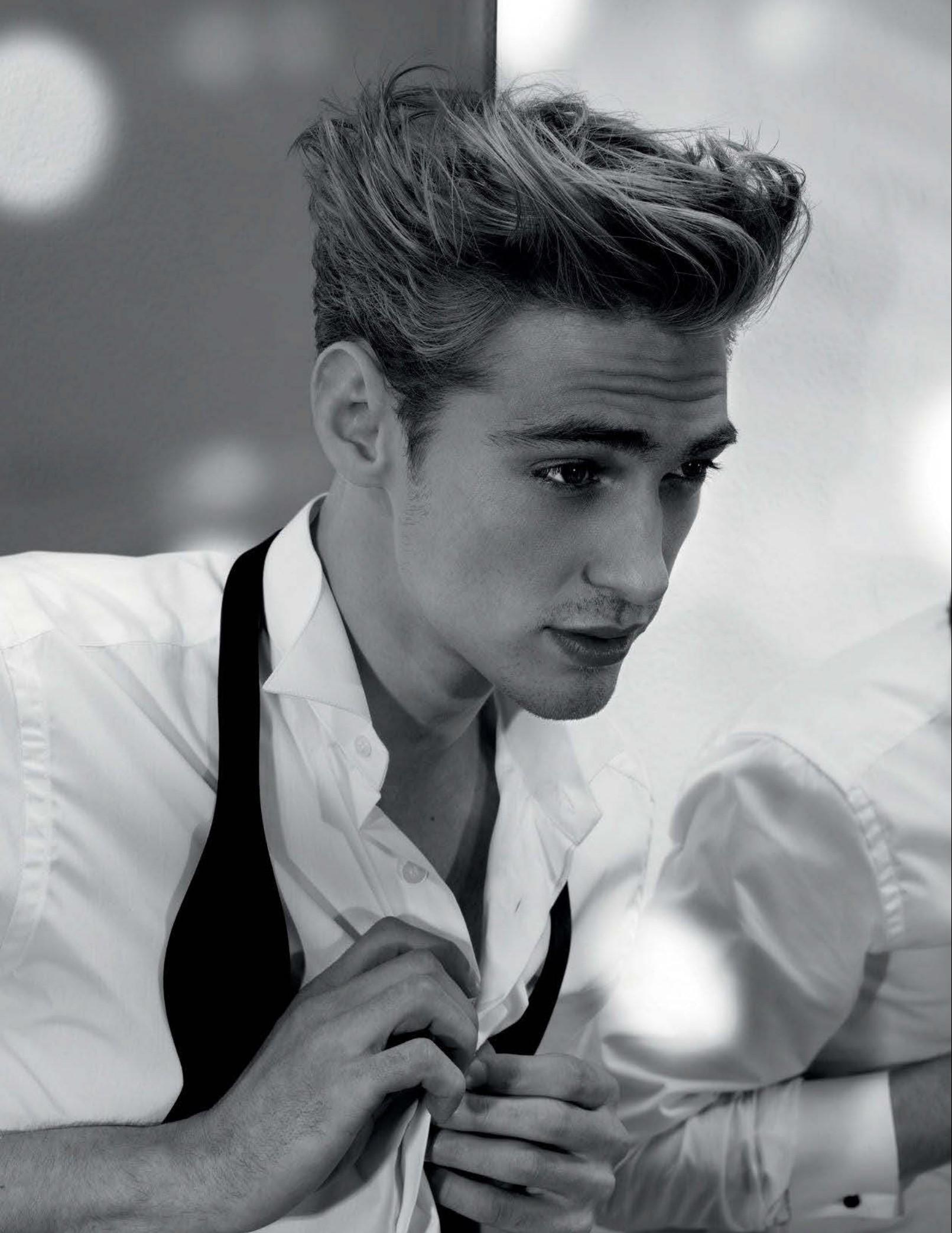
INDIA EDITION VOL 8 ISSUE 7



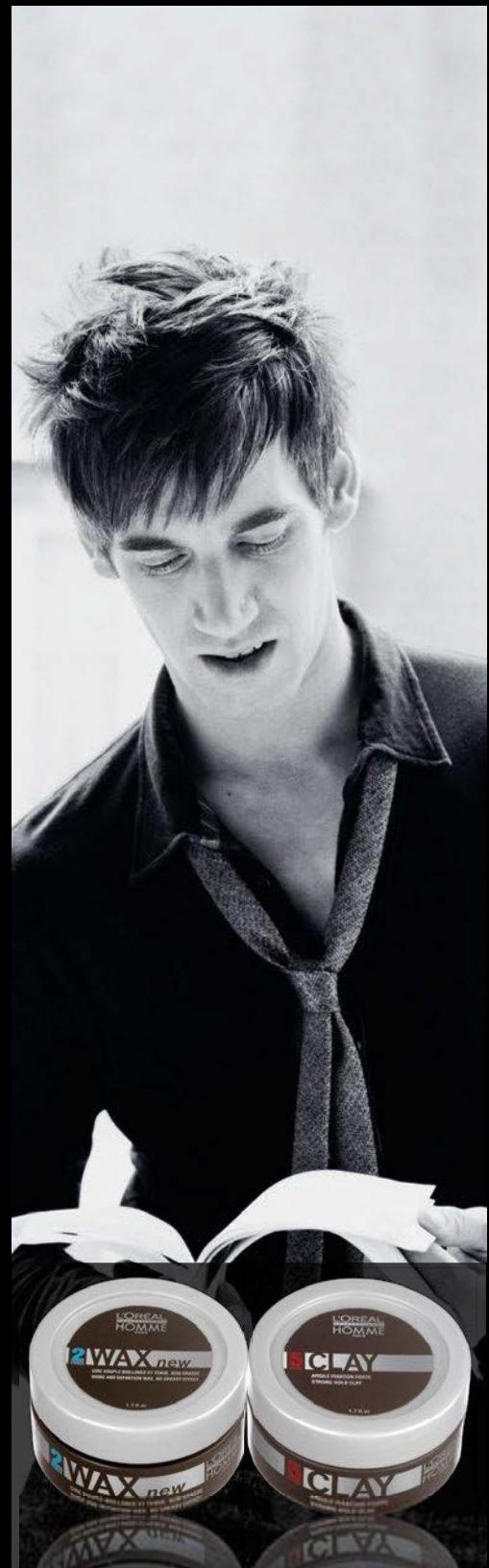
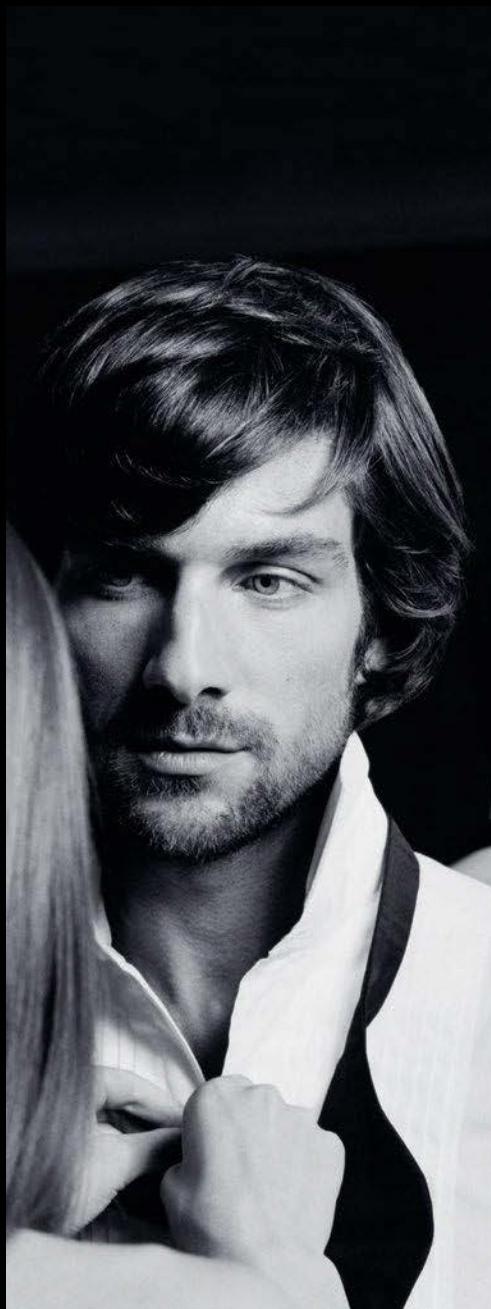
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Photography Rohan Shrestha  
Styling Aakanksha Jain // Make-up  
for Varun Krishna // Hair for Varun  
Kanta Motwani (Kromakay Salon)  
for L'Oréal Professionnel



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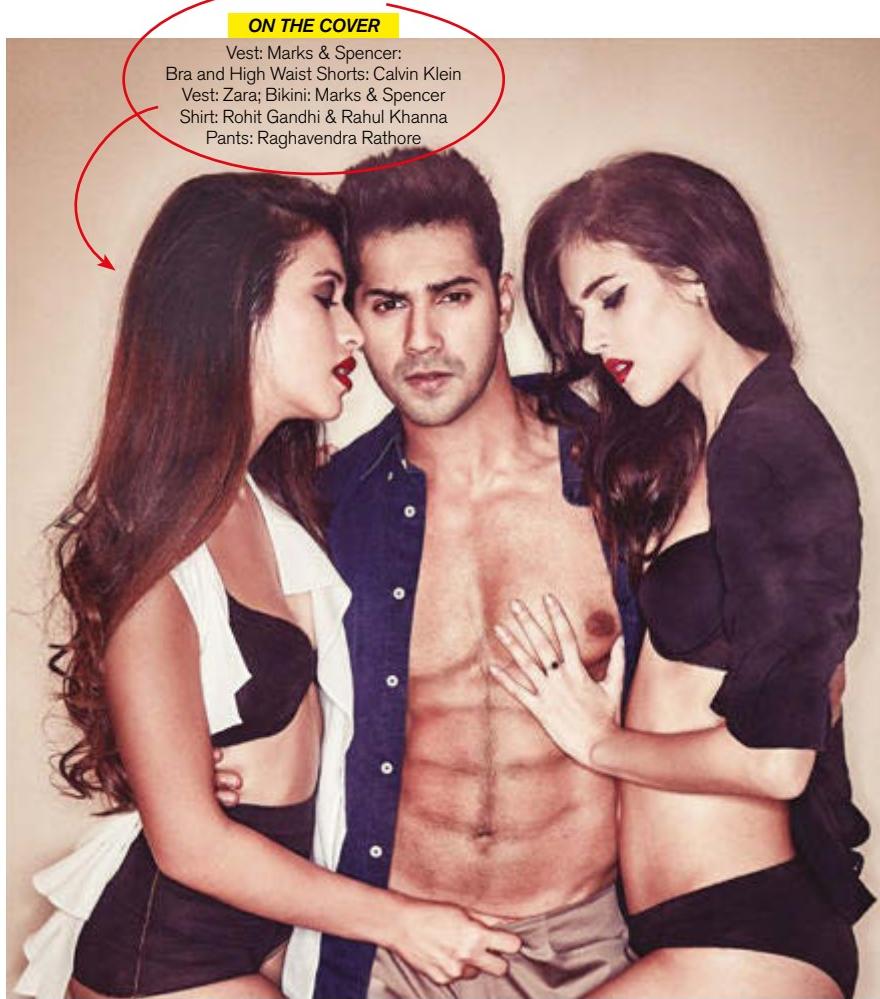
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Vest: Zara; Bikini: Marks & Spencer  
Shirt: Rohit Gandhi & Rahul Khanna  
Pants: Raghavendra Rathore

## EDITOR'S LETTER

How's it going?

While most of India is getting slow-roasted in what perhaps is the hottest summers in a long time and as many of us plan to cool off by darting to the closest drivable hill station, *FHM* did what *FHM* does... turned up the heat by several notches. Varun Dhawan. Gorgeous models. A hotel suite. Complete mayhem! Honestly, the shoot got too hot to handle even for us. But we managed to get it past the censors for you. And you're welcome.

We are starting with a new sex advice column that I'm sure you will love. Our in house expert, Dr Mojo, is every bit sassy and witty as he is brilliant at doling out serious advice. And if you have a question then feel free to write in. Also, so that you believe that we are serious to make you look dapper for this scorching weather, we invited Hemant Sagar (He is one half of Lecoanet-Hemant label) to clear readers' sartorial doubts. There's no excuse now to look any less than your absolute best!

I also burned some rubber (thanks to Triumph) with the world's heaviest motorcycle (it's a freak!) and then with a street racer—in the bid to understand what class of machines are better suited for the Indian tarmac. The verdict awaits you in our automobiles section.

Chris Pratt guarded the galaxy with élan and now is out saving the world from dinosaur onslaught in Spielberg's next. We chatted up with him on just about everything under the sun and absolutely loved his attitude. The best part? His advice on what to do in case of a T-Rex attack.

Fashion, *FHM* Girlfriend, Objects of Desire, how to master personality development... It goes on and on. I won't take up any more of your time now. I'm sure you can't wait to start turning the pages and nose-dive into the stories and pics that await you. Happy June!

**Ashish Pratap Singh, Editor**



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**Publisher & CEO** Nitin Agarwal

**COO** Alok Katiyar

**Associate Publisher** Vijaya Saran

**Editor** Ashish Pratap Singh

### FHM IS TAKEN ON ITS TRAVELS BY...

#### International Publisher of Men's Magazines

Gareth Cherriman (+44 20 72955369)

#### International Head of Content

Anouska Christy (+44 20 7182 8941)

#### International Commercial Manager

Graham Kirk (+44 20 7182 8941)

#### International Content Manager

Jennifer Batchelor (+44 20 7182 8056)

#### International Content Coordinator

Charlotte Smith (+44 20 7182 8069)

#### International Content Executive

Ryan Chambers (+44 207 520 6561)

Information: info@tcg.media

Subscriptions: subscribe@tcg.media

Submissions: fhm@tcg.media

Advertising: adsales@tcg.media

Desk: editorial@tcg.media

### TCG MEDIA LIMITED

#### Head Office

101, Arunachal Building, 19, Barakhamba Road  
New Delhi - 110001, INDIA.  
Ph: +91.11.41543666

#### Mumbai Office

Unit No.203, Anjani Complex, Parera, Hill Road, Opp  
Gurunanak Petrol Pump, Andheri (East), Mumbai- 400099

#### Bengaluru Office

1/1, ARN, 2nd floor, Promenade Road, Frazer Town,  
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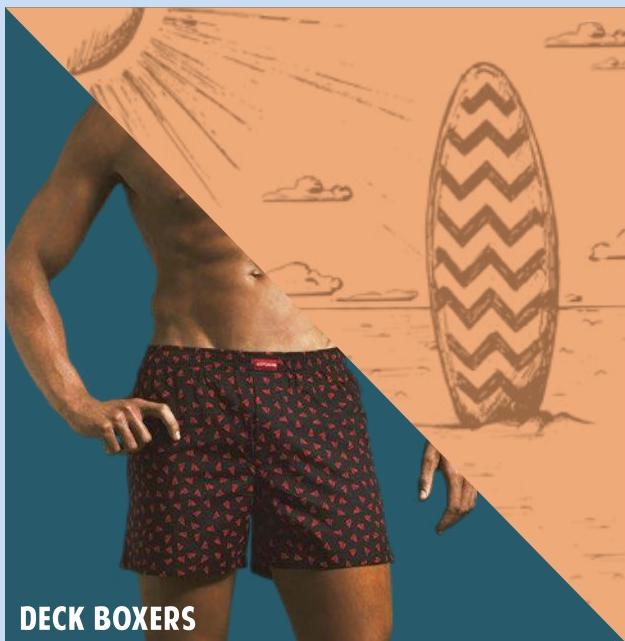
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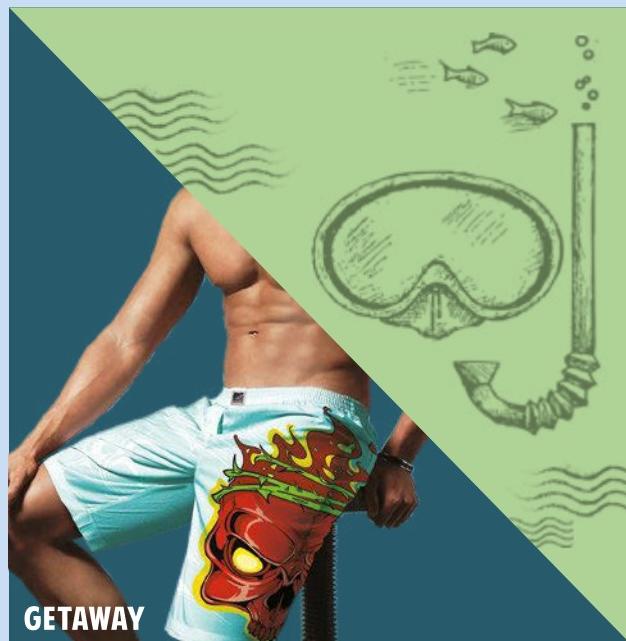


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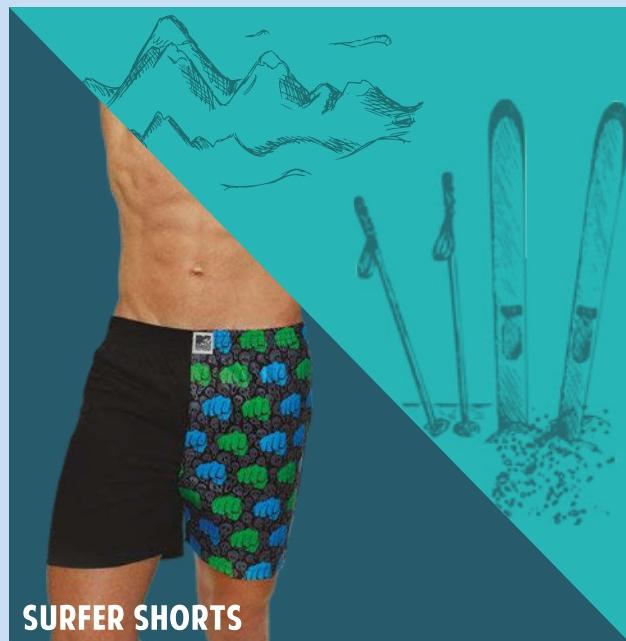
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GETAWAY



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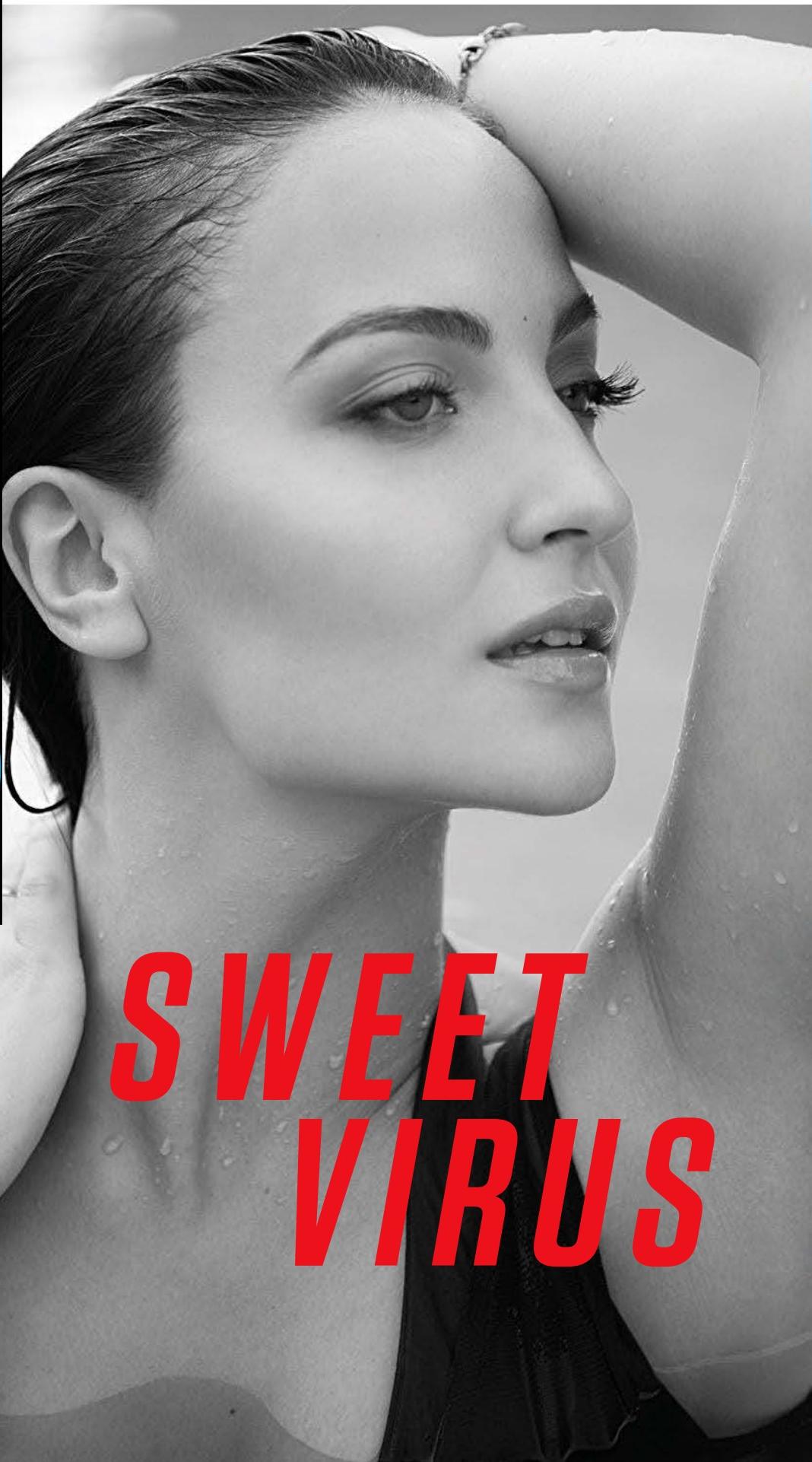
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BUT  
FIRST,  
PLEASE  
MEET...



SWEET  
VIRUS

**Location:** Mumbai

**Age:** 24

**Occupation:** Actress

**Twitter:** @ElliAvram

**Instagram:** @elliavram

**FHM:** Hi Elli, how is the Indian summer treating you?

**Elli Avram:** It's actually treating me very well. It sure is really hot, but I'm not complaining since I've seen my fair share of extreme cold. Back home, the temperatures drop to as low as -18 degree Celsius and winters last extremely long. As compared to that, I'm quite enjoying the Indian weather.

**Where does your Greek connection come from?**

My father is Greek; however, he hasn't just connected me to Greece but also to India. He is a musician and played a lot of Greek songs that had Indian tunes and melodies when I was a little girl. He worked as a catalyst in drawing me closer to Indian culture. In fact, on the movie sets, a lot of people call me the 'Greek-Punjabi girl'.

**So, can we call you the goddess of love and beauty, Aphrodite?**

Oh, it's very sweet of you to call me that. But I truly believe that each person represents love and beauty in their own way.

**We have come to know that you are taking acrobatics classes? Why?**

A dance number in my upcoming film *Kis Kis Ko Pyaar Karoon* required me to learn acrobatics. I decided I would take this up since I'm not only a fitness enthusiast

# ELLI AVRAM

**She entered our lives like a virus that cannot be quarantined. But, would you wanna delete her anyway?**

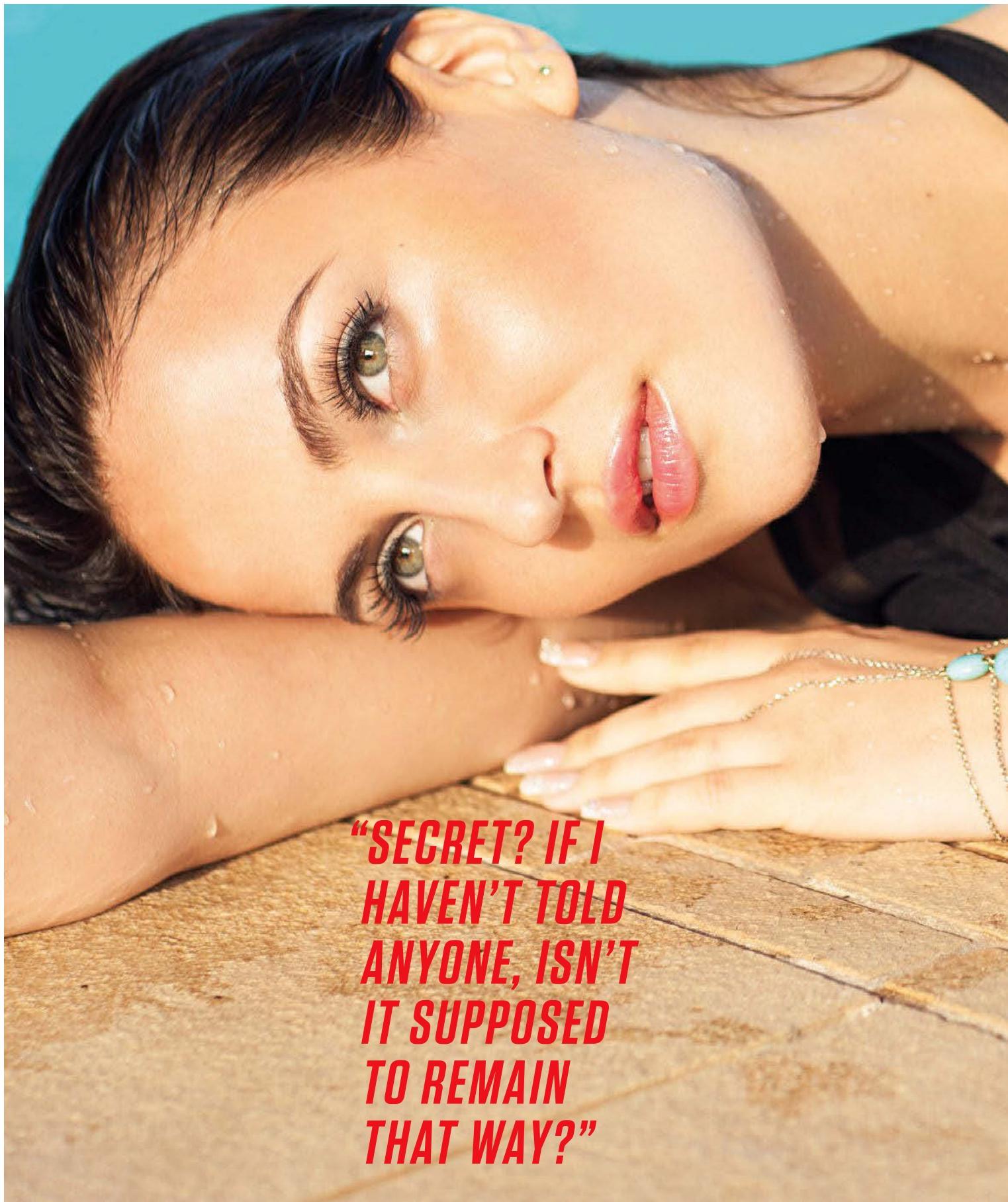
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**"SECRET? IF I  
HAVEN'T TOLD  
ANYONE, ISN'T  
IT SUPPOSED  
TO REMAIN  
THAT WAY?"**



but also enjoy new challenges. Sadly, I injured myself on the day before the shoot due to which we had to change the choreography sequence. But I'm glad to have received formal training in this area and I just can't wait to put it to use in my movies.

**Are you a trained dancer? When are the new moves coming onscreen?**

I do have some training in Kathak and Bharatanatyam, but it isn't really my area of specialisation. I do, however, have a knack for dance since I've been a professional figure skater, which requires one to know ballet and a few other dance forms too. My mother, who is an actress, had performed belly-dance as part of her play when she was pregnant with me. There is a joke in our home that it's because of this reason that I have this connect with dance (*chuckles*).

**Tell us about the fondest memory of your childhood?**

It's from an oriental festival that my parents had taken me to at the age of six. The festival had a face painting booth, where I got mine painted like an Indian princess. I pranced around pretending to be Indian royalty without any care! I was in love with my paint-caked face like I had never been! It has been such a long time since then, but that day was so special and the memory is so clear that it feels as if it happened only yesterday.

**Any bad ones as well?**

I think it was the day I cried a river over ice cream. I was craving for my favourite ice cream throughout the day at school and my mother refused to get it for me on our way back home.

So I cried all the time on the way back and continued wailing for hours until my father came back home in the evening. I was a very stubborn kid so when my mother denied my ice cream I decided I wouldn't move from my seat. I was so angry with my mother that I didn't allow her to touch me; so it was only when my father returned, he carried me into the house. Unfortunately, I didn't get the ice cream despite all the effort!

**Do you have a college degree?**

Yes, I hold a degree in Society Economics.

**So, were you one of the most sought-after girls in the college?**

As bashful as I feel about this, I will admit that the case was really so. One of my nick names used to be the 'Greek Goddess'.

**How did all the attention feel?**

While it was really flattering, it was also something that made me extremely self-conscious. I am a tough person, but when it came to such attention, at that age, I got very shy.

**Tell us one secret of yours that you haven't told anybody yet?**

Hey, if I haven't told anyone, isn't that supposed to remain a secret? My lips are sealed!

**How did you land up in India?**

I had always been charmed by India and wanted to be a part of Bollywood since I saw my first Bollywood song at the age of five! I thought it was magical and I wanted it for myself. I made my first trip to India with my mother when I was 21 and on the second trip, I made it my home! Since then the love has only grown fonder for this beautiful place and there hasn't been any looking back.



**"I'M MORE LIKE THAT MYSTERIOUS GIRL WHO LOVES TO SIT BACK AND OBSERVE THE WORLD."**

**Sweden, Greece and India. Rate the men from each country.**

It would be extremely superficial for me to do so! For me, a person's heart and values are what truly matter regardless of where he is from. So rating them isn't possible.

**If we barge into your home without notice, what (embarrassing) things will be lying on the floor?**

Fortunately for me, I love cleanliness and never leave my belongings lying on outside. You probably walk in to a few

pairs of shoes; but that's about it.

**Have you ever drunk so much to not remember what happened the night before?**

(Laughs) No! Thank God, I have never faced any such situation. It's not that I haven't tried it, but I didn't like the taste. My alcohol consumption is nil, so don't let your thoughts fly high (Laughs)!

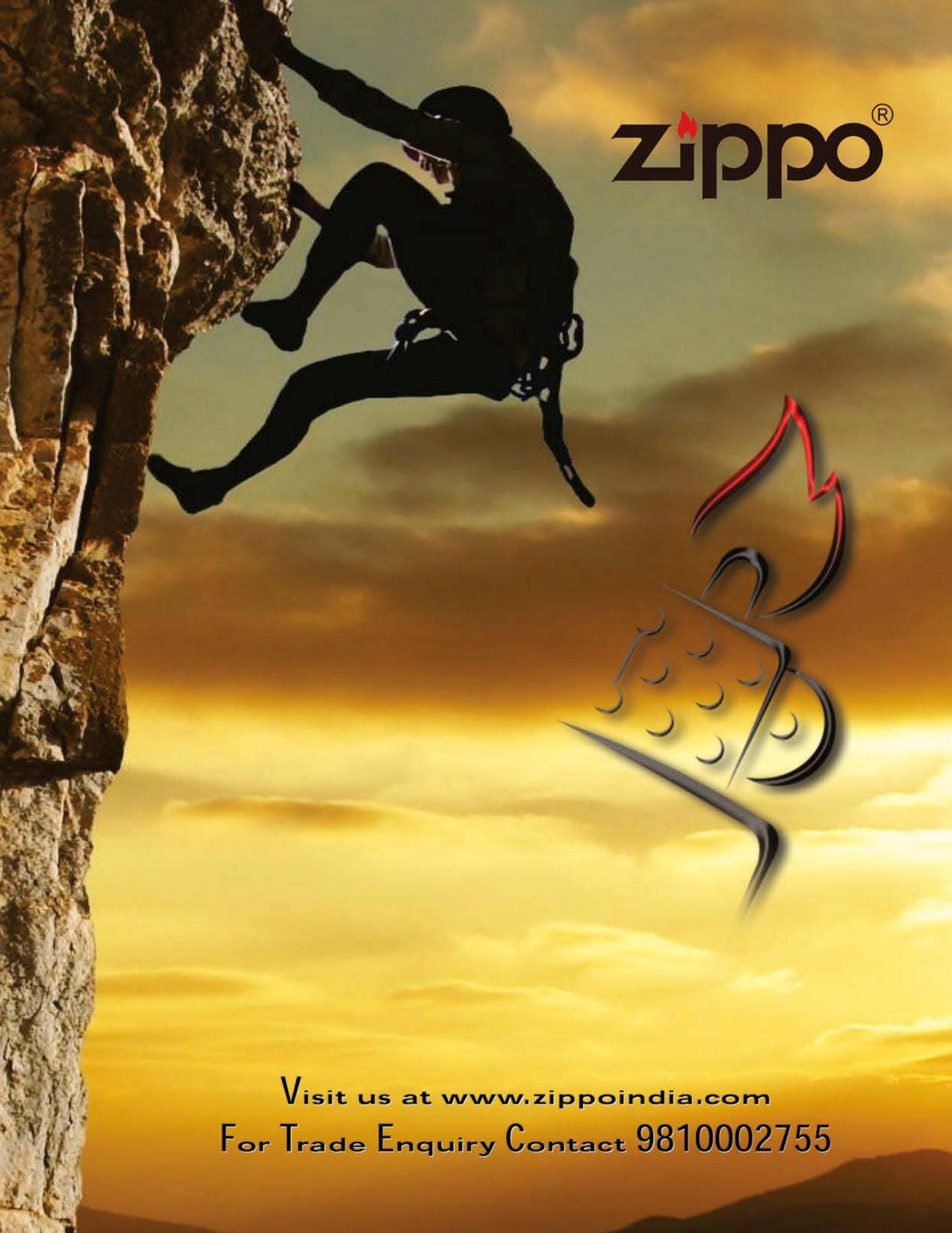
**If you had to date somebody from Bollywood for a week, who would it be?**  
For me, dating is all about getting to

know the other person, spending quality time and building a stable relationship. I don't think anything of these can be achieved by dating someone for such a short span. I wouldn't date anyone, whether or not from Bollywood, for a week.

**If you had to describe yourself in one line...**

The mysterious girl who loves to sit back and observe the world.





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# NEWS LAUNCH



## Wendy's

### EAT 'EM BURGERS

One of the most popular American fast food restaurant chains, Wendy's, has finally hit the Indian shores with their first outlet in Gurgaon. Globally Wendy's has over 6,500 restaurants in 29 countries. The Indian chapter has introduced a brand new menu, made to suit the Indian palate, and a unique restaurant design. The menu offers a good chunk of vegetarian options, besides the all time favourite meats sans beef.

f.

### F BAR AND LOUNGE IN TOWN

Fashion TV's extension of the lifestyle experience from screen to space, F Bar and Lounge, opened its latest property in the heart of the capital in Connaught Place. It's a bespoke experience of music, drinks and fun and maintains the standards that an F Bar evokes anywhere else in the world.

### SPORTING LUXURY

German luxury car manufacturer, Audi, has introduced the latest version of its popular sporty spearhead - the new Audi RS7 Sportback in India. With its aesthetic design and impressive sportiness, the car combines the practicality of a large, five-door Sportback with strengths and fun of a sportscar. The latest version flaunts the Audi Matrix LED headlamps that dynamically alter the high beam on a real time basis with the sole aim of not dazzling the oncoming traffic. It's priced at ₹14,020,750 (ex-showroom, Mumbai and Delhi).



# GAP

### FILLING UP THE GAP

The San Francisco-based clothing retailer has entered the Indian market with their flagship store launch in Delhi, in partnership with domestic textile company, Arvind Lifestyle Brands. The store offers clothes for all sections including men, women, kids and babies. Arvind Lifestyle is looking at operating 40 franchise-operated Gap stores all over India in the first few years.

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### SAFETY IN OPULENCE

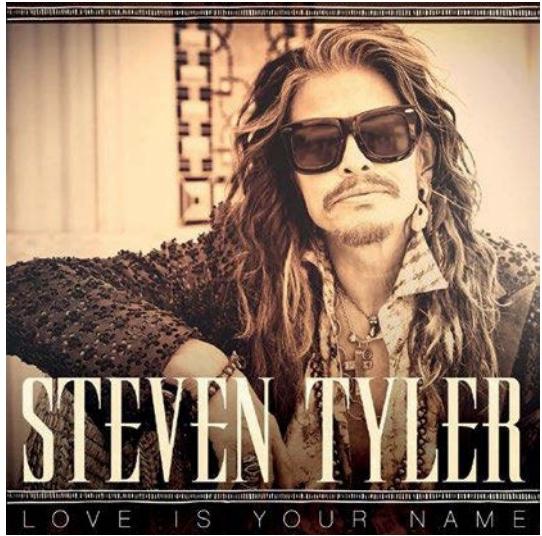
Mercedes-Benz set a new benchmark in the highly exclusive armoured vehicles segment in India, with the launch of the invincible new S 600 Guard. It's the first of its kind vehicle that is comprehensively certified for highest ballistic protection in resistance class VR9. The high level of comfort is maintained by sophisticated integration and intelligent overlapping of all protective elements. Price Rs 8.9 crore onwards (ex-showroom Delhi)

### OLD IS GOLD

Indian Motorcycle launched their Indian Roadmaster in India with the inauguration of the brand's dealership in Bengaluru. The world leader in off-road and all-terrain vehicles fashions the bike after their iconic Roadmaster name used by Indian in the 1940s. It comes powered with horizon power windshield with push button adjustability to customise airflow, provide weather protection and reduce glare. It's priced at ₹34.95 lac (ex-showroom, Delhi).



# NEWS INTERNATIONAL



## STEVEN TYLER

LOVE IS YOUR NAME

### COUNTRY OFF THE DEMON OF SCREAMIN'

Iconic songwriter and prolific singer Steven Tyler has released his first Country single *Love Is Your Name*. Tyler, who was recently signed to Dot Records underneath the Big Machine Label Group umbrella (Taylor Swift, Tim McGraw), will release the single across multiple media properties with exclusive interviews and a LIVE televised performance. This is the first single off Tyler's highly anticipated debut solo album. The song was produced by Dann Huff and recorded in Nashville at Blackbird studios. "I picked up and headed for Tennessee, and the FIRST DAY in the studio, I recorded a song that became my first single. I guess you could call that Beginner's Luck," said Tyler anywhere else in the world.



### COLDPLAY'S GAME OF THRONES

The British band Coldplay released a comic video where the cast of Game of Thrones is prepped by Coldplay for the Broadway stage. This was done to raise funds for Red Nose Day, a campaign that raises money for youth living in poverty through comedic acts and short films, featuring guest stars. The video has sent social media into frenzy, following the extreme popularity of the TV series and of course, that of the band.

### LAMBORGHINI AT THE CONCOURS D'ELEGANCE

Automobili Lamborghini participated for the first time at the Concours d'Elegance at Villa d'Este, the prestigious competition for classic cars. It entered Lamborghini Asterion LPI 910-4, which was presented for the first time at the Paris Auto Salon in 2014 as Lamborghini's plug-in hybrid (PHEV) technology demonstrator, to win the highly coveted Design Award for conceptual cars and prototypes. The prize was introduced in 2002 to celebrate automotive's glorious past with the innovative future.



### LETTERMAN SAYS FAREWELL TO TV

After a career of 33 long years and 6,028 episodes, David Letterman, the extremely popular late night television host of *Late Show With David Letterman* hosted his last episode on 20th May, 2015. The final episode was watched by 13.76 million viewers in the US. In a rarity for a late-night show, it was also the highest rated programme on network television that night, beating all prime-time shows. Letterman's shows have garnered both critical and industry praise, receiving 67 Emmy Award nominations, winning 12 times in his first 20 years.

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# JOKES

## BAD PICKUP LINES

If beauty were to be measured in seconds, you'd be an hour!

### ACCESS

#### DRIVER OUTSMARTS COPS

Late one night a man is driving down the road, speeding quite a bit. A cop notices how fast he is going and pulls him over. The cop says to the man, "Are you aware of how fast you were going?"

The man replies, "Yes I am. I'm trying to escape a robbery I got involved in." The cop gives him a sceptical look and says, "Were you the one being robbed?" The man casually replies, "No, I committed the robbery."

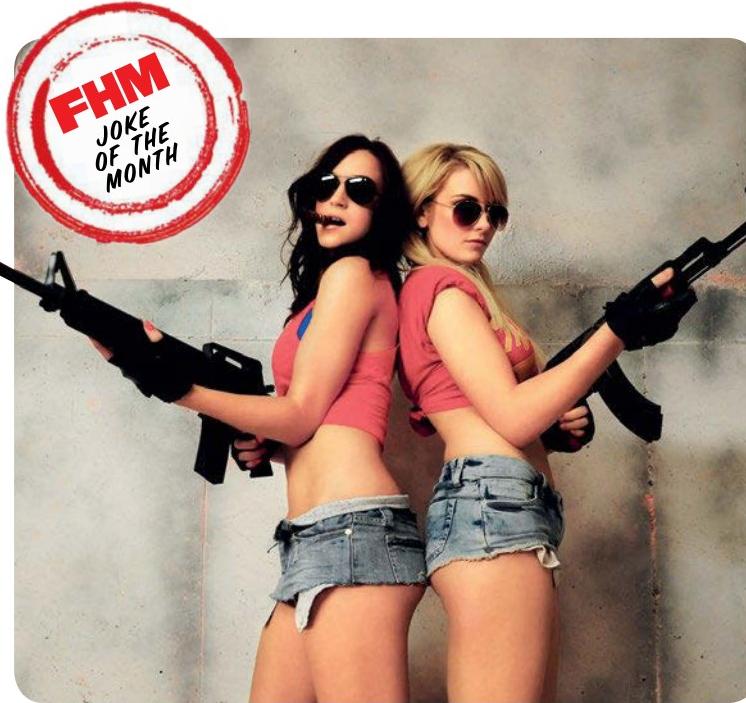
The cop looks shocked that the man admitted this. "So you're telling me you were speeding...AND committed a robbery?" "Yes," the man calmly says. "I have the loot in the back." The cop begins to get angry. "Sir, I'm afraid you have to come with me." The cop reaches in the window to subdue the man. "Don't do that!" The man yells fearfully. "I'm scared you will find the gun in my glove compartment!" The cop pulls his hand out. "Wait here," he says.

The cop calls for backup. Soon cops, cars, and helicopters are flooding the area. The man is cuffed quickly and taken towards a car. However, before he gets in, a cop walks up to him and says, while gesturing to the cop that pulled him over, "Sir, this officer informed us that you had committed a robbery, had stolen loot in the trunk of your car, and had a loaded gun in your glove compartment. However, we found none of these things in your car."

The man replies, "Yeah, and I bet that liar said I was speeding too!"

#### PLUMBERS AND MATHEMATICIAN

A maths professor, John, is



## BLONDE AND BRUNETTE

Two sisters, one is blonde and the other brunette, are trying to start a farm. The brunette sister finds a prized bull in the classified and leaves to check it out. She tells the blonde that she will contact her to come haul the bull back to the farm if she decides to buy it. The blonde goes to the farm and decides to buy it. The farmer tells her that the bull will cost exactly \$599, no less. So she buys the bull and heads to town to contact her

sister. The only person she can find to help her is a telegraph operator. The operator tells her "It costs 99 cents per word, what would you like to send?" The blonde replies "Well I only have \$1 left." She thinks for a while and tells the operator she wants to send the word 'comfortable.' The operator asks "How will she know you bought the bull and want her to bring the haul from the word comfortable?" The blonde replies "She's a slow reader."

having problems with his sink so he calls a plumber. The plumber comes over and quickly fixes the sink. The professor is happy until he gets the bill. He tells the plumber, "How can you charge this much? This is half of my paycheck." But he pays it anyway. The plumber tells him, "Hey, we are looking for more plumbers. You could become a plumber and triple your salary. Just make sure you say you only made it to 6th grade, they don't like educated people."

The professor takes his offer and becomes a plumber. His salary triples and he doesn't have to work nearly

ends up figuring out it is negative pi times radius squared. He thinks the minus doesn't belong so he starts over, but again he comes up with the same equation. After staring at the board for a minute he looks out at the other plumbers and sees that they are all whispering, "Switch the limits on the integral!"

#### CAR ACCIDENT

A woman and a man get into a car accident. Both of their cars are totally demolished, but amazingly neither of them are hurt. After they crawl out of the wreckage, the woman says, "Wow, look at our cars - there's nothing left! Thank God we are all right. This must be a sign from him that we should be friends and not try to pin the blame on each other." The man replies, "Oh yes, I agree with you completely." The woman points to a bottle on the ground and says, "And here's another miracle. Somehow this bottle of scotch from my back seat didn't break. Surely God wants us to drink this scotch and celebrate our good fortune." Then she hands the bottle to the man. The man nods his head in agreement, opens it, and drinks about a third of the bottle to calm his nerves. He then hands it back to the woman. The woman takes the bottle, immediately puts the cap back on, and hands it back to the man. The man asks, "Aren't you having any?" The woman replies, "No. I think I'll just wait for the police... I'll let them decide whose fault it is."

#### SHARE GAGS, GET A GIFT

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# LETTERS

## 5/15

Get in touch!

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### Reasons to cheat on wife

A man cheats on his wife because the wives are over demanding, nagging and not cooperative in many ways. They don't allow personal freedom. They think that since they are married to men, they have right to know everything—which is practically impossible. Some personal freedom is a must, even for married men! Everything in life cannot be shared with wives! Friends are more trustworthy in some cases to confide in regarding the secrets of life. After all, a man is bound to make mistakes; and for that, instead of sympathy, he is scolded if the truth is told. God has made men and women differently in thinking, speaking and living, so it's impossible to share personal lives even with wives as they won't understand it. So man has no option but to cheat! Here lies the truth for cheating on wives.

**Mahesh Kumar, New Delhi**

Dear Mahesh, there is no reason justified to cheat on your wife. PERIOD!

### Let's play Game of Thrones

I am big fan of *Game of Thrones* and your



feature on the TV series has just made my month. Detailed family tree and season wise summary was what we needed as the season 5 is just beginning to shape up nicely. A timely reminder on the best TV series in the world. Thanks guys!

**Adarsh, Thiruvananthapuram, Kerala**

*Hey man, thanks! We, as you, are great fans of the series and follow it episode by episode. And as the new season just started, we thought of reminding people, Winter is Coming to Westeros!*

### From Facebook

**Vladimir Linares**  
**(May 23)**

The two actors are inspiration for many people. They are great! (On Paul Walker and Vin Diesel)

**Munna Singh**  
**(May 14)**

Tara Tara Tara superb you. God bless you (On Access Girl Tara Alisha Berry)

**Harshim Malhotra**  
**(May 1)**

Lisa Haydon again???? No man!!! (On cover girl Lisa)



Letter  
of the  
month

### An UNDERRATED Fine Actor

Ever since QUEEN has hit the silver screen, everybody is going gaga over Kangana and has placed her besides the accomplished & intense actors. However, I feel pained when nobody talks about Lisa Haydon in the movie who dared to accept such a bold role and justified it to the fullest. Thank you for bestowing the honour of FHM Cover Girl.

**Anju Khetarpal, Ghaziabad, Uttar Pradesh**

*You seem to be quite a fan of Lisa! Thank you for appreciating our effort in bringing her onboard. Maybe, we will see more of her.*

**WEAR YOUR AURA**



AW

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**Girl Next Door**



# Elena Fernandes

The half-Indian-half-Peruvian, Elena Fernandes, has a midriff to die for! And just as we thought that models can't act, she is ready to scorch the screen soon... very soon!



**FHM:** First things first, how do you manage such a washboard midriff?

**Elena Fernandes:** (Laughs) Lot of hard work! I have always been quite athletic growing up and I mix up my training regime with MFT daily to ensure my body is constantly challenged.

**We are jealous! What exercises do you do? What's the secret?**

Thank you for the compliment but I have to say it's not a secret anymore. I follow Stud Training by MFT, Harrison James. We work on the core in every session, which is every day and we do a lot of crunches, sides, sit-ups. Trust me, this washboard stomach does not come easy. Every session is a different way of doing these exercises and it keeps the fun factor high and stops me from getting bored. I won't even get started on how I jump onto a car tyre in squat position to keep my butt in shape. The best thing is I can eat whatever I want, chocolate and pizza included... It doesn't go to the hips!

**Roots in India, Peru, living in Spain, based in the UK. You are truly international. Aren't you?**

Isn't it mongrel? Just kidding (Laughs). It's

always a conversation starter that I'm half Indian and half Peruvian as people always wonder did a Peruvian come to Goa or did a Goan go to Peru. But my parents met in London. I've been very fortunate with my career as I got to live in some incredible places—from New York to Spain to Bali and, of course, to India. Being in Goa, honestly, feels like home but then, everyone loves Goa.

**What do you remember India best for?**

Everyone is always really happy and helpful in India. People may not have much but they are always happy, which is what makes it a beautiful sadness. I actually love the fact that customer service and delivery is amazing. Like, where else in the world does McDonald's deliver? Only India!

**How did the Kingfisher calendar shoot happen?**

I have been very fortunate to shoot for the Kingfisher calendar twice—an honour rarely bestowed on a model. For that I am eternally grateful to Atul Kasbekar and Vijay Mallya for believing in me. Like any other potential job, my agency sent me for casting for Kingfisher whereby Atul Kasbekar and his

WHO'S SHE?

**Age:** 24

**From:** London

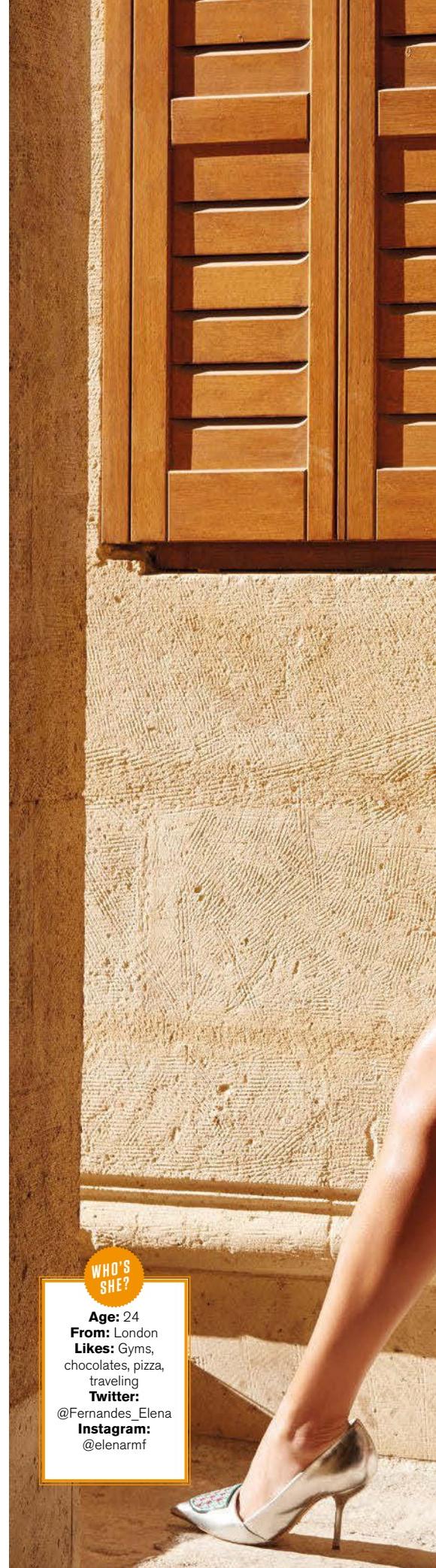
**Likes:** Gyms, chocolates, pizza, traveling

**Twitter:**

@Fernandes\_Elena

**Instagram:**

@elenarmf





team took images, which he shared with Dr Mallya who was in charge of the final selection. I remember when I was told I had been selected (and I had to keep it secret). At that point I racked up a massive phone bill calling everyone in London to share the news. I was so very excited to tell everyone!

**How was the experience of shooting for India's most famous calendar?**

It was incredible. For the 2013 calendar I was taken to South Africa and in between shooting I went on a safari reserve and went in a cage with a great white shark... all in a day's work! But honestly it was such an honour to shoot with the talented Atul Kasbekar in such



an incredible setting. For the 2015 calendar we went to Turkey, but the best thing about the calendar experience is that you are taken to the hidden gems of the country, and you're working with exceptionally talented people. Nupur, who is the editor of Harpers Bazaar Bride and her fashion director Mohit, styled the calendar and working with these two is always a dream come true. Definitely aiming for a hat trick (Laughs).

**Do you get creative freedom as a model to up the ante of your look? Or you just follow the photographer's instructions?**

The more success I achieve in my career the more I feel I can voice my opinion. It's always great to discuss creative ideas with the team and everyone is always very friendly and open to new ideas. But then if here's a »

## ACCESS

set theme or particular budgets I will zip it and just model (*Laughs*). Photographers generally give me the freedom to feel the theme and clothes and go with the flow... unless I'm getting it wrong, then they'll for sure voice it. But that hasn't happened... touch wood, but I've seen it happen.

### **What are your vital stats?**

I am tall 5ft10 Goan with a 34b bust, 23.5 waist and 34.5 hips. The South American gene is responsible for the bust with the Goan gene accounting for the butt. I work hard with MFT to keep my body in shape. Modelling is a 24x7 job. You never know when you could be cast for swimwear. And I love food so I've made exercise a part of my lifestyle so that those pizza bites aren't spending a lifetime on my hips.

### **What are your hobbies? Apart from exercising, I would guess.**

Is exercising a hobby... ummmmmm I think I will leave it at that. I do enjoy exercise but after I've died for an hour and I'm done and I can go home. I love reading, especially conspiracy theory books. I definitely have an overactive imagination. I also love

animals. I have a dog and an Indian cat in London... I brought him back two years ago when I found him. And now, currently in Mumbai, I have another two which will also be making the one way flight to London later this year. Very slum cat millionaire. (*Laughs*)

### **When did you figure out that modelling is what you will stick to?**

To be honest, I still feel like I'm blagging it and hoping no one catches on. I have always been an academic at heart and modelling I kind of just fell into as I was repeatedly scouted. Once I finished my studies I accepted the opportunity and haven't looked back since. But I am still focused on my studies and start my LPC in September. I'm excited to be juggling a hopefully successful Bollywood career with studying to be a solicitor. Definitely a unique mix.

### **Your favourite dress in your wardrobe... what does it look like?**

I'm not really a girly girl so I usually stick to my model uniform of skinny jeans and a tank top. But in this Mumbai heat I swap

**"THE SOUTH AMERICAN GENE IS RESPONSIBLE FOR THE BUST WITH THE GOAN GENE ACCOUNTING FOR THE BUTT."**



A full-page photograph of a woman in a bright yellow, cut-out one-piece swimsuit. She is standing on a set of light-colored stone steps, with her arms raised and hands resting against a textured wall to her right. Her hair is pulled back with a headband, and she wears a gold bracelet on her left wrist. She is wearing silver, pointed-toe pumps with a small decorative emblem on the toe. The background shows more stone structures and some foliage.

it for a pair of short shorts. My go to dress is the classic cocktail dress, fitted and black. Channelling that Julia Roberts from Pretty Woman.

**Is there any secret tattoo that we should know about?**

Ah! Unfortunately there is no secret tattoo. I've never been a fan of needles unless of course it's acupuncture. But I feel like I would constantly jump getting a tattoo done and would end up with some scribble, to be honest. I would love a barcode of numbers on the back of my neck but that would definitely require sedation.

**During early modelling days, were there any scandalous moments?**

Depends how you define scandalous. There were definitely some near misses with clothing that I would wear down the catwalk that it might expose too much. Now that would be embarrassing if it made the front page of the Bombay Times... wouldn't be able to show Grandma that press article.

**What is the most embarrassing thing that you have ever done?**

How long do you have? Just kidding (*Laughs*). I laugh at myself a lot so it kind of detracts away from the embarrassment; but one time at school there was a whole group of guys and me and my 5 inch heels decided to catwalk down the stairs past them... what can I say I ended up skiing down the stairs and landing on my arse. The speed with which I got up and raced off would easily beat any Usain Bolt record for sure.

**Are you a fan of pick-up lines?**

**Die hard romantic or impossibly practical?**

I kind of think I'm a fan of all three (*Laughs*). I always love to listen to a good chat up line; it's always entertaining. I love the idea of having Prince Charming bump into me and knock my tea cup, buy me another one and then I realise he's my soulmate. But then I don't like tea so that's never going to happen. I'm quite direct and I like a simple love life. Pizza, a good movie and chilling. Perfect combination.

**Is your Hindi as good as your looks?**

Awww... that's very sweet, but it depends how you rate my looks. My Hindi will always be a working progress, I guess that's another way of me saying it's maybe like a scale >

## ACCESS



of 5 of 10, if I'm generous it's a 6 but it's definitely getting there. I can understand and read it well, as well as having good diction. I'm actually quite shy so speaking Hindi is still quite daunting but give me a script and let me blow you away.

### Any plans of working in Bollywood movies?

Yes, for me Bollywood is the next stage, and I am currently making the transition into films. I recently shot *Charlie Ki Chakkar Mein* starring Naseeruddin Shah and my management currently reviewing which would be my next role. So it's all very exciting. As a model, acting is very important in the sense that at each shoot you take on a character as to what the brief is. For example, channelling a sexy look for my favourite magazine FHM is different to when I act as a high fashion model for Vogue. I do my dance and Hindi classes daily so can't wait for you all to see me on the big screen.

### Then there must be a favourite actor, actress list. Who are they?

Internationally, I love Meryl Streep. She's an incredibly versatile actress. So is Leonardo DiCaprio who everyone can agree is insanely talented. My Bollywood favourites have to be the gorgeous beauties Katrina Kaif and Kareena Kapoor. And for men... well, no woman can resist Mr Saif Ali Khan



and, of course, Shahrukh Khan.

### Beach or a mountain person? What's your favourite spot?

Has to be my bed in London surrounded by all my pets. I can chill on the beach for about an hour but then after that I get restless. So you would think ideally a mountain but all that walking... and my trainer already kills me at the gym, so bed is my favourite spot.

### If a man wants your attention at a party, what should he do or not do?

He should definitely come over and just say hi. I like it when a guy can just be himself. Don't try too hard... I promise I don't bite. A

guy definitely should not grab my attention by grabbing me as that will definitely get you a slap (Laughs).

### Who's your dream date?

Ooooooh now that's a tricky one. I can't pin point just one person because that wouldn't be fair. So my dream date would have to be Barrack Obama just so that I could quiz him on Area 51 and what really happened at Roswell (Laughs).

### When do we see you next?

Ah! You'll have to keep your eyes peeled. You'll see me soon... very, very soon.

# NEWS BIZARRE



## HAIRY COLLECTIBLES

Hair strands of master music composers, Mozart and Beethoven are all set to go under the hammer and auctioned at Sotheby's. Curled around a note explaining that it came from the head of Wolfgang Amadeus Mozart, it's expected to fetch up to £12,000. Also, a smaller lock of Beethoven's hair along with an invitation to his funeral has been estimated at up to £3,000. In 2002, Sotheby's sold another strand of Mozart's hair at a record price of £38,000, more than double the pre-sale estimate.



## DUCK TALES

This may be a little too fantastic for Indians to believe that while we get loads of motorbikes and cycles traversing on the footpath every day, The Canal & River Trust of England has created exclusive lanes for ducks, as a part of 'Share the Space, Drop your Pace' campaign! This temporary initiative encourages

awareness among people, and now among animals too, to use the narrow pathways.

## THE NOSE JOB

People use their nose for respiratory purposes but here is one man who prefers to stick his nose to the computer keyboard. Mohammad Khurshid Hussain, 23, typed the sentence 'Guinness World Records have challenged me to type this sentence using my



nose in the fastest time' in 47.44 seconds and established a new world record. The fastest time of typing using the nose was more than 1 minute and 33 seconds but Hussain broke the record quite comfortably.

## 5 MOUTHED-10-LIPPED CALF BORN

You might have heard of cows born with four stomachs, but have you ever heard of a calf with 5 mouths and 10 lips? A cow at a dairy farm in Narnaul in northern India recently gave birth to the multi-mouthed calf named Nandi. Although Nandi has five mouths, he can only drink milk using two of them. Local veterinarian, Sukhbir Singh, said that the calf is healthy and thriving, but his head is so distorted that he can only see to the side.

## HEADGEAR WEDDING

A bridegroom from Ratlam district of Madhya Pradesh wore a helmet on his way to his wedding venue. Milind Ghatwai, a dalit by caste, while having his *baraat* was stoned by upper-caste villagers, forcing him to wear a helmet to the wedding venue. Arguing that lower caste grooms are not supposed to ride a horse, the so-called upper caste people started pelting stones at the groom and his family. Local police had to intervene and arrest the villagers before the wedding ceremony could finally happen.



## TASE ME TO THE MOON

A man in Manchester was detained by local cops for making threatening noises, with an axe in hand. The police had to tase him to disarm and were amusingly surprised at his reaction, which was, "That bloody hurt, but it was good!"



ACCESS



# One-on-one with our **sexpert**

Have an under-the-sheets, behind closed doors, sex dilemma you don't know who to ask? Make way for our in house sex guru, Dr Mojo, who would love to clear your doubts... the *FHM* way!



**I USUALLY HAVE A BONER WHEN I GET UP IN THE MORNING AND IT STAYS WITH ME FOR AT LEAST AN HOUR AFTER I WAKE UP. CAN YOU TELL ME IF THIS IS NORMAL?**

#### Vijay Singh, Pune

It's God's way to remind you that you have a tool, one which is hungry for action. And for crying out loud, stop sounding as if it's a problem and you're not happy with it! A million blue-diamond-shaped-pill-popping people would gladly give up their Swiss Bank accounts to trade places with you.

On a serious note, this happens so often that there is a term for it. And it's called morning wood (we swear we haven't made that up). In fact, all guys who are not suffering from erectile dysfunction, get it 3-5 times through the night! Our advice? Sleep with some underwear on and keep your bedroom door locked. And having Kate Upton on your mind just before waking up is not going to help at all!



**M Y LENGTH IS ABOUT 5.8 INCHES WHEN FULLY ERECT. THEREFORE, I AM SHY TO MAKE THE MOVE ON MY GF AND TAKE IT TO THE NEXT LEVEL. SHE HAS HAD SEXUAL PARTNERS IN THE PAST AND I AM AFRAID THAT I MIGHT FALL TERRIBLY SHORT IN COMPARISON. WHAT DO I DO?**

#### Ikshit Arora, Delhi

Were you expecting a Stroh's Beer can between your legs? You can't be 'talking' to your hand for the rest of your life, right? We say you make the move and rock your bed!

Statistics say that the average length of man's tool is 4.5-6.3 inches when at full attention. There you go. You're not below average. Stop watching porn and getting fascinated by how well hung those men are. Another study proved that more than 85% women are satisfied with their men's meat package. So what are you afraid of? Of the chance that your lady might be from the remainder 15%? Well, there's only one way to find out...

**E VERY TIME MY WIFE AND I GET IT ON, I GET TOO EXCITED AND CUM WITHIN 5 MINUTES. THE NEXT TIME AROUND, WHICH IS EASILY MORE THAN 2 HOURS LATER, I DO SLIGHTLY BETTER AND LAST UP TO 12 MINUTES. ARE THERE WAYS THAT CAN HELP ME COOL DOWN AND LAST LONGER?**

#### Aditya Kohli, Mumbai

These are not the Olympic trials and you're not Usain Bolt. Case in point being... stop keeping time when you're rolling in the hay with your damsel! We sincerely hope that you don't press the 'Start' button on your wristwatch before getting into the saddle.

Having said, we hear you. Nothing gets in the way of 'Oh my God!' sex as wrapping up the main act within a few minutes. We suggest using two rubbers instead of one; this will reduce the sensitivity and help you last longer. Better still, go for numbing sex sprays that are available over the counter. Your wifey will thank you for up to half hour since the start! ;)



**I HAVE A LONG STANDING OBSESSION WITH DENISE MILANI. WITH AGE, IT JUST SEEMS TO BE GETTING WORSE. I COMPARE RANDOM WOMEN'S RACKS WITH HERS (IN MY HEAD). HOW CAN I GET OVER THIS? DO YOU THINK MEETING HER ONCE WILL SETTLE THINGS BETTER??**

#### Arth Venugopal, Bengaluru

Meeting her? Who are you, Tom Hardy? If meeting hot celebs was the answer to fixations then I would have met the entire Victoria's Secret brigade by now. I really hope you are not planning to get high-powered binoculars and park yourself in a tree outside her LA home!

Denise has been a chica and picture-perfect eye candy for millions of men for two reasons well known. Reasons being the left one and the right one. However, the important point here is that each lass is beautiful and unique in her own way. Look for that! Instead of rating every rack you lay your eyes on. It's demeaning for them. Hope that will help you get over your fascination.

**Entertain your brain**

June



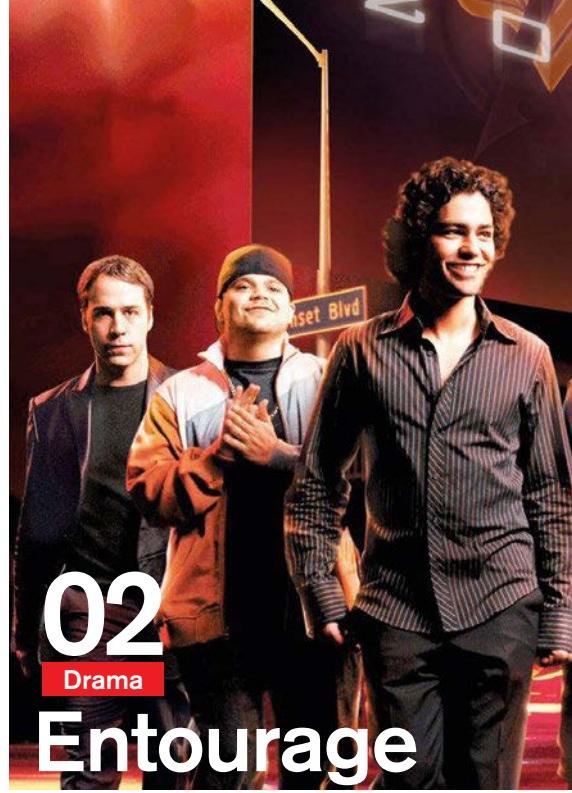
## 01

Comedy-drama

# Dil Dhadakne Do

The upcoming comedy drama film directed by Zoya Akhtar features an ensemble cast of Anil Kapoor, Shefali Shah, Priyanka Chopra, Ranveer Singh, Anushka Sharma and Farhan Akhtar. It's a story of a dysfunctional family that goes on a cruise trip. Ranveer Singh will be playing Kabir, the son of a wealthy businessman raised to take up the business. But the story reverses as he aspires to become a pilot. Farah (Anushka) is a girl who escapes home in order to become a dancer. Priyanka Chopra will be seen as Kabir's sister who

plays an ambitious entrepreneur married to Rahul Bose but Farhan acts as the third angle to Priyanka-Rahul's troubled relationship. The complexity of their relationships and an attempt to get their acts together through a cruise trip is bound to give an out-and-out entertainer as Zoya Akhtar's critical and commercial successes with *Zindagi Na Milegi Dobara* and *Luck By Chance* has made her an acclaimed director. With a star studded cast, there is merely a reason to skip D3. *Out on 5th June.*



## 02

Drama

# Entourage

The TV series turned movie picks up from where the show left off, chronicling the continuing career of movie star Vincent Chase and his entourage of friends. Usually within his reach are his less successful half-brother, Drama; Vince's best friend, Eric; and their irrepressible pal, Turtle. As the foursome adjusts to tinsel town's fast pace and



## 03

Romance

# Hamari Adhuri Kahani

The movie is a romantic drama directed by Mohit Suri and featuring Emraan Hashmi, Vidya Balan and Rajkumar Rao



frantic deal-making, their strong bond helps them navigate through Hollywood's cutthroat world. Interestingly, the entire concept of *Entourage* is based on the life of Mark Wahlberg, the executive producer of the show.

*Out on 3rd June.*

in pivotal roles. Like all Bhatt camp movies, not much has come out in terms of story but it is reportedly based on Mahesh Bhatt's parents' life. In a heart-wrenching love story, Vidya is seen as a married woman for whom Emraan falls one fine day. Vidya is distressed because of her husband Rao who seems to be mentally challenged and abusive. Emraan and Vidya's chemistry in *The Dirty Picture* called for more and who better than Bhatt camp to explore the opportunity. With Mohit Suri already a king of romance with a twist in films like *Kalyug*, *Aashiqui 2* and *Murder 2*, there is a lot expected from the Yashraj-esque romantic drama. Despite the presence of two superstars, Rajkumar Yadav's role will be the one to look out for with the actor already making a name for himself with every passing movie.

*Out on 12th June.*

## 04 ABCD 2

Drama

It's a dance based movie, which is also an incredibly emotional and dramatic story. The flick was inspired by the true story of an Indian dance troupe that participated in the world Hip Hop Dance Championships. Shraddha Kapoor and Varun Dhawan

are looking convincing as dancers and the pair's chemistry is the talk of the town these days. With Prabhudeva too reprising his role of Vishnu Sir, the movie's dance quotient is sure to go a notch above. *ABCD* was a surprise hit of 2013 despite not having any big names, Remo D'Souza has got the firepower of two next gen stars.

*Out on 19th June.*



## 05 Jurassic World

Sci-fi

### Jurassic World

Twenty-two years after the events of *Jurassic Park* (1993), Isla Nublar, the island near Costa Rica, now features a fully functioning dinosaur theme park, *Jurassic World*, as originally envisioned by John Hammond. After ten years of operation and visitor rates declining, in order to fulfill a corporate mandate, a hybrid dinosaur is created to re-spark visitor's interest, which backfires horribly. As the hybrid dinosaur goes

at large and creates a deadly rampage. It's for the security team to contain the animal before it causes more damage. With a history dating back to two decades, *Jurassic World* has a lot of pressure to perform in this superhero-loving generation. But with Steven Spielberg behind the camera, there is not even an iota of doubt over his directional prowess.

*Out on 12th June.*

**Entertain your brain**

June

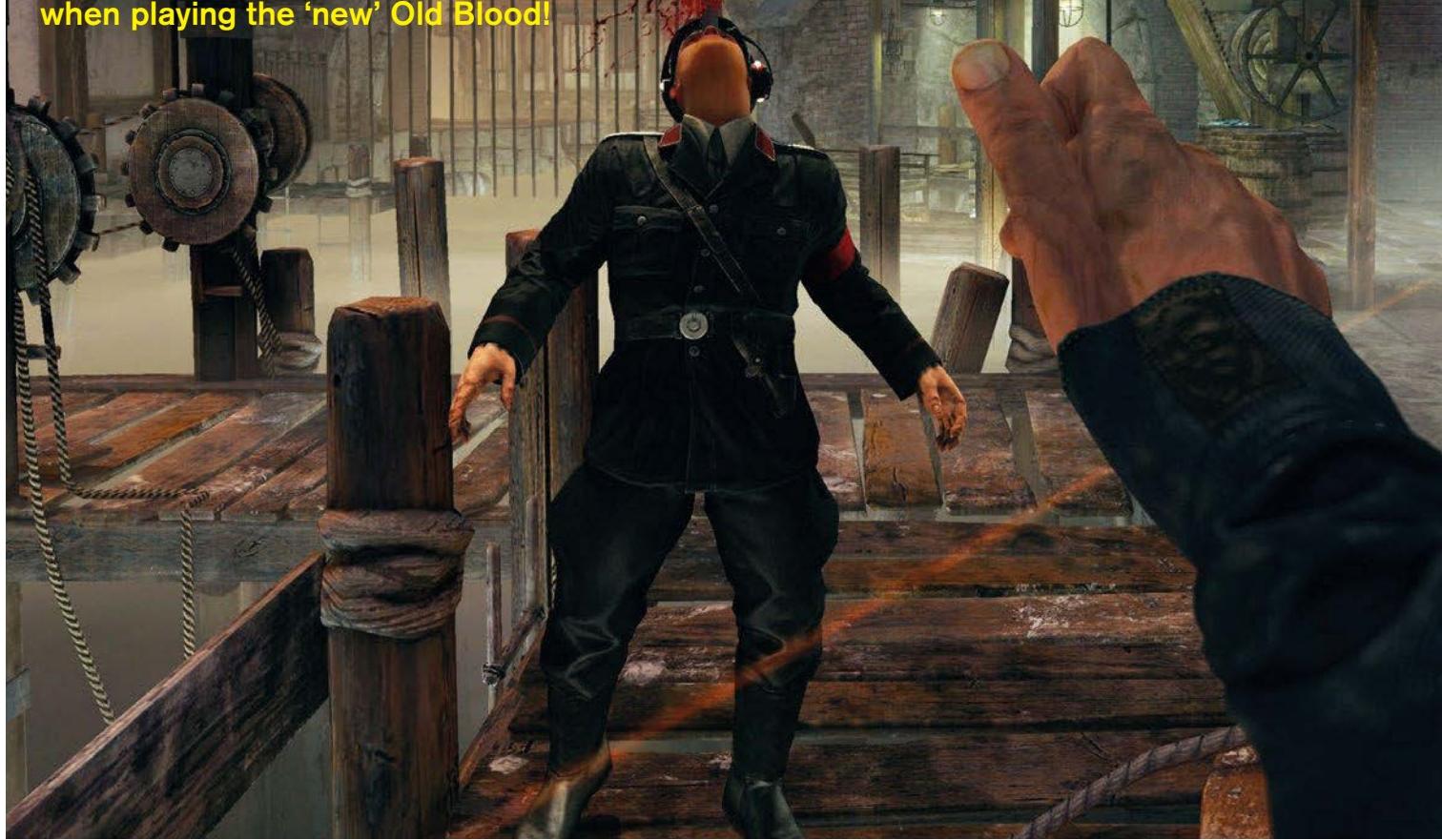
**06**

Best on PS4



# Wolfenstein: The Old Blood

'Been there, done that' is what you will feel when playing the 'new' Old Blood!

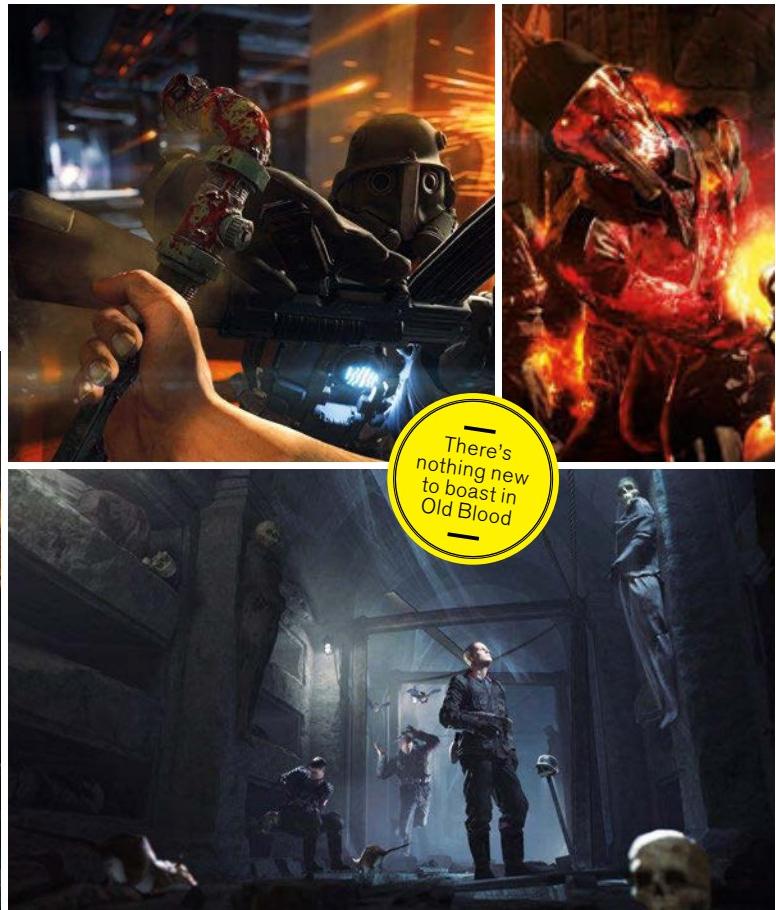


The standalone prequel to *Wolfenstein: The New Order*, *The Old Blood* marks a return to the classic shooter's traditional ideas, environment and plot beats. *The New Order* proved that it was possible to separate B.J. Blazkowicz from Castle Wolfenstein and still create something that felt like a

Wolfenstein game. *The Old Blood* is far more familiar. It is set in 1946, involves both a return to and an escape from Castle Wolfenstein, and plays out the consequences of Nazi practices of alchemy in a manner that will feel eerily familiar to anybody who has played *Return to Castle Wolfenstein* or Raven's 2009 reboot of the series.



Strong groundwork laid by the previous versions of the Wolfenstein series will help this game survive!



There's nothing new to boast in *Old Blood*

*The Old Blood* is split into two main parts, both set in 1946 as the Allies desperately seek to end the war. The first is an assault (and escape) from the titular castle, the second a battle through a fishing town under siege from occult Nazi undead. The former is the strongest, contrasting your high-powered, outdated weapons and armour with the decaying, dusty old castle you use them in.

They break up the action well enough, but it's in the thick of things where *Wolfenstein* shines.

Things weaken in the last few chapters, as the action shifts to the aforementioned fishing town. The Nazi zombies lack both the intensity and excitement of fighting human opponent and also the visually interesting castle. There's some interesting three-way battles, as the living SS troops fight both the player and the zombies, but it can't compete with what came before. It also has a climactic boss battle but that is so uninspired and poorly executed that you will feel like the journey was much better than the destination.

The game defines some impressive highs and many disappointing lows. There are entirely new environments,

new enemies and a few gameplay ideas as well. B.J.'s dual-wielded pipes are a fun addition. Imagine a nasty blood-gushing situation where blood is leaking from one and the other buried inside the skull or gut of a hapless soldier.

However, that said, there is nothing in the *Old Blood* what was not there in the *New Order*. There are some moments when you feel like, 'Oh, I've seen this before.' Despite the skill involved in *The Old Blood*'s execution, it's disappointing to be confronted with so much familiarity after last year's flood of original ideas. These are still good tricks, but they're the same tricks.

#### OUR VERDICT

*The Old Blood* is a false start for *Wolfenstein*'s life after *The New Order*, a creative step backwards that survives primarily because of the strong groundwork laid by the previous game. It will always be fun to fire these guns and MachineGames's presentation is still ahead of the curve, but this isn't the game you should play if you want to explore those qualities—that game was released a year ago.

# This 07 calls for a toast!

Drink

Think champagne and one is bound to think of Moët & Chandon... and not without reason. They are the absolute numero uno when it comes to giving the world the best way to enjoy grapes. We stalked Elise Losfelt, winemaker and part of the Oenology team with the brand, when she touched down on Indian shores to launch Moët Ice Impérial—to tell us how the hell one enjoys champagne on ice!

**FHM:** Is this your first trip to India? How was your experience?

**Elise Losfelt:** I have had the pleasure of visiting India once before. On this trip, I had a wonderful experience meeting people who are really enthusiastic about Moët & Chandon champagnes. In visiting New Delhi and Mumbai, I had the opportunity to present two champagnes from our wide and appealing range. First, our iconic flagship Moët Impérial—the world's most loved champagne—which perfectly embodies the Moët & Chandon style. Our style is defined by three pillars: a bright fruitiness, a seductive palate and an elegant maturity. Vibrant, alluring and generous, Moët Impérial is a champagne that brings instantaneous pleasure! In India I was also able to present Moët Ice Impérial, the world's first ever champagne created specifically to be enjoyed only on ice.

**Tell us something about Moët Ice Impérial champagne? What is the idea behind introducing this innovation?**

Moët Ice Impérial is a complete innovation in the world of champagne: it is crafted to be enjoyed only on the rocks! It was created because Moët & Chandon knew that some people drink their champagne with ice cubes during summers, for example in areas such as Saint Tropez in southern France. This might help to keep the champagne fresh for a longer time in warm weather, but it is not ideal for champagnes such as Moët Impérial, which is crafted to be drunk neat. That's because the champagne's balance and harmony is broken when you add ice cubes, and the bright fruitiness and seductive palate become diluted. But Moët Ice Impérial has been created to achieve harmony when it is diluted with ice



cubes, so it is a great new way to enjoy a bold champagne experience!

#### **What makes it different and sets it apart from the rest of the Moët & Chandon family offering?**

At Moët & Chandon we have a wide and appealing range of wines. There is a champagne for every occasion and every palate! Moët Ice Impérial is a new opportunity to enjoy champagne in an elegant, ground breaking and escaping way.

#### **How can you tell a good wine from an average one? For a wine enthusiast what are the best ways to tell a good wine?**

Any wine that brings you pleasure is a good wine. So the first thing any wine enthusiast should ask him or herself when tasting a new wine is: does this wine bring me pleasure? Our winemaking philosophy at Moët & Chandon is driven by the idea of bringing instantaneous pleasure to every person who enjoys one of our champagnes. This is expressed through the style of our wines.

#### **Can you tell us about the various regions of the world and the uniqueness that they enjoy in terms of the wine they make.**

Personally, I can speak specifically about Champagne, the northern region in France. The Moët & Chandon estate covers more than 1,154 hectares of rich chalk soil in a region strictly delimited by France's Appellation d'Origine Contrôlée (AOC) regulations. The quality, size and diversity of our vineyards and grape supplies give us unique advantages enjoyed by no other. We have the luxury of choosing the best. Our ability to select from a wide range of grapes is as essential to the constancy of the Impérial range as it is to the originality of our Grand Vintage. Furthermore, this allows us to remain faithful to our founding philosophy of 'sharing the magic of champagne with the world'!

To make champagne, we must follow a highly demanding path with numerous delicate steps. Every one of Moët & Chandon's wine styles is the fruit of the House's generous philosophy and savoir-faire. Moët & Chandon's expertise is the product of several centuries, forming an unbroken chain of invaluable knowledge and passion.

#### **What is your favourite champagne?**

That's a difficult question for a winemaker! I prefer different champagnes in the Moët & Chandon range for different moments. For example I like Moët Impérial and Moët Rosé Impérial as an aperitif, or Moët Impérial as a ground breaking wine that breaks the

traditional champagne rules. I enjoy the Moët & Chandon Grand Vintages as a more complex champagne experience, or our Moët Impérial in magnum or jeroboam for a celebration!

#### **Tell us about a few foods that can be enjoyed with a glass of Moët Ice Imperial? Strawberries perhaps?**

Moët Ice Impérial is a champagne that is great standalone drink-on the rocks of course—and it also pairs easily with any kind of finger food: sushi, maki, spicy barbecued meat or vegetables, deep-fried vegetables or meat.

Moët Ice Impérial is like an escape, so you should feel free to escape from traditional food pairings! Its fruity intensity, richness and freshness will match with anything you can eat with your fingers!



**Entertain your brain**

June

Making Ibiza even  
hotter this  
summer. That's  
like, really hot

**08**

Raving

# Plan a mad one in Ibiza

We racked the brains of Nervo, the most in-demand lady DJs in the world, to plan us the biggest, sweatiest, heaviest summer session in Ibiza. Here's the tickets to snap up to reach peak party...



## DUKE DUMONT

"Duke's nights at Sank's last summer were off the hook. He has such a strong following in Ibiza with lots of people coming from the UK who know how to rave long and hard."



## SOLOMUN

"Put simply, Solomun Sundays at Pacha is always a super sexy crowd."



## STEVE AOKI

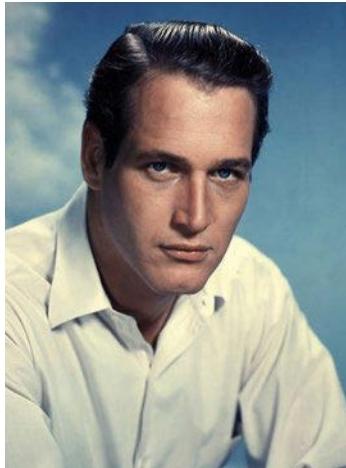
"Steve's nights at Pacha bring a crazy energy. He's one of the best entertainers in dance music. He gives so much to the crowd and we think it really helps the whole vibe of the night."

# 09

Showdown

## Pinpoint Tom Hardy's doppelgänger

Ever noticed how much Brit man-of-the-moment looks like iconic Hollywood legend Paul Newman? Totally, right?



**PAUL NEWMAN**

**WHO?**

Arguably the coolest, hunkiest Hollywood star of the 1960s.

**ESSENTIAL FILM:**

*Butch Cassidy and the Sundance Kid* (1969):  
Newman teams up with a moustachioed Robert Redford to outrun a certain jail term.



**TOM HARDY**

**WHO?**

Arguably the coolest, hunkiest Hollywood star of the 2010s.

**ESSENTIAL FILM:**

*Mad Max*: Hardy plays 'Max' and teams up with a mysterious woman to outrun certain death.

# 10

Bye bye cricket

## Fill the cricket ball shaped hole in your schedule

Panicking about the end of Indian Premier League on 28th May and that you and your bros will be left thinking what to do this summer? Fear not, these three things should substitute nicely...



### Shimla Summer Fest

The most awaited summer fest of India welcomes the season in the serene and calm environment of this hill city. Gear up from 1st June to 9th June and drop in at Shimla.

### Ladakh Expedition

Few places in India are at once so traveller-friendly and yet so enchanting as mountain-framed Leh. Get your bike ready and call your bugger friends for an ultimate journey through the hills from 31st May onwards.

### Complete Witcher 3

Take turns to hack, slash and stab your way through a freaky monster-stuffed open world from 19 May. There's blood. There's nudity. There's swearing and booze. You and your best mates will feel right at home.



### NERVO NATION

"We get so pumped about these gigs. We bring out a bunch of our friends to play with us and Ushuaia's production is great. We love a day-party because then we can carry on the session somewhere after."

# 11

Movie

## Enjoy a 30-year-old breakfast

"They were five total strangers with nothing in common. A brain, a beauty, a jock, a rebel and a recluse..." It's a premise that's teed up hundreds of coming-of-age movies and with the film celebrating its 30th anniversary, *The Breakfast Club* remains the original and the best. John Hughes's quintessentially '80s yarn did such a great job of summing up the mood of a generation of voiceless teens that it's still adored today by people who weren't even born when it was first released.

The story of five very different students seeing out the same punishment (a Saturday in detention) opens with a monologue that you probably won't be hearing on *Hollyoaks*, but is more relevant than ever: "You see us as you want to see us, in the simplest terms and the most convenient definitions... That's the way we saw each other at seven o'clock this morning. We were brainwashed." Aside from the fact it's warm, funny, and a bloody well-observed comedy, it's a film that stays with you, like an old mate you got drunk with once. And, as Simple Minds belt out "Don't you forget about me" at the end, you strangely never do...



### What the club did next...



#### ALLY SHEEDY

**Then:** Played Allison Reynolds, the kooky, slightly odd one.  
**Now:** After starring in a peppering of other '80s flicks (with a cameo in another Hughes classic – *Home Alone 2*), she now does the odd bit of stage and telly, camera since.



#### MOLLY RINGWALD

**Then:** Played Claire Standish, the spoilt, hot one.  
**Now:** Stars in US sitcom *The Secret Life of the American Teenager*, but also writes books and has a jazz album out (and she's totally still hot).



#### EMILIO ESTEVEZ

**Then:** Played Andrew Clark, the misunderstood wrestler one.  
**Now:** Martin Sheen's son went on to star in lots of classics, including *The Mighty Ducks* and *Repo Man*.



#### JUDD NELSON

**Then:** Played John Bender, the off-the-rails one.  
**Now:** He now does a shitload of American telly, and is currently starring in *Empire*.



#### ANTHONY MICHAEL HALL

**Then:** Played Brian Johnson, the geeky one.  
**Now:** Was recently in *Foxcatcher*, and also cropped up in *The Dark Knight* as Gotham's star news anchor.

**"Where words leave off, music begins"**

## REFUGE IN MUSIC

Catch the month's most intriguing picks in music.

# 12

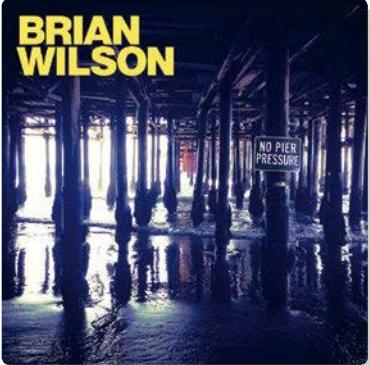
Checklist

ALBUM: **No Pier Pressure**

ARTIST: **Brian Wilson**

GENRE: **Soft Rock**

TO BUY: [itunes.apple.com](http://itunes.apple.com)



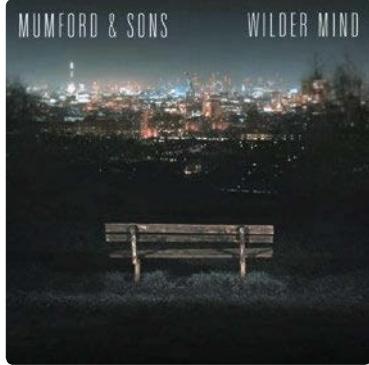
This is possibly the American legend's last studio album, as the man has himself announced retirement this year. Although most songs feature younger trendy singers, in the album, and lack in Wilson's signature style, 'The Last Song' brings back his old gilded harmonies.

ALBUM: **Wilder Mind**

ARTIST: **Mumord & Sons**

GENRE: **Pop/Alternative Rock**

TO BUY: [itunes.apple.com](http://itunes.apple.com)



This UK based band's fourth studio album marks a departure from their folk rock sound and enters the mainstream by introducing electronic instruments. The old loyalists will miss the banjo and other acoustic instruments. Good, nonetheless.

ALBUM: **Bush**

ARTIST: **Snoop Dogg**

GENRE: **Hip Hop/ Funk/ Disco**

TO BUY: [itunes.apple.com/in](http://itunes.apple.com/in)



Conceived as a tribute to the funk and R&B of the 1970s, Bush is easily a textbook hit. Old association with producer Pharrell Williams continues, with Stevie Wonder, Charlie Wilson and other noted R&B musicians featuring in the album.

ALBUM: **Superspeed**

ARTIST: **Lido & Canblaster**

GENRE: **Hip Hop/ Electronic**

TO BUY: [itunes.apple.com](http://itunes.apple.com)



Canblaster once composed soundtracks for video games. He brings in the same twists and turns, combined with his typical humorous pop-tropes in this collaboration with Norwegian producer Lido, for Pelican Fly, a Belgian label. Highly recommended for EDM fans.

Words: Siddharth M Joshi

**Entertain your brain**

June



**13**

Time Machine

# ALL IN GOOD TIME

It's not every day one gets chatty with the President of one of the finest and probably the last independent watchmakers in the world. But we're *FHM*. And we did manage to get hold of Olivier Bernheim from Raymond Weil and asked him everything... from his plans for the brand to his favourite cuisine.





#### FHM: What brings you to India?

**Olivier Bernheim:** Two things. Passion and business. Some people come to India only for business, but my visits are usually driven by passion. I first came to India in 1978 and since then have been regularly visiting the country. I ask myself often whether I come to India for passion or on business. I think it is a bit of both. I am in love with Indian food, the people, India's rich culture.

#### But talking about the business aspect, anything in particular calling for your attention on this trip?

Politics. And I am talking about the one within the industry but the government politics in India. The new government at the centre is implementing a number of new regulations around how luxury watches will be distributed and how watches will be bought. I am here to speak to retailers and understand their worries and to explain to them what has been done in other countries and about how to build the future. Because we believe with 1.2 billion inhabitants, India is a huge market whose potential has never been truly exploited.

#### Tell us a bit about the brand and what its vision was when it started 36 years back.

One has to realise that when my father in law created the company in 1976, end consumers were not brand conscious end consumers. It was the generation that was born right after World War II and everything was a requirement. Therefore, my father in law had a vision to make watches with a unique design, be a trendsetter that is known for its good quality, which is available at an affordable price. And by the way, the watch was to be named Raymond Weil. Since the late 90s,

**“India is a huge market whose potential has never been truly exposed. I am here to understand the worries of retailers and explain to them to build a future in India.”**

a new generation came on board and that generation was brand-conscious. Therefore, the brand name, Raymond Weil, we rebuilt its DNA.

#### In other words, when the brand started out in '76, it was never supposed to be a luxury brand?

We can spend a day talking about what the luxury requirements were in early 80s and what they are now. The big difference however is that in that time, it was more of a necessity but nevertheless a jewellery piece. Today it's something that everyone wants to own.

#### Switzerland is known for its watch-making heritage and its brands.

#### What has been unique about the brand since it started in '76 to make it stand out of the crowd?

I think what is still so unique Raymond Weil and makes it different is that it has

remained a family owned business. If you take the history of my family within the watch industry, it has remained with us for 70 years because my father in law was handling another company. It's the roots of the family in the watch industry that make the watch so different.

#### Tell us a bit about Raymond Weil's partnership with Gibson-Nabucco Collection.

Raymond Weil, you can look at our history, has always been about art and culture. My wife is a professional pianist and whenever we have to ponder on what Raymond Weil is, the best way for us is to refer to the music notes. As you can see, the brand has a lot of link with music and we recently concluded that Gibson will be the right partner for this collection. Gibson brings modernity, it's youth-centric and has an instant connect with the Gibson guitar, which is played worldwide. We have worked hard on our capacity and infused elements within the watch that have to do with the guitar.

The outcome of this harmony is the Nabucco Collection—named after an Italian opera of the same name, which is broken in 4 parts and composed in 1841 by Giuseppe Verdi.

#### What are the brand's expansion plans for India?

Our global expansion plans are huge. However, it is interesting to notice that these plans are in sync with what we have in mind for India.

To give an example, back in the 80s, premium and luxury watches would have sold only in Delhi and Mumbai. By the turn of the century, tier-2 cities began to emerge as watch sellers. And now we are talking about tier-3 very recently. There is a deep market penetration, which we want

to take deeper still. Patna, Ludhiana, Cochin, Coimbatore, etc, are places where no one would have believed that there would be a luxury watch seller. But they are our big potential markets now.

## Globally, which is your strongest market?

The United States.

## How does India fare compared to other global markets?

India is small for the Swiss watch industry because of the late penetration in tier-2 and 3 markets. It is a small market also because of its extremely high customs duty. The latter plays as a barrier and a negative role for the industry. On the other hand, we know that India has a huge potential, which goes hand in hand with

the development of the country. The luxury industry is just scratching the surface.

## What is your strongest market in India?

It is New Delhi.

## Tell us something about the model releases that are lined up for rest of 2015.

Gibson is one, which we are very excited about. There are also going to be five major new products released this year. One is a lady's watch. Which we have linked to a famous British violinist. We also are looking forward to an extremely valuable, complicated tourbillon. We have also created a watch in the memory of Frank Sinatra. Last, but not the least, we are coming out with a timepiece, which is

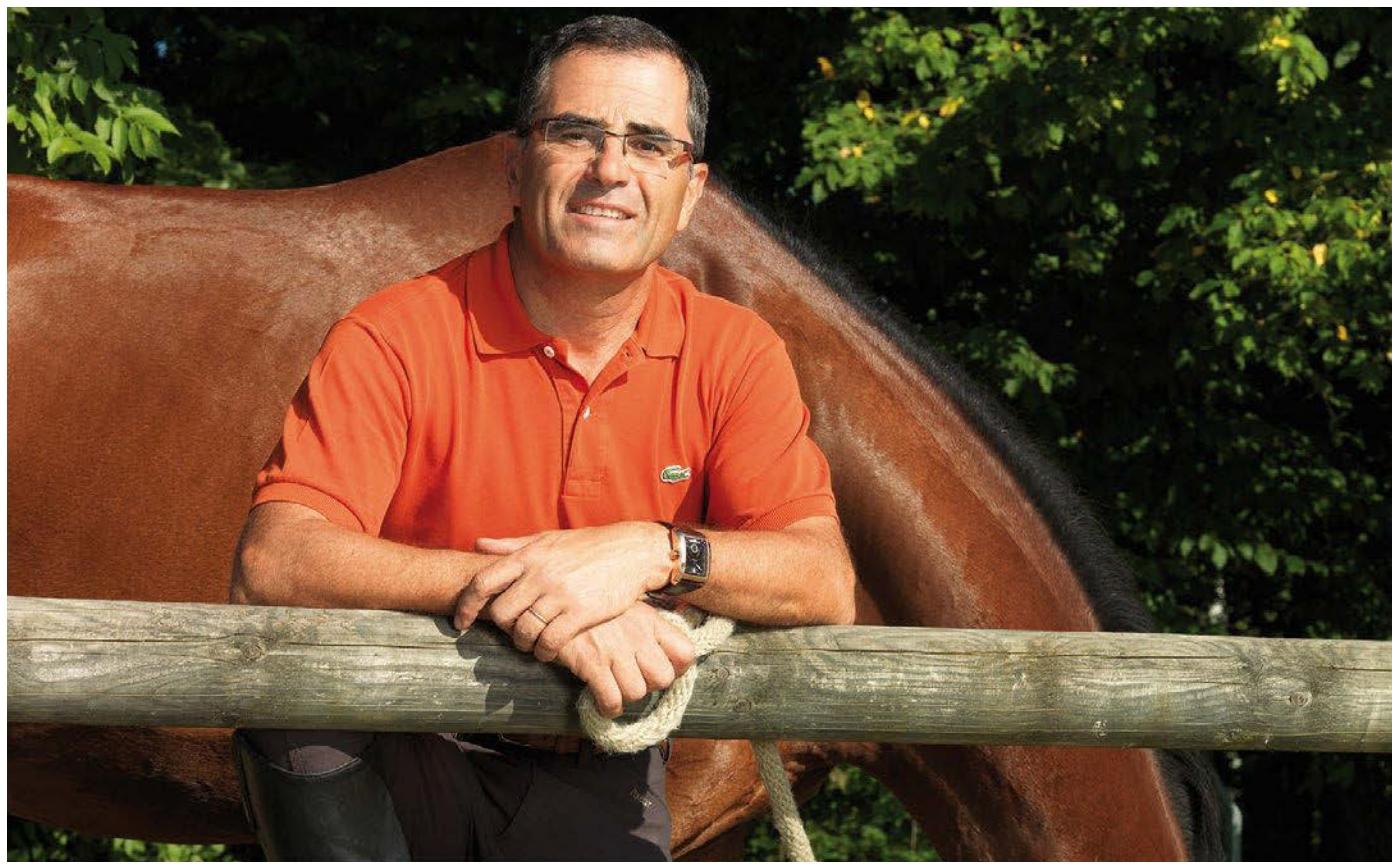
in the memory of my father-in-law, Raymond Weil, who was also a pilot.

## These are being released globally and in India?

Of course. India is always a part of the global. Moreover, India needs to be a part of the global landscape more than any other country because of its high levels of digital penetration.

## How smooth or problematic is it for a luxury brand to enter the Indian market and set up shop?

You know India. It is all about hurdles here. But when you know the hurdles and know your way around them, it can be a smooth run. Sometimes I ask myself why I love India so much. And I think it is maybe because I love those hurdles and love to move past them.



## ASKED ALONG THE WAY...

### Which is your favourite vacation spot?

Far from crowds, urban areas, airports... And that is my country home in the middle of nowhere, which is an hour and a half from Geneva.

### If you had to go vacation somewhere in Asia, North America, where would you like to go?

(Laughs) why did you not mention Europe?

### Because you are from Europe and almost all places are a few hours from each other.

If I have a few days to myself then I would love to be in New York. From restaurants, parks, parties, museums, opera... you can find everything in New York. That city has a very distinct personality.

### What do you do in your spare time—if you get any, that is.

I need spare time and look for it. At nights it would be operas as I am a big fan. Otherwise skiing in the winters. Summers beckon with horse

riding and speed-walking with my dogs.

### What dogs do you have?

I have Magia Vizslas (that really is a dog breed!)

### What car do you drive?

I have an Audi A8L.

### Are you a bit of a biker?

Not at all!

### What's your favourite cuisine?

Two of them. Italian and French.

### Are you a bit of a chef? Can you come up with something if left alone in the kitchen?

I can come up with something that is

necessary for me to survive. My mother was a good cook but my wife is an extraordinary cook. So we never compete on cooking.

### So you're just the critic then?

Her cooking doesn't need a critic. She does it so well.

### Which book are you reading currently?

I just finished this morning a novel written by an Israeli writer.

### What's your favourite movie?

I'm not so much of a movie man as I am into opera.

# 14

Advice

## HOW TO SURVIVE AN EARTHQUAKE

Most people in Nepal and North India are shit scared because of the recent recurring earthquakes. *FHM* tells you how to sustain yourself through these terrestrial convulsions.

### THE PREPARATION

Always keep supplies of food, water, first-aid products and a survival kit ready in case you're stuck in a shaky situation. Have regular emergency drills to stay prepared.



Check yourself for any injuries and attend to them immediately. Be prepared for additional aftershocks, which may not be as strong, but may cause serious damage.



Stay calm and follow the Drop-Cover-Hold drill. Crawl under heavy furniture, so that if anything falls, your head is protected and you're safe from debris.



IN THE MOMENT WHEN IT'S OVER

**FHM:** You said you were nervous about taking on something as big as the Jurassic franchise?

**Chris Pratt:** I didn't want to be part of a team that would ever screw it up, but when the director told me the pitch, it just made so much sense and it felt so relevant and timely. I knew I wanted to do it.

**How did it feel to be asked to be a part of such an iconic franchise?**

Pretty damn amazing! The movies are a big part of Hollywood history.

**How happy are you with the movie?**

I haven't seen the entire

finished picture yet, but I know I'll love it. From what I'm hearing from everybody, we have done a great job. We definitely did everything we could to make it as incredible a film as possible; to make the fans of the franchise proud and all the crew members who worked on it proud.

**Can you give us any hints on the plot?**

It's been 22 years since the events of *Jurassic Park* took place. The main thing that I think is different is we're exploring a different society now. Thematically, we're talking about a generation of people whose relationship with cutting edge, mind-

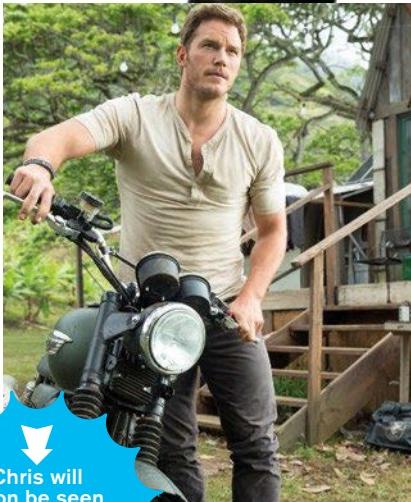


**15**

Movie star

# It's like this about CHRIS

From retro-music-listening Marvel superhero to chasing moody dinosaurs, our man's popularity is skyrocketing to another galaxy! Give it up for Chris Pratt, boys and girls!



Chris will soon be seen alongside Denzel Washington in *The Magnificent Seven* in 2017



# CHRIS

blowing science is different. Since the park has opened, there are 20,000 people visiting it every day, but they're just bored with dinosaurs. Dinosaurs are not enough. They want something more.

#### Tell us about your character?

The character I play is sort of a mix between Jeff Goldblum's and Sam Neil's from the original movie. He represents somebody who is weary of the human position in the natural order of things, has a lot of respect for it and, at the same time, he is cool and sexy and heroic.

#### So when you look at all the big movies opening this summer, do you think, "That's some serious competition for Jurassic World," or do you still think more like a fan and say, "Cool! That's going to be awesome!"?

I don't necessarily think about it in terms of competing with the other films. I am excited to see—definitely excited to see—some of these movies. It's shaping up to be a really big blockbuster type of summer—and year—not only just summer. Which is good, because I was looking through some movies recently, I think it was on the plane or something, and I was like, 'I just don't want to see any of these' I like big movies. I want to see some big ones.

#### So you are a genuine fan of watching movies as well then?

Oh so much! I love making movies but first of all I am a fan who loves watching them. That will never change for me.

#### What's your favourite dinosaur?

Not just saying this but probably the Velociraptor. They are pack hunters and super cool. But also I love the Mosasaur. That's the water dinosaur thing from the trailer that is so fucking badass! Funny story, before I got Jurassic Park, I gave James Gunn a wrapped gift of an authentic Mosasaur Jawbone Fossil. So basically I can control the future. (Laughs)

#### You've currently wrapped up Jurassic World. So as a dinosaur expert, what should we do if we're confronted by a T-rex?

It's a simple 3-part process. Sit. Put your head down between your knees and kiss your ass goodbye.

#### Quick Guardians of the Galaxy 2 question—what are you hoping for in the sequel?

I'm hoping it stays in space. I'm hoping it doesn't come back to Earth just yet. I want to open up the universe even more and see more of the Marvel cosmos.

#### How cool is it being in a Marvel movie?

The Marvel world is so cool; it really is amazing to be a part of.

#### You had to really bulk up for that role. How hard did you find that?

Well, it made sense, I needed to look like a superhero. It's a sad reality that one's appearance plays a great deal into the roles one gets. So for me to look as good as I possibly can for the next few years is going to be the best way for me to achieve the type of success I need to live my dream.

#### How did you do it?

It's been a complete lifestyle change for about a year and a half now. I don't drink alcohol like I used to, only eat very clean, healthy foods, and I spend at least an hour every day working out, a massive change in diet and physical activity.

#### What about when you stop making movies?

I will probably get fat again. (Laughs) But it's cool—my wife likes me fat.

#### You have become one of the biggest movie stars in the world. Do you finally feel you are living the dream?

Originally the dream was to pay my bills doing nothing other than acting, I got there, but the dream is constantly evolving.

#### How are you finding fatherhood?

Absolutely amazing! There really is nothing like it.

#### So you recommend it?

Oh yes, best thing ever!

What to do when in front of a T-rex? Sit. Put your head down between your knees and kiss your ass goodbye.



# Feel the charge

With the i8, BMW sets a new benchmark in sports cars with its combination of performance and efficiency. We get our hands on one to find out what the future in the world of sports cars looks like.

**16**

Cars



**G**iven its stunning and futuristic design, it's easy to forget that the BMW i8 is not just a remarkable looker. In its own right, the car is also a technological masterpiece, which presents a major advance in terms of both technology as well as materials in

the world of sports cars. Underneath its sharp lines and attractive shape, lies a cabin made out of carbon fibre reinforced plastic and aluminium, both materials that are lightweight and technologically advanced. In fact, carbon fibre has been one of the most exciting

materials in the recent past, as it offers a combination of unbelievable strength and yet is atrociously lightweight—a dream for any automotive engineer to work with. Such is BMW's focus on carbon fibre and its potential that it has recently developed a new facility just to

produce the material and the brand intends to use the material widely in its line-up of cars other than the i range.

The other unique thing about the i8 is the plug-in hybrid powertrain, which, in this case, is used not only for its environmental benefits, but also for the performance it offers with its combination of a regular turbocharged petrol engine and electric motors. The combined output of the i8 then is 357bhp and given its low weight due to the carbon construction, the i8 rockets from 0-100 in just 4.4 seconds, while top speed is electronically limited to

250kmph. And that's not all—the i8's on-board battery, when fully charged, gives it the capability to drive the car for up to 35kms on electric power alone, and it can achieve speeds up to 120kmph while running purely on electric mode. However, when the driver demands complete performance from the car, both the petrol engine and electric motors work in combination to deliver seamless performance.

The most stunning fact, however, is that despite all this performance capability and the stunning looks, the i8 delivers fuel

efficiency figures that till recently were unheard of for sports cars. BMW claims that under ideal test conditions, the car can deliver figures of up to 47.45km/l, which, frankly, something even the most fuel efficient cars fail to match. So, there it is... perhaps the first glimpse at what the supercars of the near future will look like, gorgeous looking, intelligently built and offering amazing performance levels with exemplary fuel efficiency and negligible environmental emissions. Sounds like a win-win solution to us.

## BMW i8-IMPORTANT FEATURES



CAR FACT  
TOUCH  
CONTROLLED  
iDRIVE SYSTEM



### CABIN

The interiors of the i8 leave no stone unturned to make the occupants feel that they truly are in a car of the future. With the centre console tilted towards the driver in typical BMW fashion, it makes no excuses in expressing that the focus of the car is towards the driver. The i8 also comes fitted with the latest generation of BMW's iDrive system with touch controller and handwriting recognition. It also features an 8.8-inch screen with 3D maps and a full colour head-up display.

### DESIGN

Based on the exemplary Efficient Dynamics concept car of 2009, the i8 presents a unique design that has futuristic design cues and delivers excellent aerodynamic performance. The butterfly doors, the design swoop that forms the tail lights and the extra-wide double kidney grille ensure that one will never mistake the i8 for any other beast.



### BODY

The i8's body features a revolution in the materials used to construct it. The body is mainly made out of carbon fibre reinforced plastic, which result in a very low kerb weight, and it's one of the first production cars in the world to use this material on such a large scale. Expect to see carbon fibre to be used much more in the cars of the near future.



### ENGINES

Featuring a three-cylinder turbocharged petrol engine paired with a 129bhp electric battery mounted on the front axle, the i8 has a combined power output of 357bhp, which given its light weight offers exemplary performance. As it is a plug-in hybrid, the i8's can be charged via a wall mounted socket in under two-and-a-half hours.

# RETURN OF THE LEAPING CAT

Arguably the most important Jaguar thoroughbred in the past few years, the stylish XE sedan is trying to break into a segment the brand has not had much success in the past.



**17**

Cars

The compact sports sedan segment has been one that Jaguar has historically not done well in. Its last experiment to enter the segment, the X-type, completely bombed. So, as we got our first glimpse of the new XE in the flesh, the early signs were positive, the design has all the hallmarks of the brand's design language and is indeed a handsome car. Given its slightly longer bonnet and short rear, it lends the XE an aggressive looks and it has a fair amount of presence on the road. The various details spread around the

car, such as the headlights with daytime running lamps, the grille on the front fender and the tail lights, add to the effect.

The design element carries over to the interiors too, with the dashboard featuring a unique sweeping design, which Jaguar refers to as the 'Riva' line—in reference to the famous and gorgeous Italian yachts. This means that when seated, you feel like you're in a cocoon with the design literally wrapping itself around you. The fit-and-finish of the interiors is quite impressive and the completely revamped multimedia

system is far superior to Jaguar's older jukeboxes.

One of the benefits that the XE carries over its competition is the aluminium construction, a Jaguar hallmark. With the metal composing 75 per cent of the car, this naturally leads to major weight savings for the beast. Out on the road, the XE delivers a lot of positives; the ride is very polished on the roads and the car handles very well. With the supportive seats, it makes travelling in the car quite a pleasant experience.



## DESIGN

Featuring a revised interpretation of what is by now Jaguar design head Ian Callum's signature design, the XE retains the family looks of a long bonnet with a short boot, focusing on its rear-wheel drive architecture. At the same time it retains the common look of the sedans of the brand, which is a good thing from a brand perspective but we would prefer if the car featured a bolder look, making it stand out in a fiercely competitive segment.



## BODY

The XE features a lot of aluminium in its construction, a hallmark of the Jaguar brand. As a result, over 75 per cent of the car is made out of aluminium, which means it is lighter than the competition and so offers not only better performance but also improved fuel efficiency. At the same time, the body has a high level of stiffness, which results in better handling, which is essential for a car from the British brand.



**CAR FACT**  
COMING SOON  
XE R VERSION  
OUTPUT: 400BHP

## ENGINES

The XE features a brand new line-up of engines, referred to as the 'Ingenium' range. The new engines are all 2-litre turbocharged units, in both petrol and diesel forms. And these are the engines that are expected to be volume sellers, offering the best balance between everyday performance and fuel efficiency. For the performance maniacs though, the current offering is a 335bhp 3-litre supercharged V6 on the XE S, an engine the XE shares with the F-type sports car. Pretty soon though, we expect to see a XE R version of the car with an engine producing well over 400bhp.



## CABIN

The XE features a brand new style of interiors from Jaguar, with the dashboard enveloping around the driver in what the company refers to as the 'Riva' line. This is a tribute to the gorgeous Italian speedboats of the same name, and it provides a very cocooning feeling while seated in the cabin. The XE also features a brand new touch infotainment system known as InControl, which is a massive step ahead compared to the older systems of the brand.

The other big shift that the XE provides is the brand new series of engines that it features. Fitted with an engine line-up consisting of 2-litre turbocharged four-cylinder engines in both petrol and diesel, the brand marks a major progress point in Jaguar's history. The petrol version of the two, with its 237bhp, is very refined and easy to drive, while sounding quite pleasant. More importantly for our market though, the 178bhp diesel engine performs like a charm, providing ample power and grunt for urban and high speed commutes.

Adding to the driving appeal is the standard-fit eight-speed automatic transmission, which works brilliantly both in auto mode and when you change gears via the steering mounted paddles.

And the feeling of overall balance and an excellent suspension setup was reinforced when we spent the afternoon doing laps around the Navarra circuit in the XE S, fitted with the third engine option of the range, the 335bhp 3-litre supercharged V6 that also features on the F-type. The rather technical track is an excellent place to test

the dynamics of a car, and the XE proved its mettle with us pounding it lap after lap without a single issue.

So, the new XE offers a very attractive package both in terms of design, the interior detailing and the driving appeal. I think it's going to prove itself to be a tough competitor to the existing players of the segment. At the very least, if you're looking for a new car in that segment, you now have a worthy option of getting a British brute with lineage, style and all-round ability.



### SPECIFICATIONS

#### TRIUMPH ROCKET 3 ROADSTER

##### PRICE

Ex-showroom Delhi: ₹21.30 lakh  
(Ex-showroom, Delhi)

##### ENGINE

Fuel: Petrol

Type: 2294cc, In-line 3, liquid cooled,  
four stroke

Power: 146bhp at 5750rpm

Torque: 22.5kgm at 2750rpm

##### TRANSMISSION

Gearbox: 5-speed, 1-down, 4-up

##### DIMENSIONS

Length: 2500mm

Width: 970mm

Height: 1165mm

Wheel base: 1695mm

##### CHASSIS & BODY

Weight: 367kg

Tank size: 24 litres

This is the largest  
and heaviest  
production motorbike  
in the world!



18  
Bikes

# A THUNDERSTORM ON WHEELS

Two thoroughbreds from British stables. We put them through the grind of Indian roads to figure which is better suited for our local tarmac...

**M**aybe not the first name that comes to mind when one thinks of pedigreed motorcycling brands, but Triumph has a typical British way to make impressions. Not distractingly good-looking, not obnoxiously loud. Pleasantly well mannered... but the overall personality! It's so overwhelmingly magnetic that you get hooked on from the word go!

So when an opportunity presented itself to get down and dirty with a few thoroughbreds from Triumph's stables, I just had two words for them—where and when. One, the biggest production bike on the planet. And the other, the perfectly sized street racer for beginners and seasoned bikers alike. After four knuckle-busting, dust-gulping, skin-burning days of absolute mayhem on Delhi roads, I let the adrenaline settle before this story. Truth be told, I still am getting goose bumps thinking about my two latest not-so-discreet affairs. This is my tell-all.

#### FIRST IMPRESSIONS

Within a minute of taking in the curves of the Rocket 3, you know that everything about the bike is about 'Bigger is Better' mantra. This bike is HUGE! At nearly 370kgs and 2.5 meters length it is a green Hulk on wheels. To put things in perspective, it is only a shade shorter than Tata Nano. 24-litre engine sits curvaceous on top; adding more meat to the package.

Apart from the sheer presence of this one, one does notice the twin headlights and the retro instrument panel. I have never been a fan of twin lights and retro looks. They do connect the rider with the days of yore, I admit, but an analog speedometer, wobbly fitted? It's not Rockety enough.

Let's start it, shall we? Press the clutch, push 'Start' and the 2300cc engine ruffles to life. That's when disappointment slaps you. For a heart of a dragon for an engine, you are forced to a double-take whether you heard it right! It's a low-decibel gurgle more than anything—one that you hear on nearly every 100-150cc sized two-wheeled chipmunks on city roads. I straddle it and take it off the stand, shift it in first gear and

# ROCKET III ROADSTER

ease out the clutch. Rocket 3 is surprisingly light and evenly balanced. You get to know this when you jam on the front and rear brakes together. It stops when, where and how you want it to, without the sheer size of this behemoth taking over you. After few kms of crazy city traffic, I was ready to roll the Rocket's big wheels on highway asphalt. And that's when cupid struck... at 80kmph.

#### RIDE & HANDLING

Be clear on the basic proclamation that the Rocket 3 is a thoroughbred hybrid racer and that the bike knows well. Belittling it by using it for anything less will have a 2-point dilemma. A) It's not a carhorse, to be used for household run-to-the-supermarket chores. B) You can't. It has weight—and that it lets you know on turns in slow speeds and, more importantly, the constant gear changing will leave your left hand fingers begging for mercy. It has been brought to life by its parents for one thing and one thing only; to gulp down miles after miles of open stretches with amazing ease, never to tire.

We suggest you bring the bike to a complete stop at the head of a traffic signal. On green, do what responsible citizens would do. The whole drill. Clutch, 1st gear, marginal accelerator and let the bike roll. Open the throttle to your heart's content and see Mr Anderson become Neo. Remember the disappointment of the low-decibel gurgle that I spoke about earlier? Rev the engine enough and it begins to sound like the war-cry of the Vikings. Stretch it to the RPM max before shifting to the next gear and you will feel the 3 large cylinders working in beautiful harmony to conjure all 22.5kgs of torque at your disposal. Past the speed of 60 and this raging bull is beginning to sound like Zeus getting angry. It roars! If the sight of a zipping Greek God will not startle the shit out of the motley cars around then the scream of the engine will stop them dead in their tracks.

And it is freakishly fast. From a

standing position to 100kmph, it takes one breath and just 3.3 seconds. All of it 146 horses are engaged to deliver the output that you want in any gear. But the best part? The position of the seating and riding angle are so perfect that, while mercilessly accelerating through gears, you never feel the bike slipping out of control. Braking is reassuring and ABS aided, which reigns in the animal when you want to.

“

I WAS READY TO ROLL THE ROCKET'S BIG WHEELS ON HIGHWAY ASPHALT. AND THAT'S WHEN CUPID STRUCK... AT 80KMPH.

”

Suspension, although, I found to be wanting. Being on the hard side, city roads, peppered with cracks, thoughtlessly designed speed-bumps and potholes, do make the ride feel like a seizure every time. But then again, this fairy-tale was never designed for the harsh reality of Indian roads.

#### CONCLUSION

Simply put, Triumph Rocket 3 Roadster is quite unlike anything I've ridden before. It has a strong personality, which is hard to ignore. It is a perfect highway tourer and also the perfect noisy, intimidating monster to show off. However, to reiterate, be sure to promise yourself more of highway tarmac than city streets, and this bad girl will win you over... over and over again.

# SPEED TRIPLE ABS 19

Bikes

## FIRST IMPRESSIONS

This seems to be a recurring trait with all things Triumph. One word to sum up my first impression... eh? Again dual headlights. Again the disappointment slap. Moreover, the skinny front tyre was making the bike look feeble and underweight. Twin exhausts, though, sit tightly under the rear seat. The handle bar is near-linear and short, the other end of the spectrum from the Rocket. I take my time to walk all around it and take in the curves. So that we have it out of the way, Speed Triple was one of the foremost streetfighter bikes to sport a naked engine look. I straddle it and lean in to grasp the ears. And it is a world of a difference from the 2300cc gargantuan asteroid that I was merrily zipping around a few days back.

The saddle makes the rider lean in front with an aggressive seating. Footrests tuck in the legs neatly under the gas tank. By the time you move in to the first gear, you realize that the ergonomics make the bike and you essentially a single moulded moving object.

## FHM: Which is the bestselling bike from your stables in India?

**Vimal Sumbly:** The classic range, especially the Bonneville, has been one of the most sought after motorcycles amongst aficionados across globe, and the trend in India is no different.

## How is Triumph faring among the various luxury motorcycle brands that have entered India?

We do not look at a brand as competition. Honestly, the Indian consumer today has a wide range of products to choose from. Among them, Triumph has witnessed a substantial growth within

## RIDE & HANDLING

Triumph Speed Triple has only one thing embedded in its DNA – and that's no-holds barred, crazy-ass speeding. And it does it with the finesse of a Renaissance painter. The meek rev of the idle engine suddenly takes the form of the crackle of lightning as soon as you open the throttle. Statutory Warning: given the maniacal nature of this wild steed, be fully ready to move all your body weight to the front of the bike, lest you wheelie out of control.

Enter sharp turns. Did I mention that this demon has an abnormally short handle bar? This squarely equates to not casually turning the handle at your whim when the bend approaches,

the way you can maneuver pet hamsters that sell in the Indian motorcycle market. It's a pure-core racing hooligan, which has to be turned with leaning in your weight (or bring it down to a manageable speed and turn it like a grown-up pansy).

Braking is sharp and incredibly accurate. But Behold; with the weight of



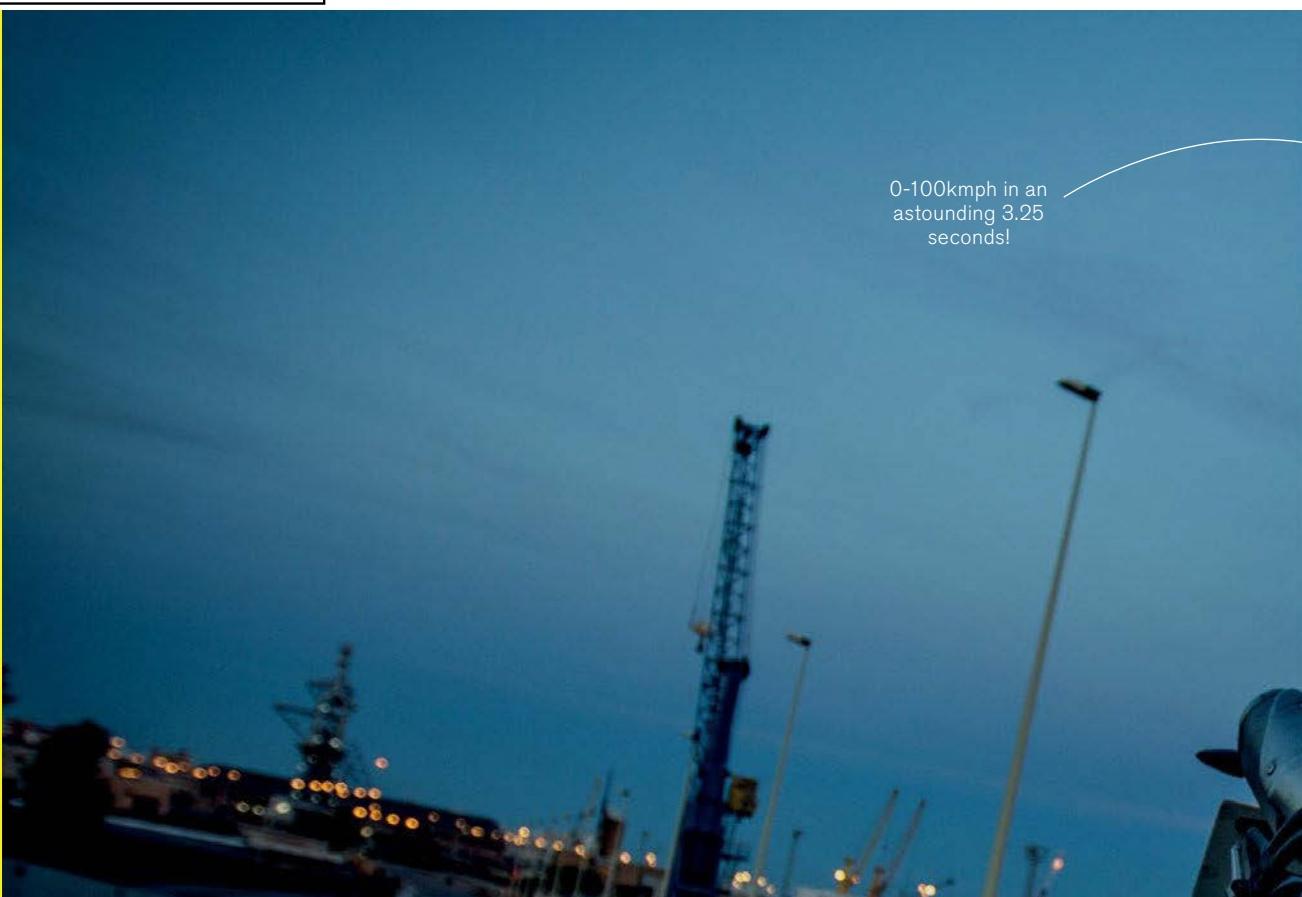
the last 18 months of its operations here.

The 12 awards won by Triumph Motorcycles at various auto award ceremonies in India are a testimony to this.

## Tell us a bit about new models that the brand is about to launch in India.

The pace of introduction of our new products is in consideration with market dynamics and consumer demand. With the recent launch of the Tiger XRx & XCx we now have 13 of our most prestigious models in 5 different categories. All I would like to say

0-100kmph in an astounding 3.25 seconds!





rider mostly already on the front wheel, braking has to be an eclectic mix of front and rear brake engagement. Suspension is firm but potholes can rattle everything you were born with. It's essentially a high-rpm performance bike, so keeping the engine on high throttle does transfer the engine vibrations to every joint and bone. But that is with any street-racer. Get yourself performance gloves, jacket and shoes, will you?

## CONCLUSION

Speed Triple is Triumph's flagship bike that has been setting standards the world over for its razor-sharp performance, cheetah-quick shootouts and the pedigree it comes with. It is as much a city bike, with once-in-a-while insane streaks thrown in, as it belongs to serious race-tracks... to leave skid-marks on its competition's faces. It becomes what you want it to be... a romantic love story or a passionate one-night stand.



## BIKE SPECIFICATIONS

### SPEED TRIPLE ABS

#### PRICE

Ex-showroom Delhi: ₹11.06 lakh  
(Ex-showroom, Delhi)

#### ENGINE

**Fuel:** Petrol  
**Type:** 1050cc, 3 cylinder, liquid cooled, four stroke  
**Power:** 133bhp at 9400rpm  
**Torque:** 111nm at 7750rpm

#### TRANSMISSION

**Gearbox:** 5-speed, 1-down, 4-up

#### DIMENSIONS

**Length:** 2100mm  
**Width:** 795mm  
**Height:** 1110mm  
**Wheel base:** 1435mm

#### CHASSIS & BODY

**Weight:** 214kg  
**Tank size:** 17.5 litres

is that it's a very exciting time to be a rider in India and you'll have more options from the brand.

#### What's the brand's USP?

We are synonymous with the quintessential British pedigree of class, style and attitude, built for enthusiasts who are looking for heavy duty on-road performance. At Triumph a lot of emphasis is given to technology. We give our customers a class leading 3 cylinder layout, designed to give you outstanding manoeuvrability and handling. We also make a twin cylinder possessing instant torque with smooth power delivery and a character that remains unrivalled to this day.

#### Personally speaking, which is your favourite bike from the stables?

Well, this is the part where I Love my job. I live in Pune and like to go cruising to Mumbai on any one of the Thunderbird, Lt or the formidable Rocket III Roadster. I have also done Pune to Goa on the New Tigers, which has been my preferred option for any kind of adventure. I have also thoroughly enjoyed zipping around on the Daytona 675 R at the Buddha international race tracks. Sometimes it's hard to tell where the bike ends and you begin.

**Entertain your brain**

June

Can we transcend the  
Human Lifecycle?

**20**  
Books

# TRANS HUMANS, AUGMENTED

**Rating:** 7.5/10

**Book:** Maya

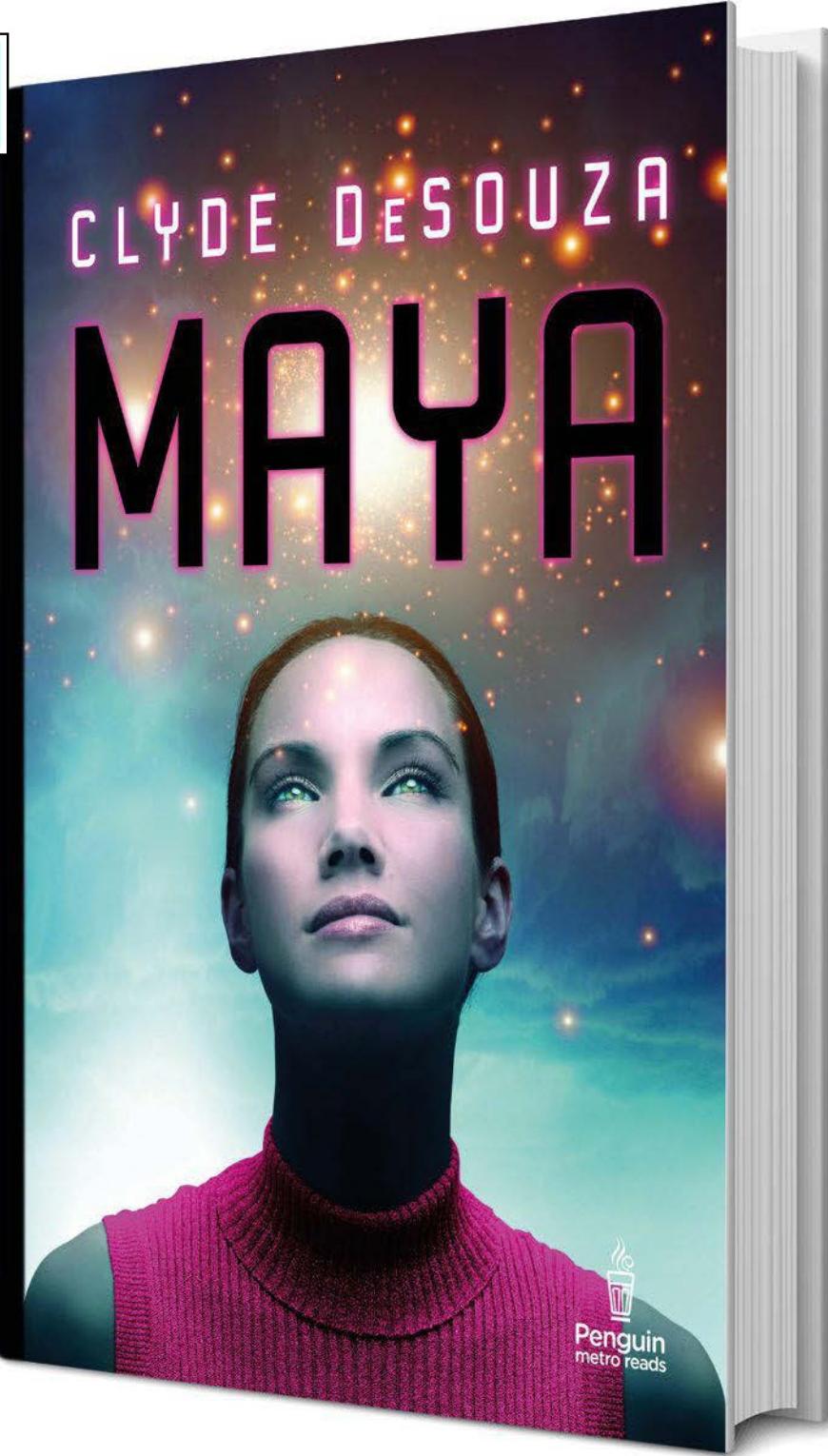
**Author:** Clyde DeSouza

**Genre:** Science Fiction

**Publisher:** Penguin India

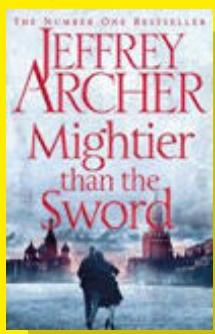
**Price:** ₹250

Review by: Siddharth M Joshi



**FHM  
SUGGESTS  
YOU TO  
ALSO FLIP  
THROUGH...**

A lot of hullabaloo around the latest titles. We gave them a read and found these worthy of mention for this month.



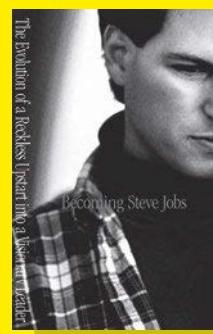
**Mightier than the Sword**  
Politics, conspiracies and thrill. Fifth novel in the epic Clifton Chronicles series.

**Author:** Jeffrey Archer

**Genre:** Thriller

**Publication:** Pan Macmillan India

**Price:** ₹599



**Becoming Steve Jobs:  
The Evolution of a  
Reckless Upstart into a  
Visionary Leader**  
An intriguing tale of the young, impulsive, egoistical genius.

**Author:** Brent Schlender & Rick Tetzeli

**Genre:** Biography

**Publication:** Hodder & Stoughton

**Price:** ₹699

**B**een a while since you read a sci-fi book without astronauts, strange biological viruses, futuristic colonies and people dying in an incomprehensible holocaust? Let's settle for a virtually augmented five! Maya provides a refreshing diversion from the fantastic monster and its pompous feats, and resurrects people from the dead rather than killing them in bulk to up its coolness quotient. No, it's not about paranormal activities or tantriks. It's all science, in its most artistic, logical and purest form, walking an extra mile to meet technology.

So, the story goes like this... Dan is an ethical hacker in the US, working closely with his Indian friend, Krish, on Augmented Reality (AR). Krish, in turn, is a genius researcher of Artificial Intelligence (AI), from India, working his ass off writing algorithms to make AGI (Artificial General Intelligence) a reality. Dan and Maya, Krish's sister, are in a relationship. The bro-sis duo has to leave for India because of their father's health. Krish gets a job with ARI (Artificial Intelligence Research Incubator) in Mumbai and calls Dan over to India to sell their kickass AR technology to the research centre. Post this and that, the deal is struck and they go to a night club to celebrate. A dirty conspiracy culminates in a gruesome explosion and Maya dies. This is the catharsis, the milestone that points towards the real shit.

Dan, injured and heartbroken, goes back to the US and starts

working on recreating Maya with the help of AR. With her videos and pictures he's able to bring her back as a shadow of a standing figure with some human inverse kinematics. Krish joins him back and with the brilliant Indian brain that he possesses, infuses elements of advanced artificial intelligence to create a realistic digital surrogate of Maya.

The real hero of the story is 'Wizer', an instrument resembling eyeglasses that employs cameras to intercept the real world view

**“IT'S ALL SCIENCE, IN ITS MOST ARTISTIC, LOGICAL AND PUREST FORM, WALKING AN EXTRA MILE TO MEET TECHNOLOGY.”**

and re-display its augmented view through the eye pieces. The digital surrogate of Maya is visible only through 'Wizer' or when projected on a screen through AR devices and then filmed on a camera. It's like Google Glass on steroids.

The book starts to get really ambitious towards the end when both the author and the techie-duo begin to tele-travel through wormholes, creating shortcuts from one spot in the world to

another in a second. But all this is done virtually, through re-creation and augmentation, so it's not that bad after all. At places it tends to get a little stereotypical while describing India, and at few others it paints an absolutely unfamiliar side of India that balances on the verge of mere fiction.

### THE VERDICT

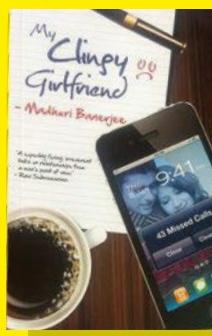
Overall, it's a kickass book that presents to the reader more than one dimension where augmented reality may be useful to the human race. Everything stands on a rock solid ground of science and research, with a few liberties taken here and there. It doesn't become too geeky with scientific jargons flowing in the pages. Most of all, it doesn't take sides and is honest to show how the technology may be used in harmful ways. It leaves you with the feeling: So is this how God must feel like!



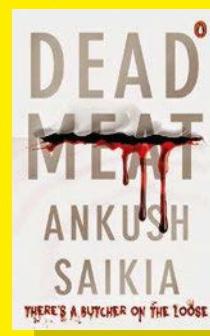
#### ABOUT THE AUTHOR

Clyde DeSouza

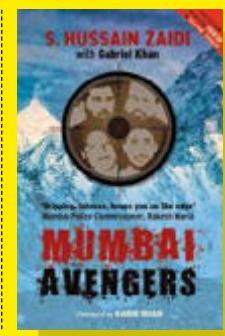
is a Dubai-based film maker and writer, and likes to call himself a creative technology evangelist. Science and computers are his favourite areas of research. His biggest source of inspiration is technology and the people who pioneer it. Directors and cinematographers refer to his first book *Think in 3D*, for its expertise on the subject. This is his first book of fiction. Currently he's working on its sequel, *Dirrogate*.



**My Clingy Girlfriend**  
A funny tale about every guy who has a girl friend.  
**Author:** Madhuri Banerjee  
**Genre:** Humour  
**Publication:** Westland  
**Price:** ₹599



**Dead Meat**  
Murder, money and something larger and more sinister.  
**Author:** Ankush Saikia  
**Genre:** Noir Thriller  
**Publication:** Penguin India  
**Price:** ₹399



**Mumbai Avengers**  
A fast-paced thriller, with an intricate plot and jaw dropping twists.  
**Author:** S. Hussain Zaidi  
**Genre:** Thriller  
**Publication:** HarperCollins India  
**Price:** ₹199

**21**

Music

# THE BEST OF BOTH WORLDS



EDM reminds you of barking woofers and neon laser lights, alright. But how about sprinkling some Rajasthani vocals on top! Is this music? We think so!

**M**IDival Punditz is a veteran Indian electronic band consisting of Delhi-based musician duo, Gaurav Raina and Tapan Raj. They've made quite a mark on the Indian music scene with their fourth album *Light*, which is just out, and too-many-to-count live performances spanning more than a decade. The band's USP is their ability to not only play around with electronic percussions and sounds but also bend it so to meet the conventional resonance of Indian folk music. They were in town recently to give a preview of their latest album and we caught them deep in the act—collaborating with Rajasthani folk singer, Kutle Khan. We sat the two separately and grilled them over how the hell they do what they do!

**FHM: Describe your music to us.**

**MIDival Punditz:** Our music is a culmination of our environment and, while much of our expression has been through Electronica, it keeps evolving into something new... even acoustic, depending on the mood that particular day.

**What is the purpose of mixing different sounds with folk?**

We want to create a new sound, but by keeping both the worlds of music intact; by keeping both sides of the spectrum safe in their purest form. However, there are some tracks that don't have any Indian side to them and are just our expression through western electronic music.

**Why not collaborate with western music? Isn't that more natural?**

What comes naturally to an artist is actually the most fulfilling route to take. Once you go down that road, it starts to become easy. In our case this happened with Indian Electronica.

**How is recording in a studio different from performing live?**

The main difference is the ability to take multiple takes in a studio environment, which cannot happen during a live show. Some parts of a track, while recording, could be replaced by a different instrument/vocalist for the live show. We rehearse with our band before we go on a tour to try different things with each song and to tighten tricky parts that were made electronically but are now being performed by acoustic instruments at a show.

**How do you manage with the improvisational style of folk singers during a live show?**

We have tailor-made our live sets to fit this exact thing. Our Indian instrumentalists and vocalists come from the school of thought where improvising is very important. So, we've divided various parts

**“We want to create a new sound, but keeping both the worlds of music intact. ,”**



of each track into scenes... like flute solo/ vocal intro/ percussion jam, and so on. At the show each of these scenes can be extended on the fly or even cut short depending on how the band is reacting to the crowd.

#### **What does Kutle Khan, as an artist, bring to the band?**

We'd heard his work with Rajasthan Roots band and also as a solo artist. For the song *Baanwarey*, while creating our new album, we instantly thought of Kutle Khan. He came to the studio and it was pretty quick as there was good synergy with his talent and his general vibe. We then also recorded him on Echoes. He brings a natural and pure folk energy into the tracks and adds a whole new dimension to our sound.

Gaurav Raina studied architecture in college & radio DJ'ed on the side



Kutle Khan has performed in over 47 countries with his Managaniyar troupe, 'The Kutle Khan Project'

**“For me, electronic music is all about rhythm. Usually electronic music has a 4-beat pattern ,”**

**FHM: What made you collaborate with a modern genre of music?**

**Kutle Khan:** I belong to the

Managaniyar community and we are singers by tradition. I noticed that a lot of people had a special liking for our type of music, but also there were many who don't like it much. So we wanted to expand our scope and explore further, to take our music and broadcast it to an even bigger number. I've performed with many artists from around the world and the response has been overwhelming.

**Did you like what you created with MIDval Punditz?**

I love to experiment and when I was exposed to the electronic rhythm I knew this was going to be a long association. I had my first stint with MIDval Punditz some 5-6 years back and

realised that together we produced a lot of energy. They are one of the best in India and my sound finds a respectful space in their productions.

**What is your understanding of electronic music?**

For me, electronic music is all about rhythm. The beats that a singer sings are in patterns and rest everything else is an embellishment to create a little more. Usually electronic music has a 4-beat pattern that may differ in certain artists.

**Rural Rajasthan and EDM don't really match.**

I crossed the Indian borders in 2000 for the first time and got to meet a lot of people. When I performed at different places I learned some new things from the local artists, which did not really change my style of singing but made me more open to experimenting.

**Does recording in a studio feel as exciting as performing live?**

Recording in a studio is a well thought out, serious process. It's like a practice session for our live gigs. As soon as we get the right sound we record it and then play it back to bring the same sound again on the stage at the time of a live performance.

**Your singing style is that of improvising. How do you manage this aspect with Electronica?**

The singing remains the same for us, as the tune and the raga. All that changes is the rhythm and tempo. When performing with electronic music that window is maintained, but one can't be too elaborate as otherwise.

# 5 REASONS TO SUBSCRIBE

1

## GIRLS

You don't need us to tell you this. But even then for those still not enlightened we find, shoot some of India's hottest girls to shoot in their delicates. Its a tough job, but ah well.



2

## FOOD & BOOZE

What's the second best thing to sex-on-toast women? A great glass of sweaty beer, a side of a tikka, three bottles of wine...you get the drift.



# FHM



3

## CARS AND BIKES

We drive the cars and bikes you lust after. Sometimes cycles too. Sometimes.

4 GADGETS & GIZMOS

In our endeavour to deliver the best to you each issue, we are constantly forced to change our phones, use new cameras, laptops... so you know which one to upgrade to. Sigh.



5

## ADVENTURE

Jumping out of a plane? Climbing a mountain? FHM is always at hand. Yes like a sherpa.





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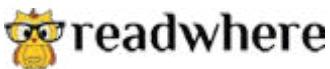


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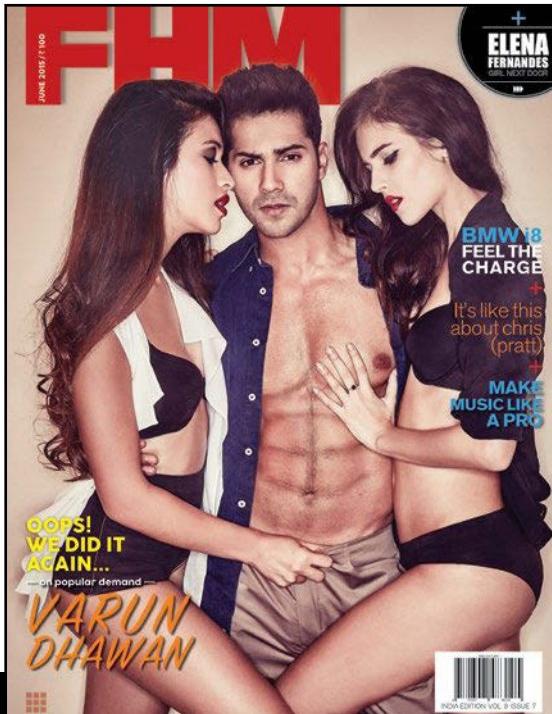
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**COVER  
STORY**

On Varun-Coat and Waist Coat: SS Homme; Shirt: Zara; Shoes: Paul Smith; Tie: Canali  
On Bruna-Bra: La Senza Briefs: Calvin Klein; On Julie-Vest: Marks & Spencer; Bra & Briefs: Calvin Klein; On  
Ginevra-Crop Top: Namrata Joshipura; Shorts: Calvin Klein; On Edna-Vest and High Waist Shorts: Marks & Spencer



# STARRING VARUN DHAWAN IN MASTER'S 4-PLAY

What do you get if you lock up a Bollywood hunk with four sultry bonitas in a hotel suite? We did exactly that with Varun Dhawan and it was absolute mayhem! Our man was doing what he does best— with an icy enough demeanour—so that the girls couldn't keep their hands off him. We barely managed to get the pictures past the censors for your viewing pleasure. Don't thank us just yet!

Words ASHISH PRATAP SINGH // Photography ROHAN SHRESTHA

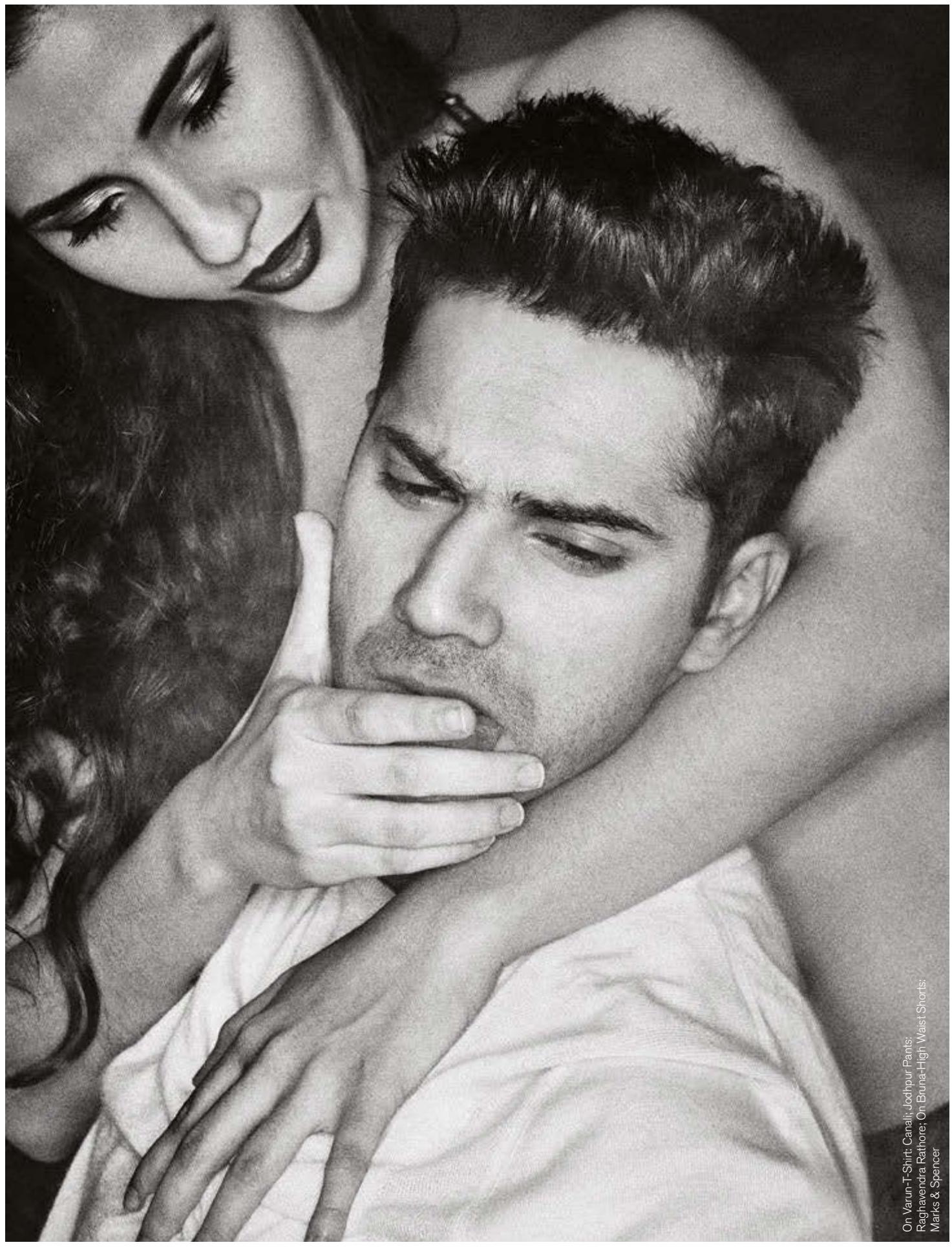
Styling AAKANKSHA JAIN // Fashion Assistants ISHANI BHASKAR

Hair for Varun KANTA MOTWANI (KROMAKAY SALON) FOR L'OREAL PROFESSIONNEL // Make-up for Varun KRISHNA

Models BRUNA LIS & EDNA (TOABH TALENT), GINEVRA LEGGERI & JULIE ROSE (INEGA MODEL MANAGEMENT PVT. LTD.)

Hair and Make-up for Models MITIKA PATEL & SANDY DHINGRA

Location Courtesy THE LALIT, MUMBAI // Production GRAVITY GRACE



On Varun-T-Shirt: Canali; Jodhpur Pants:  
Raghavendra Rathore; On Bruna-High Waist Shorts:  
Marks & Spencer

**Y**es, we know what you're thinking. FHM has a guy on the cover? What were we thinking! But it's not a personality that we shot. It's a goddamned concept... and a bloody good one at that. This is our version of 'this is what happens when a famous face is locked up with a handful of drop-dead gorgeous women'. We anticipated havoc but this took 'What the hell!' to a whole new level. We required flamboyance. We looked for swagger. We wanted careless charm. Naturally, we needed Varun Dhawan...

From the time we figured the shots and Rohan set up his equipment... from the moment the models got dressed for the ante, our celebrity guest was anxiously anticipated. Barely 20 minutes later, when he did make an entry, I was pleasantly surprised to see a chirpy, lively soul more than a heavily guarded celeb. He has charisma of a guy-next-door that is freakin' infectious. We explained the shoot and its theme. And Varun was grinning from ear-to-ear. I mean, who wouldn't?

The shoot was steamy enough for us to jack up the air conditioning. No kidding! He nailed it like he owned it. And that is exactly what we wanted. A master; his harem and a whole lot of playfulness. But that's what the shoot is for. After three gruelling hours of playing with women (*We're making it sound like a task, aren't we?*) and the shutterbug going ballistic clicking, I finally managed to get some time with Varun to fire away some questions on just about everything under the sun. This is how it went...

The only thing that seems to be on Varun's mind nowadays is *ABCD 2*. Releasing on 19th of this month, he is pretty kicked and nervous in equal measures.

**Excited because it is India's first 3D dance movie (wait, what?)** and a sequel to the one that was a huge success. And nervous because Varun is always like that before any movie of his hits the screens. "As an actor, I am, much like any other actor, so much involved in the script, shooting, editing, etc., that I am not able to see it from the audience's perspective. The only way to gauge that is to wait and see the masses' reaction on the opening weekend of the movie." We second that, Varun. But given that you're a natural on camera, chances seem pretty slim of your movie not hitting bull's eye!

He's a gifted booty-shaker and his previous flicks have driven that point home. Remember Rohan in *Student of the Year* and *Humpty in Humpty Sharma Ki Dulhania*? Varun pretty much electrifies his dance sequences and, the best part is, his steps are taken on by the masses. But did he have to stretch his limits for his upcoming movie? Varun confirms that he had to, like no previous movie could. "No typical dance routines. We are representing India at a global dance competition in *ABCD 2* and thus the forms like strutting, scrumping, house, hip hop, contemporary, etc., were all brought into play," he said. But this is Varun we're talking about. We believe he can take a dance step, move his happy feet through it and make it look like a walk in the park. Naturally, we can't wait to see *ABCD 2*.

We spoke about his career, growing up years, personal life, with nothing but pizza for company (*which he loves, by the way*) and he bowled us over with his breeziness.



## CAREER

**FHM: After *Badlapur*, which was a complete thriller, you had to switch big in terms of the role that you're playing for this movie. Right?**

**Varun Dhawan:** Yes, it was a massive switch! After *Badlapur*, I was so screwed in the head that when I came to the sets of *ABCD 2*, people thought that I was one crazy bloke. But when I got my feet moving, started dancing and sweating it out and laughing with everyone around, I gradually started moving into the character. Shraddha was a great help too!

**Speaking of Shraddha... how was she as a co-actor? Keeping up with your dance steps or was she getting left behind?**

She is way more graceful than me and is someone who loves music and is really passionate. I think everyone in the movie is a better dancer than I

(laughs). But I dance to express and not impress, and I've followed the same in the film. Therefore, if my character, Suresh, connects with the audiences and they feel that they are watching something that could actually happen in reality then, as a dancer and a performer, my job was a success.

**You're chilled out and it seems you carry that off the sets also. But how is Shraddha to be around? She comes across as someone who is a little bit serious. Is she?**

Shraddha is serious because she is very sorted in her head about her career. And I think that is because she has been through a lot of troubles earlier on in her career when a few films of hers bombed commercially. However, she came back strong with back-to-back hits. This has resulted in her being one of the most sought after actresses in our industry. She is serious about her career because she wants to hold on to what she has worked so hard to achieve, which, I

On Varun-T-Shirt and Trousers: Canali; On Bruna-Bikini La Senza; Robe: Shivan and Narresh; On Julie-Swimsuit: Calvin Klein



On Varun: Shirt: Ermengildo Zegna; Pants: Canali; On Julie: Bralet and Skirt: Michael Kors

think, is phenomenal. Just to add... I also think that Shraddha and I, as a couple on screen, are a perfect balance because I am the one with a funny bone and she's the one who's a bit of the serious type. And when she is in her prankster mode, I am sober and have my act together.

#### Are we going to be seeing you two together sometime soon?

I really hope so. She is actually one actress who I want to work with again.

**Rohan in Student of the Year, Sreenath Prasad in Mein Tera Hero, Humpty in Humpty Sharma Ki Dulhaniya, Raghav in Badlapur and Suresh in ABCD 2... which character is closest to you in real life?**

Honestly, there is a bit of me in every role that I have played to date. Hey! Don't count Raghav from *Badlapur*... that's not me at all. But I think where the other four are concerned, there were very strong shades of

the real Varun Dhawan in their characters. To give an example, there is a scene in *ABCD 2* where I was not given any dialogues and was asked to improvise impromptu. Remo told me to give this long monologue about dancing. That was really me talking my heart out.

**Tell us a bit about your next few upcoming flicks. What all should we get excited about? Ram Lakhan remake? Half Girlfriend?**

You can get excited about the *Ram Lakhan* remake. It's just that I am not in it. (laughs). I have not been approached for it either. There is Rohit Shetty's next, *Dilwale*, which is with Shah Rukh sir. I am very kicked about it. I mean, who wouldn't be to share screen space with the SRK. Next, I am doing a movie of my brother's, called *Dishum*, with John and Jacqueline. I am not allowed to talk much on the story so you have to wait and watch. There is also *Shuddhi*—but that is still some time away.

#### What remains? How is Varun Dhawan as an actor going to transform in the next few years?

I'm excited about Rohit Shetty's flick because I am getting back to comedy again. I did it for *Mein Tera Hero* and for *Humpty* a little bit. This will take me back to the genre that I love. *Dishum* will be again quite different. I cannot talk about the movie much. But they are all different genres and as my career progresses, I am trying to mix it up.

**You have done funny flicks, and then you did Badlapur and now ABCD 2... Which has been the most challenging genre for you?**

Toughest is comedy. Simply because it is not easy to make people laugh. It's rather tough to do genuinely good comedy. When I say that I mean without being vulgar, crass and slapstick. I am talking the stuff that probably Will Ferrell or Jim Carrey would do. We are missing that in today's cinema.

COVER  
STORY

“Shraddha has gone through a lot of troubles early on in her career.”

On Ginevra-Corset: La Senza; Briefs:  
Calvin Klein; On Varun: Shirt: Corneliani;  
Jeans: GAP

## GROWING UP

### You're younger of the two brothers. Usually the younger ones are the pampered ones. Was that the case with you too?

If anybody at all pampered me it was my older brother himself. We used to get into a lot of fights as well too. But I am glad it was the way it was.

### Who's your choice to discuss something with... Mum or dad?

Mom was stricter than dad. Dad did whatever I wanted but mom kept both brothers grounded and made sure that we realised the value of money and relationships. If I had to really open up and discuss something then it would be mom. First her, then dad. Oh wait! First it would be my brother.

### How were growing up years? What do you remember?

I remember living in this one bedroom flat on Carter Road. I remember getting up early on Sundays and having mango milkshake and going down and playing cricket with other cronies and getting completely sunburnt. Coming back totally dirty and mom getting after me to go bathe. I remember watching *Dekh Bhai Dekh* as a kid. I also remember not being allowed to watch it during my exams and me crying (*laughs*). I remember playing pretty much every sport and everyone telling me that I was Jack of all trades.

### Any fondest memory?

Something that is really huge for me is when I was in fourth standard and I won the interschool running championship. I remember in the final race of 100m, I banged my head on into the teacher and fell. Because of that someone else won the race. My brother went and complained to the management that it was not fair and that there should be a new race. School accepted and I actually won it the second time around. I think that was the proudest moment for my parents. I can still remember how excited I was about the whole thing!

### Do you still run?

I don't get a chance to run competitively but I still run as it's an excellent exercise.

### Did you ever accompany your dad to movie sets? Did you feel enamoured by the entire experience?

Not all the movies but once in a while I did go with him. Seeing Govinda made me think that acting was the easiest thing in the world. Seeing him on sets actually started getting me more and more interested in acting.

### When did you get your calling to join movies?

I remember seeing *American Psycho* in my university days and that changed my life. No kidding Christian Bale is my favourite actor.

### How did you approach your dad when you got back?

I didn't. Because I know how he is as a person and that he would never launch anyone. He doesn't believe in shortcuts in life. My mom had made it clear that if I wanted to be an actor then I had to do it myself. So I approached Karan Johar and assisted and worked with him (Varun was the Asst. Director for *My Name is Khan*) and showed him a short film of mine and from there stuff happened.

## Any movie role that you would love to see yourself do?

Aamir Khan in *Lagaan* was outstanding. I also loved Salman Bhai's role in *Tere Naam*. I thought it was a kickass role to be anti-hero. I think a lot of work that Hrithik has done is splendid. I don't think I can do that level of work. *Dil Chahata Hai*, all three characters were amazing!

### Hollywood Role?

Christian Bale in *American Psycho*. Also Bane in *Dark Knight Rises*.

### Interesting. Why Bane?

I would love to play a villain. I have a side to me like that, I guess. I did *Badlapur* and that too had a dark side. I would like to go down that road again.

### Any yesteryears role?

Dev Anand in *Guide* perhaps. That is one of my favourite films and I love it. Lot of Sanjeev Kumar and Kishore Kumar films. They were called the true-blue entertainers. Nobody could do the angry young man portrayal better than Amitabh Bachchan. Then SRK in *Darr* was outstanding.

## PERSONAL LIFE

### What does your typical day look like?

What it looks like is my getting up at 8 in the morning, perhaps getting into shooting or getting into rehearsals for shooting, and then whole day shooting. Taking a lunch break, also working out. In the evening, coming back home, reading a book or watching a movie. Basically the day revolves around work.

### You're in insane shape. Who are you training under and what's your exercise regime like?

Thanks for the compliment. I am training under Prashant Sawant, who has been my trainer since day one of my career. He makes sure that I keep in good shape, no matter how strenuous my shoot schedule is or when I might have to go shirtless as I had to for today's shoot.

I do a lot of TRX and functional training. I have started doing a lot of cardio as I put on weight relatively easily. I make sure I work out every day for an hour at least to stay in this kind of shape.

### Regarding your diet... what do you binge on and what's a complete no-no?

A lot of egg whites, lot of watermelon juice, coconut water is what I have and love. I have jeera water in the morning nowadays because it is a strong anti-bacterial and kills harmful bacteria. I eat insane amounts of chicken. I totally love it. Also, since Mumbai is so hot, I am always sipping on water. Above all this, I love pizzas. It's not a part of the diet but I don't think I can live without it.

### If we raided your fridge, what awaits us?

All sorts of things, really, because everyone in my family doesn't follow this kind of diet. They are perpetually on mangoes, ice creams and are killing it as far as food is concerned. (*laughs*)

### Must be torturous for you, right?

It really is. It's not easy to see them go at it. But my mom makes sure that I don't overeat or anything.

### What are your stress busters?

Music. That's my biggest stress buster. Sometimes meeting my fans calms me down.

**COVER  
STORY**

On Ginevra Bra: Calvin Klein; Shorts: Zara



## ASKED ALONG THE WAY

#Favourite dish  
Chicken Tikka

#colour that is most visible in your wardrobe  
White

#colour that comes second?  
Black. No, actually red.

#How many pairs of jeans?  
A million! Okay seriously... more than 300 perhaps!

#And shoes?  
Anywhere between 500 to 600!  
No kidding! I love shoes.  
**#If you were to go shopping all by yourself, then what is the first thing you are going to buy?**  
Shoes!

#Favourite designer?  
Raghavendra Rathore is really amazing.

#International Label?  
John Varvatos

#Expertise in the kitchen? What can you cook best?  
I used to cook pretty well when I was a little younger and in university. But now not much. I think I can make pasta (*buying the sauce for sure. Can't make that*), grilled chicken and eggs... That kind of stuff.

#Favourite gadget at present?  
My WD Box, which streams just about anything that is available online.

#When does your battery start dimming?  
When there's nothing to do and I begin to get bored. And that can happen any time of the day.

#FHM for you is...  
4 women and me alone.

#Should have been 3 or should have been 5?  
I am happy with 4. Next cover we can add some more.

# “No, I would not like to date any celebrity.”

Meeting children, going for a swim, watching a good movie... those sort of things.

### Bike person or a car dude?

I'm more of a bike person than a car bloke for sure. I don't really drive my car as much. But whenever given an opportunity to ride a bike (*in most of my movies I have ridden one*), I thoroughly enjoy it. I don't own any though. I am not allowed to. My parents don't think I'm responsible enough.

**You can't be serious.**  
I'm dead serious.

### Which is the most kickass bike that you have ridden to date?

It has to be the Harley Davidson Fat Boy. I nearly fell off it close to five times when riding it (*laughs*) but I did get one good line and it was WOW! It is an exhilarating machine.

### Any set of wheels you're planning to buy soon?

I am just about to; one for my parents. It is the new Merc C-Class.

### Are you a fan of the really loud groany-grunty ones?

Honestly speaking, I really am not into those kind of cars. Because every time someone goes by in a car like that, I find it very irritating. I am more of a quiet smooth kind of a guy; get in and leave a place without anyone knowing. And that's the E-Class.

### What's your taste in music like? Favourite tracks?

I listen to a lot of stuff (*obviously*), I do listen to a lot of Hindi film music. But lately I have been listening to a lot of house. I quite like the *Fast & Furious* soundtrack by Whiz Khalifa. I also love *California Dreaming*. Nowadays I'm tripping on the soundtrack of *Mad Max*. I really dig movie soundtracks.

### Let's talk about women now. If given a chance to date one famous celeb, who would it be?

No, I would not like to date any celebrity. (*Really?*)

### Any Hollywood women perhaps?

I am really happy with the women in India as they are really beautiful. I have stated this before also that I find women who are not in showbiz far more attractive than the ones who are. It's more interesting for me to have a conversation with them.

### What's your idea of a perfect girl and a perfect date?

Someone who will be real with me and put me in my place. I really like people being real with me and that's the type of people who surround me. They are the ones who help me keep my calm and sanity.

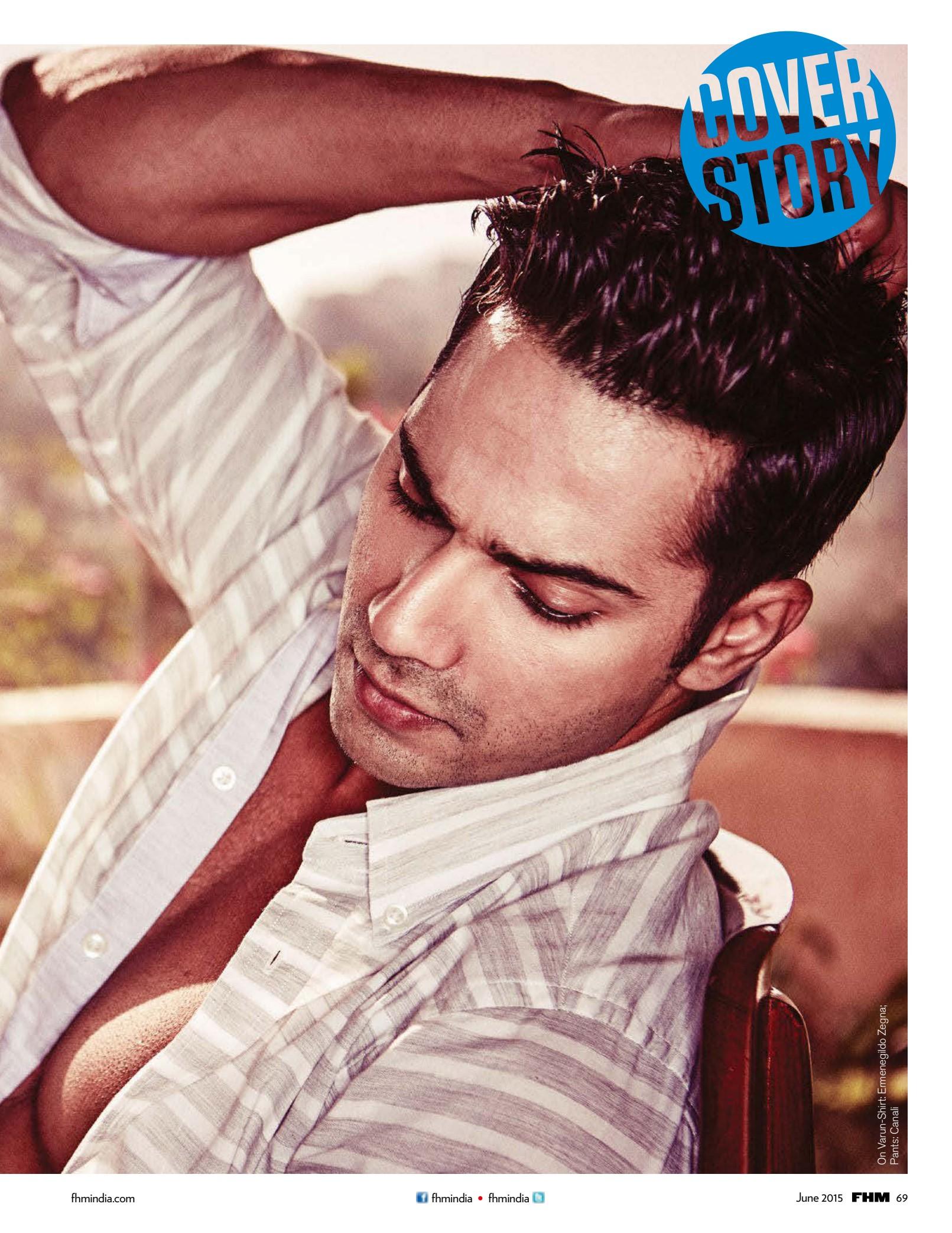
### Perfect date? Without a doubt

it has to be New York. I love that town. I think the girl I would date would love New York too.

### How about dating someone who is already in New York?

Maybe. But it would get difficult because of the long distance. I would want her to eventually be with me.





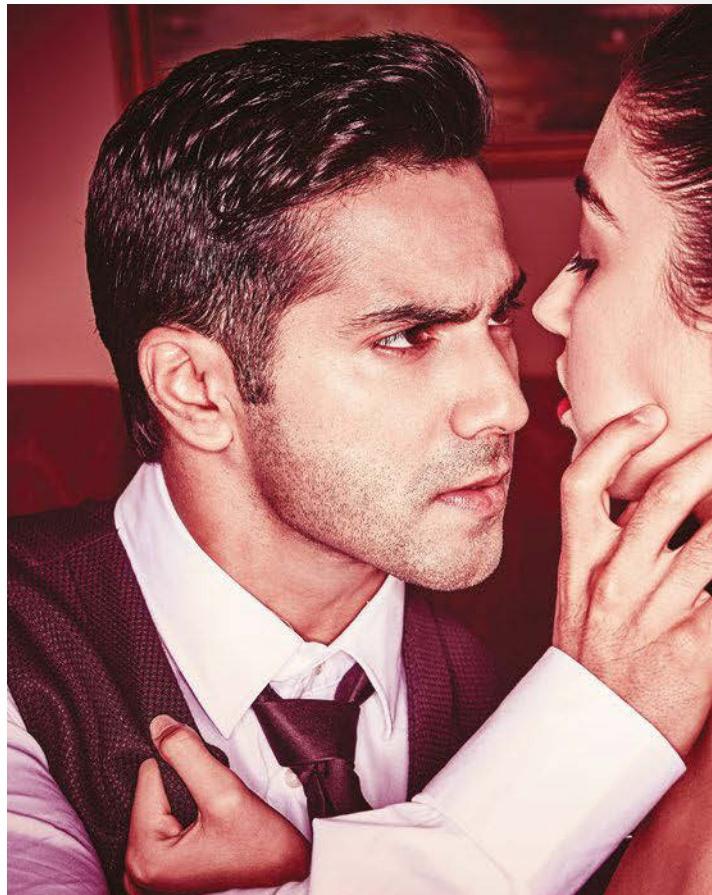
COVER  
STORY

On Varun-Shirt: Ermenegildo Zegna;  
Pants: Caralli

Working it SUAVE  
OR SCRUFF

FHM PROMOTION

Celebrity hairdresser Kanta Motwani (Kromakay Salon) works her magic for VARUN DHAWAN exclusively with L'Oreal Professionnel's Homme & TecniArt styling range.



The “Suave & Slick” look is a tribute to old-school style. A modern take on 50’s hair combined with a contemporary feel, the look easily moves from day to night. With neat lines and an unparalleled shine, the looks uses Homme Wax & Homme Strong to create a style that makes you go – it’s good to be BAD!



Get The Suave and Slick Look

- Take a walnut sized amount on your palm
- Apply with fingers on damp/dry hair and style as you want
- To give the hair extra gloss for the sleek look, mix strong gel with Homme wax new and apply through the hair

A look for a long day and an even longer night! Going “Matt & Messy” is just the fix you need when the going gets tough. With easy manoeuvring and a generous use of Wild Stylers Depolish & Crepage de Chignon, this wild yet defined look is perfect to make that effortless statement.

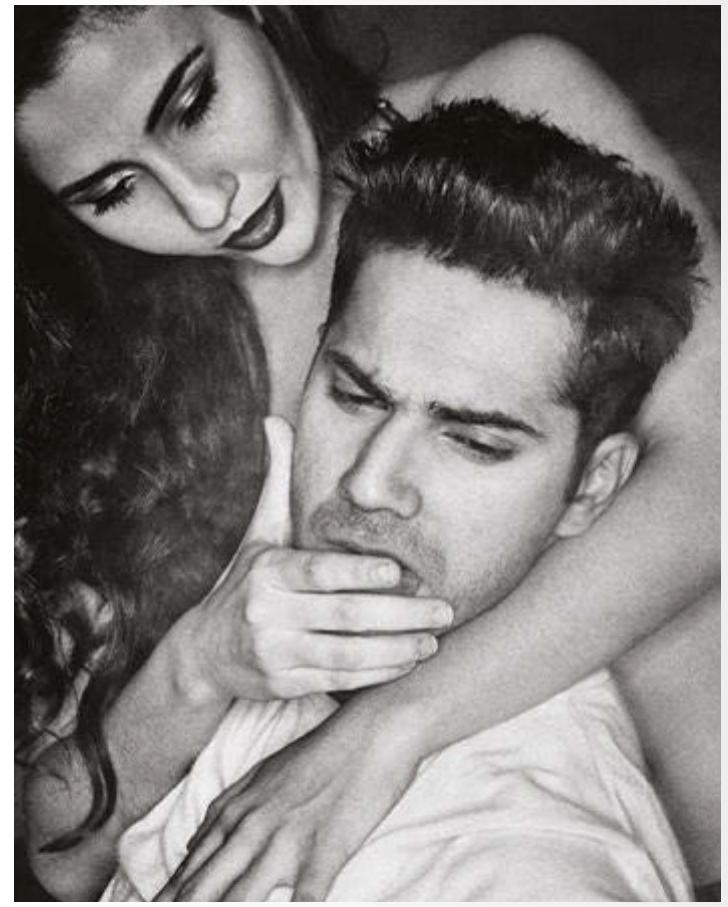


### Get the Matt & Messy Look

- Apply depolish through the hair to give it definition and texture with a matt finish
- For the hold finish the style with crepage de chignon
- Blow dry away from your hair if required

*"I created looks for Varun's hair that complemented his overall style. For the suave look, I love the shine & hold L'Oreal Professionnel's Homme Strong and Wax provides – perfect for the modern version of the classic look. For the slightly messy yet structured look, Wild Stylers Depolish & Crepage de Chignon works great together to give me that perfect matte look with just the right hold."*

Hairstylist - Kanta Motwani



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# MAKED, RECORD, PLAY, REPEAT

**If you have a band and love to make music, follow our guide to the best gear you'd need to create your own.**

So, back in college teachers recurrently scolded you for your careless beat-boxing during an important lecture. You still get lectured for shaking your leg while sitting down at the dinner table. And the girlfriend is still embarrassed with your unanticipated stint of head banging to the track on your headphones while you were out visiting a museum. Congratulations! You've just earned our respect and the right to be called a music freak. We have the same can't-keep-the-music-ecstasy-to-myself syndrome, so we know what's going on in your head when the world thinks you're ill mannered, disrespectful or plain crazy. It's time to give this ignorant chunk of humanity the finger and not let the talent lie dormant in your veins anymore.

Prepare to get your shit out loud on the woofer. But before you do, listen to us, 'cos this is our shit too.

WORDS BY **SIDDHARTH M JOSHI**



Get your mates together in the basement or wherever you guys meet to jam. A room that doesn't allow much noise out is the best choice. Here's our check-list for a traditional rock gig that you'll need...

# 01 FENDER SQUIER AFFINITY PRECISION BASS.

A solid body 4-string bass guitar in a brown sunburst shade, this is one of the world's best-selling guitars and that's for a reason. Technically this may be used for any sound, but stands out in rock, pop, punk and grunge. Play it with a pick for a punchy tone, otherwise use fingers for the regular mellowed sound of classic bass.

**Available at:** amazon.in

**Price:** ₹ 15,900

Play it through a Fender Rumble 15 bass combo amplifier for the smoothest sound and portability.

**Available at:**

snapdeal.com

**Price:** ₹ 6,800-₹ 13,600



## 02 IBANEZ RG370DXZ

A 24-fret Superstrat, this is the greatest guitar for a Rock and Metal player. It has a super thin neck, an excellent fret-board and a strong bridge. It has two knobs, a volume and a tone with a 5-way selector, which makes it simpler than most guitars. Distortion sounds awesome on this! It's probably not what you want to buy if you're looking to play clean mellow numbers.

**Available at:** [bajaao.com](#)

**Price:** ₹ 33,100



Play it through **Marshall MG 101CFX**. It is an ideal amplifier for practicing and performing in small to medium settings.

**Available at:** [furtadosonline.com](#)

**Price:** ₹ 35,853



## 04 MAPEX TORNADO 5-PIECE

This is one of the most basic drum kits available for beginners and amateurs in India. The 7.2mm all poplar shells deliver an incredible high-end attack, a narrower midrange and plenty of bottom end punch. For the best sound tighten the cymbals as these ones don't take the beating too well.

**Available at:** [bajaao.com](#)

**Price:** ₹ 26,550



## 03 KORG PS60

This genius of a synthesizer is a single dedicated instrument that does away with your requirement of a laptop and a keyboard controller. It's a 61-note keyboard with simple-to-access sounds in six categories: acoustic piano, electric piano, organ, strings, brass and synth. It's functional rather than flashy.

**Available at:** [furtadosonline.com](#)

**Price:** ₹ 47,900

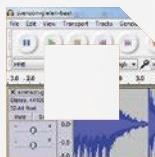
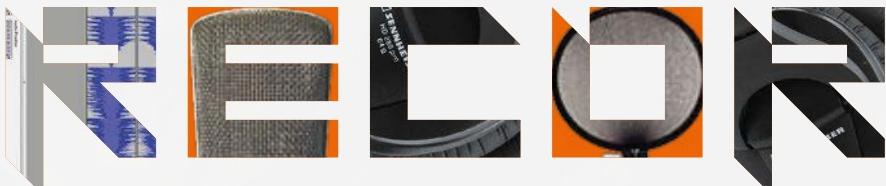


## 05 YAMAHA ACOUSTIC FX310A

This classic acoustic fits like a glove on anyone who plays rock and alternative music. It is also one of the most durable guitars that can stay with you all the way to your deathbed. Traditionally these are meant for country songs but the FX310A is a beast for rock and metal fans, when tuned down.

**Available at:** [snapdeal.com](#)

**Price:** ₹ 14,778



Now that you have the right gear and have practiced that new tune to perfection, it's time to record. All you need is a microphone, a pair of headphones. And the supernatural freeware, Audacity!



## 01 CAD GXL2200 CARDIOID CONDENSER

The cardioid polar pattern is ideal for recording both vocals and instrumentals, particularly for isolated tracks, but also for live applications. The sound is warm, transparent and very life-like. It has an impressive balance of clarity and voice capture. This not only saves your voice from being distorted but also accentuates it. For the price it is one of the best condenser mics you can find in the market.

**Available at:** ebay.in

**Price:** ₹ 8,550



Use **CAD EPF 15A Pop Filter** to reduce 'popping' sounds caused by the mechanical impact of air on the microphone during recording.

**Available at:** ebay.in

**Price:** ₹ 1,890



## 02 AUDACITY 2.1.0

This latest version of the free open source computer application is surprisingly feature-full for a free software. Compatible with Windows, iOS and other operating systems, Audacity presents features of recording audio from multiple sources and editing it digitally. Multi-track mixing is the most kickass option that allows a user to mix as many tracks together, within a desired timeline. This means you can play the guitar, then a tambourine, then a flute and so on, one by one, and later mix all of it together with your vocals. You won't believe till you experience it!

**Available at:** filehippo.com

**Price:** Free

## 03 SENNHEISER HD-280 PRO

It's important to listen back while recording multi-tracks, so that you don't miss a beat, a cue or simply the tune. These are billed as DJ-grade recording mics, but at this price range could very well be used for pleasure listening too. The HD-280

Pro has an accurate, clean audio performance across the full frequency range. Also, comfortable for long listening sessions.

**Available at:** snapdeal.com

**Price:** ₹ 6,225





## 01

### SENNHEISER HD-380 PRO

The biggest stand out is its weight. HD-380 Pro is feather light on your head and may be easily worn for long durations. The sound quality is incredible. Their make blocks a good amount of outside noise.

**Available at:** [bajaa.com](#)

**Price:** ₹ 8,730



## 02

### SOUNDLINK BLUETOOTH SPEAKER III

This one is from Bose and doesn't demand any explanation beyond this. This is one of the best performing Bluetooth speakers in the market. Plays music with fullness, depth and clarity.

**Available at:**

[amazon.in](#)

**Price:** ₹ 32,603



Burn a CD of your recorded music and play it back for your friends, girl friend or the music agency you've finally got hold of. It can be done either on a portable device or on full blown speakers. A lot depends on these devices, as a sub-standard set of speakers can ruin all your hard work. Some top notch options...

## 03

### YAMAHA YHT1810



This is an elegant home theatre package that consists of five satellite speakers and have the duty of handling the entire audio spectrum. The sound quality is simply amazing, with all bass sounds accentuated to heavy thumps. Doesn't build any distortion even at high volumes.

**Available at:** [amazon.in](#)

**Price:** ₹ 17,490

## 04

### BOWERS & WILKINS C5 S2

These earphones dare to do what imposters would never even try. They have lowered the bass a notch down. It doesn't mean you won't be able to appreciate the subtle notes anymore, but on the contrary, you'll admire the mid-range detail and high notes more.

**Available at:** [jungle.com](#)

**Price:** ₹ 18,670



Top  
5

# UNKNOWN GETAWAYS

*to plan a trip!*

If you're tired of the summer waves, your dumb girlfriend and that nosy boss, pack your bags and plan a trip that takes the road less travelled...

WORDS BY **SUDHAKAR JHA**



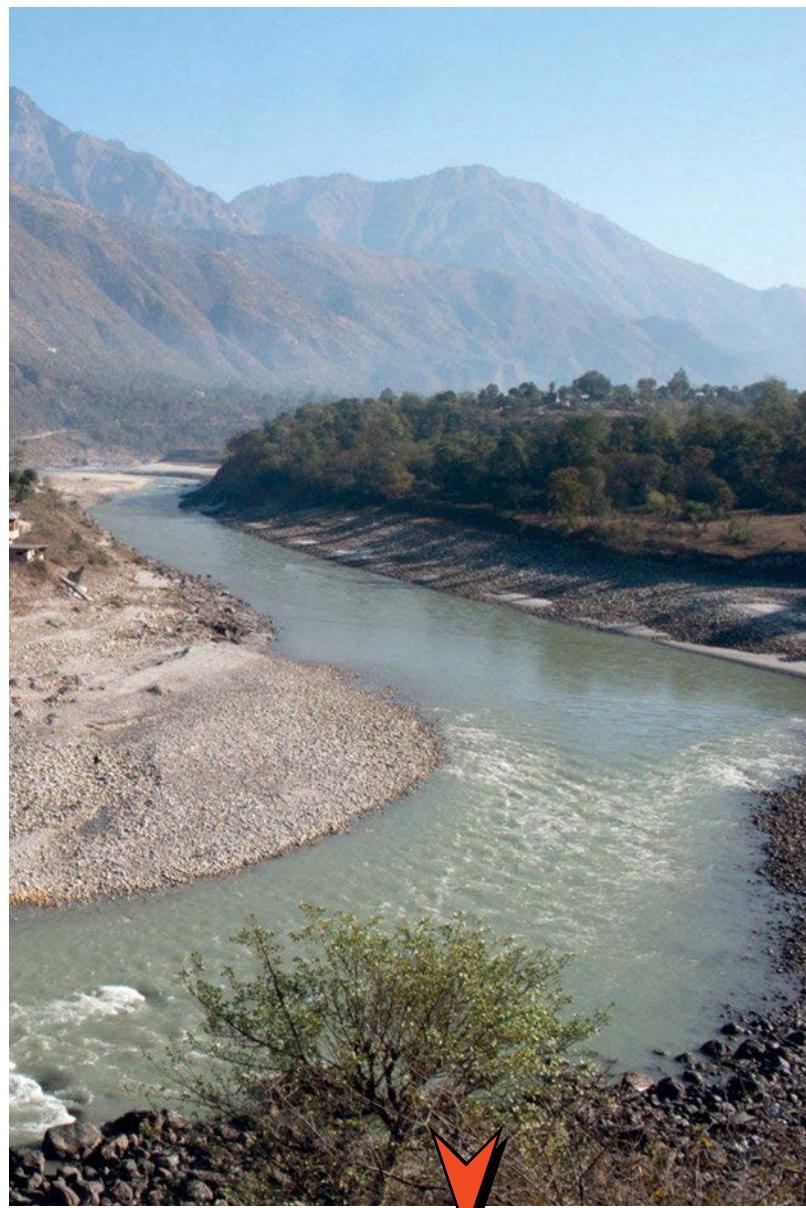
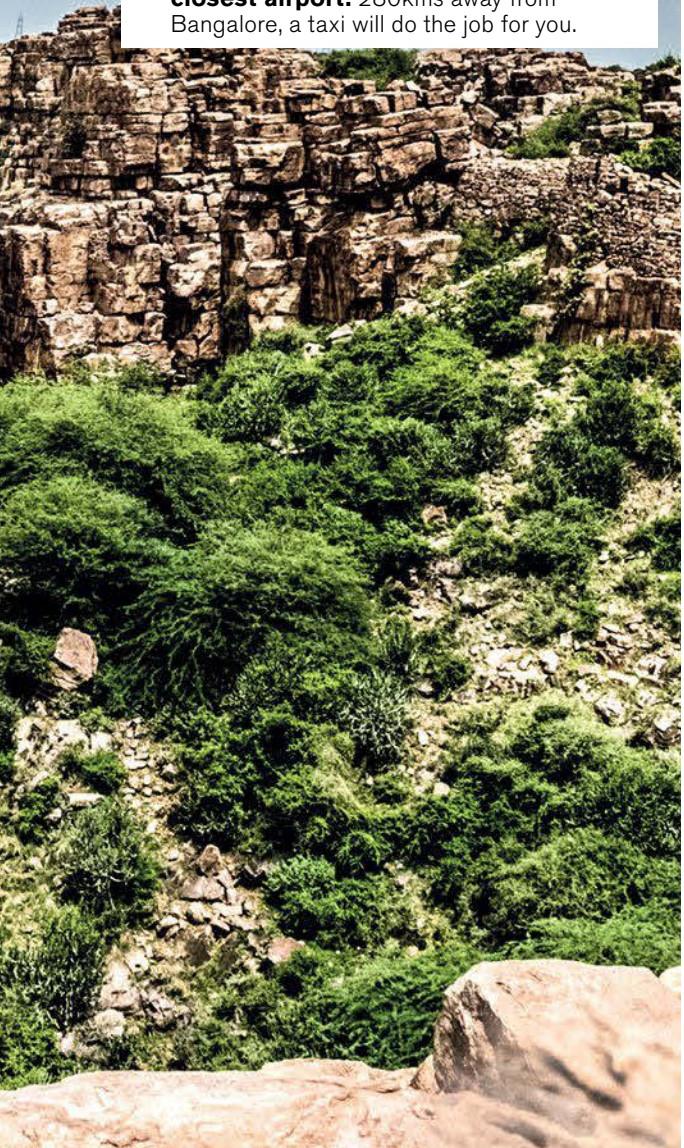
## 01 GANDIKOTA, ANDHRA PRADESH

Our very own Grand Canyon, the small village in Andhra Pradesh runs across the bank of river Pennar. Founded in 1123 during the Chalukyan dynasty, it is situated amidst beautiful landscape and wild forests with plenty of abandoned natural resources. The scale here may be minuscule in front of the 446km long, 1800m deep gorge cut by Colorado River in the US, but the setting is no less breathtaking. Now picture an unconquerable fort of red granite stone, guarded by a 20 feet high entry gate, enclosed in a fort wall running around; 101 bastions, each about 40 feet high, are cut into the fort wall; beautiful palaces with exquisite carvings; old temples, providing a look into the past with their walls, probably built by different rulers in the backdrop.

► **Best time to visit:** December to February.

► **Closest airport:** Bengaluru Airport.

► **Drive/ferry ride from the closest airport:** 280kms away from Bangalore, a taxi will do the job for you.



## 02 CHINDI, HIMACHAL PRADESH

An offbeat destination is hard to come by. Maybe, it was created by the almighty for people who like to explore the world. If you are craving for a break and do some soul searching, we suggest you take a camera, a notebook and a backpack, with some extra clothes, to trek near the village. Located amidst enormous orchards of apples and dense hilly deodars, Chindi won't disappoint. Natural therapy in the form of sulphur spring and fishing are also some of the attractions of this hill station.

► **Best time to travel:** July to August

► **Closest airport:** Shimla, Jubbar Hatti Airport

► **Drive ride from the airport:** Just a 110-km ride from the airport.



*Step brother of Gangtok*

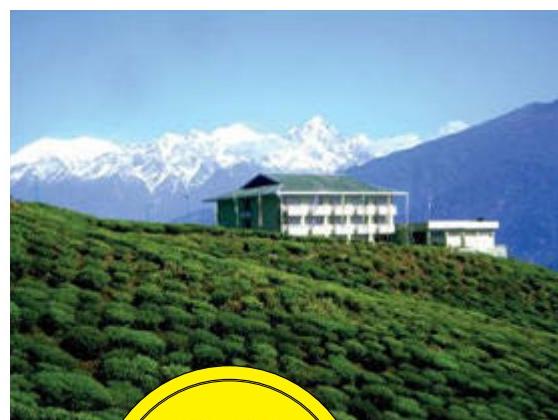
## 03 PELLING, SIKKIM

A secluded town in west Sikkim, Pelling is virgin territory that lives under the shadow of its better known sibling, Gangtok. But don't overlook Pelling. The smaller and not-so-well developed hill station equals Gangtok in beauty and stunning views. If you're bored of seeing the Himalayan range from more known tourist destinations, Pelling is the place to be. Pelling also marks as a destination where, other than that for the regular visitors, there is the monastery, a couple of really pretty waterfalls and, of course, the famous Khecheopalri Lake.

► **Best time to travel:** February to May and September to December

► **Closest airport:** Bagdogra Airport

► **Drive ride from the airport:** 150kms away from Bagdogra, regular jeeps connect this beautiful town.



### SANGACHOELING MONASTERY

The 16th century monastery is one of the oldest in Sikkim. It is accessible only on foot, the monastery is a 45-minute walk from Pelling. Remember to take permission before clicking a photo from the authorities!

### SULPHUR SPRINGS

Sulphur springs in the river Sutlej are famous for their medicinal values. A 40km ride from Chindi, you won't regret the feeling of having natural therapy in hot water for arthritis, cough and skin problems.

### SINGHSHORE BRIDGE

With a span of 198 metres and a depth of 220 metres, it is the second highest suspension bridge in Asia and one of the highest in Sikkim.

### FISHING

Love fish and fishing? Get plethora of opportunities in Tattapani as the place is also renowned for trout fishing. The season begins from March and stays on till October.

*The Golden peak of  
God's own country*

## 04 PONMUDI, KERALA

Ever heard of a place in India that comes straight out of a picture-postcard? Famous for its dramatic sunrise, the hills around Ponmudi complete the perfect view. Situated just 61kms from Thiruvananthapuram, Ponmudi in Malayalam means Golden Crown, which pretty much sums up the magic of the morning sun breaking over the town's skin. For the adventure seekers, the hill station offers many adrenaline-laced sports like trekking, rock climbing, mountaineering, etc. Tea gardens, deer park on top of a mountain, a wildlife sanctuary and biological parks too must be on your to-do list.

- **Best time to travel:** October to March
- **Closest airport:** Thiruvananthapuram Airport
- **Drive ride from the airport:** It's a one and a half ride from the capital city of Kerala.



*The luxury holiday  
you can afford*

## 05 ROSS ISLAND, ANDAMANS



We Indians have the fetish for all things foreign. Oh, admit it! We do! So a name this *phoren* had to be on the list. Named after marine surveyor, Sir Daniel Ross, visiting the Island feels like discovering a jungle-clad 'Lost City' where the ruins are from the Victorian era rather than ancient Khmer. The former administrative headquarters of the British in the Andamans, Ross Island is an essential half-day trip from Port Blair. In its heyday, it was fondly called the 'Paris of the East'. But the cute title, vibrant social scene and tropical gardens were all wiped out by the double whammy of a 1941 earthquake and the invasion of the Japanese, who left behind some machine-gun nests that are great fun to poke around in. With no human habitation allowed, the island is a place to seclude yourself from the world and be Robinson Crusoe!

- **Best time to visit:** March to October
- **Closest airport:** Vir Savarkar Airport, Port Blair
- **Drive/ferry ride from the closest airport:** 3.9kms away from the airport, get on a taxi and forget the world!



# HOW TO MASTER THE SUPERNATURAL

M Night Shyamalan tells *FHM* about beating his critics, Rubik's Cubes and the scariest story he hopes he never has to tell

Words: Matt Blake

Photography: Agata Pec



# IF YOU DON'T KNOW THE NAME M NIGHT SHYAMALAN, CALL UPON THE SPIRIT WORLD – THE GHOSTS HAVE WHISPERED IT SINCE LONG BEFORE HE WAS BORN.

It was first heard this side of the afterlife by a village psychic in India, while reading the palm of his father, Nelliate C Shyamalan. "He looked at his hand and said, 'Your name will be known across the Seven Seas,'" says Night. "My dad's reaction was, 'My God, I'm going to commit a crime, that's the only way.'"

The doctor didn't commit a crime. Instead, he emigrated to the US with his wife, Jayalakshmi, their infant children Veena and Manoj, and set up a clinic in Philadelphia. But he never forgot the mystic's words.

"He would look at his name on the sign above his surgery and say, 'This must be the name!'" Night goes on. "But whenever local kids sprayed graffiti over it – as they did everywhere – he'd scrub it off and say, 'This cannot be it.'" He spent the next 20 years searching for a sign. But none came.

"He's watching, waiting for his name while, all the time, his son is messing about with his Super 8 film camera," Night chuckles. The camera was the key. And, in 1999, it finally came true... with a twist.

"I remember my father getting out of the limo at my first premiere, and there, on the billboard above the red carpet, were the words, 'A film by M Night Shyamalan,'" Night says. "He turned to me with tears in his eyes and said, 'It happened... it finally happened.'"

That film was *The Sixth Sense*. It became one of the highest-grossing films of all time, received six Academy Award nominations, and left a generation of moviegoers unable to piss at night without thinking of Mischa Barton vomiting all over their bed. It instantly turned Night into a 'name-on-the-poster' filmmaker. His father's name was finally known across the seven seas.

**The film's success couldn't have been a more appropriate beginning for the 29-year-old film director,** who would not only become Hollywood's master of the supernatural, but also its king of the twist.

If you haven't seen *The Sixth Sense*, you

probably know the surprise (mostly when you realise Bruce Willis once had hair). With his next three movies, Night made the 'shock ending' his calling card.

He followed *The Sixth Sense*, a spine-tingling ghost story about a boy who 'sees dead people', with superhero suspense-drama *Unbreakable*, alien-invasion mystery *Signs* and psychological thriller *The Village*. To date, his films have raked in more than £1.3 billion at the box office. He is one of the highest-paid writers in Hollywood and one of the most prolific directors of his generation.

"My wife would say I've lived a charmed life," he smiles. "Basically, it's always been easy, she would say." And what about Night?

"I would say I wouldn't have it any other way," he replies, rather cryptically. "I just want to be true to myself. That's not to say I haven't personally felt..." he pauses for a moment. "Moments of great darkness. Our industry's good at giving you those."

**We're with Night in a generic London hotel room.** His mop of black hair is framed by light from the open window behind him. The trees outside whisper something about the Hollywood Illuminati enslaving us all. Possibly. Or they just rustled in the breeze. It's so difficult to tell. Anyway, Night's started talking about Rubik's Cubes.

"All I wanted to be when I grew up was a Rubik's Cube champion," he says. "I could do it in 45 seconds, without looking at it." Trouble is, freelance Rubik's Cubing isn't the most lucrative of jobs. So he became a filmmaker instead.

Manoj Nelliate Shyamalan was born on 6 August 1970 in Mahé, India before his family relocated to an affluent suburb of Philadelphia, Pennsylvania. At the age of nine, he stole his dad's 8mm camera from a cupboard and began spoofing the films *ET*, *James Bond* and *A Nightmare On Elm Street*. By the time he graduated from high school, he had made 45 short films and once told his guidance counsellor, "Making movies is not only my hobby, not only my



primary interest, not only my extracurricular life; it is my future."

There, he also shortened Manoj to M and turned Nelliate to Night. Calling himself Night was a bit like calling a tall guy Tiny: there is nothing of the night about him. He is sunny and smiley. But at work, he plays the devil with light and dark.

"The unknown is what makes things scary," he tells us. "The why, how, what... that story is more frightening than 'blood-dripping-down-the-wall' horror. I like the unknown presence that causes fear and takes you back to a childlike state. Plus, it's much cheaper to film."

Childhood is a recurring theme in Night's films: it's the kid who sees dead people (*The Sixth Sense*), or talks to aliens (*Signs*), or bends airflows (*The Last Airbender*) or is a talking humanoid mouse (*Stuart Little*, which Night wrote but didn't direct).

"It's funny," he says. "When I write, it's always children. There is something pure about the moment a child loses their innocence. When they become aware of their surroundings, but are still uncorrupted



NIGHT PLAYS THE DEVIL  
WITH LIGHT AND DARK...  
AND SPOONS

by the complexities of adult life."

What about Night's own childhood? He has many times thanked his upbringing for his success – even now, he regularly calls his mum, a retired gynaecologist, for life advice (she only lives 20 minutes down the road from his home in Philadelphia).

"My parents are really funny, really classic immigrant Indians," he laughs. "They came to the US when it really wasn't that popular to be an Indian doctor. They taught me that when you dream with enough clarity, and work hard, things manifest.

"This will give you a sense of what they're like," he laughs. "Once I said, 'President Clinton wants me to come to dinner.' My mum was like [puts on an Indian accent], 'This is great! Maybe something good will happen!' I said, 'No, mum, that is the good thing. The President wants to have dinner!'"

He laughs heartily: "In their mind, immigrants are always trying to achieve; like, 'Maybe the President will give you part of the east coast!'"

Did he? "No," says Night. "He just said he liked my movies."

**The shaft of light behind Night's head has moved with the sun.** Now it's cutting through the room like at the end of *Ghost* (not one of Night's films) where Demi Moore can see Patrick Swayze for the first time before he spirits into the afterlife. But unlike Swayze, we're not letting Night out of our sight; we want to know more about that darkness.

"Hollywood gives you a feeling of not knowing your own value," he says. "It does it to all of us. Take Robin Williams – I was so saddened by his passing, partly because I never told him what he meant to me. I'm sure in his skewed version of things he thought he was of no value. But the industry does that to you. It tells you your worth, whether that's zero or a billion."

This is a sensitive subject to broach with Night, for he knows as well as any director how it feels to be pounded by the press. While the box offices have banked him millions, the critics have not always been so kind. His 2010 outing, *The Last Airbender*, for example, made more than £250million in cinemas but was deemed so bad that it won five Razzies – trophies given to movies

judged the year's biggest stinkers.

The *Wall Street Journal* dismissed his 2008 film, *The Happening*, as a "woeful clunker." The *Telegraph* branded *The Last Airbender* as "a man-mountain of dung." The *Guardian* called *After Earth*, starring Will Smith and his son, Jaden, "a triple-whammy of abysmal acting, directing and story." That must've haunted him.

"All [the critics] can touch is your ego, and that shouldn't be there anyway," says Night. "Crush it and then what's left is something pure; the pure artist," he ponders. "That's how you should be, on a good day – the most comfortable version of yourself."

We speculate that nobody can take that kind of beating without feeling bruised. He backtracks. "Yeah, only sometimes I feel that way," he concedes. "Other times I feel like, 'Ah, this is so unfair, this is ridiculous. They're treating *Alvin And The Chipmunks: The Squeakquel* the same way as my movies and there's no way [that's a better film].'" I shouldn't let it affect me as much as it does, but I'm human. It's such a public thing."

What stops him dusting down his old Rubik's Cube? "I was on a show recently



with Steven Moffat, the creator of *Sherlock*," he says. "He was asked if he made shows for the audience, and replied, 'No, I don't even know what to buy you for a present; I would totally screw it up.' He was so right – we don't know what people want, the only thing you can do is make something pleasing for you."

So fuck the audience? "No. I guess the best answer for me is that if I can reflect myself as a human being in my making of movies, then I'll be happy. I have strong convictions creatively that I can't bend for anybody. On the other hand, I do care about people; it's important for me that you're OK and that we're connecting." Isn't it tiring having to constantly fight against Hollywood's cigar-wielding ringmasters with dollar signs for pupils?

"I feel sad when I see a movie from a filmmaker that I respect and I can tell they towed the line," Night tells us. "But that's what this business does: it just hurts us."

His words conjure up images of Hollywood as an evil organ grinder bent on beating his troupe of depressed movie monkeys into snapping their clapperboards in time with his tune. "The supernatural thriller was the dance I first danced with everybody," he says. "So they want that date over and over; or, at least, the system wants me to dance that dance – I don't know if the audience wants me to always do that."

Indeed, *The Sixth Sense*'s ending proved so sensational that, not only did it earn the movie those Oscar nods, but spawned countless copycat thrillers, each trying to out-do the last (with diminishing returns).

*Unbreakable*, *Signs* and *The Village* also had 'gotcha' endings, earning him a reputation as the Twist King. He became so good at it that the only possible plot twist his audience wouldn't see coming was no plot twist at all. So that's exactly what he did.

"Coming off *The Village*, I had a sense of, 'Do I really want to make another movie with a twist, back to back?'" he says. "No. I'll go do something different."

So, in 2006, he made *Lady In The Water*, a modern-day fairy tale about a man who finds a water nymph in his swimming pool. It bombed, making only \$72million from a \$70million budget.

"It was one of my favourite experiences, and my least successful movie," he says. "But the handful of people that saw it, it [became] religion. It was religion to me, too."

A weaker director might have considered hanging up his clapperboard in the face of

ON THE SET OF THE VILLAGE IN 2004



such a beating. Not Night. He issued a bespoke form of payback on his critics: the hack in the movie gets eaten by a monster.

"If you don't put one foot into an area that scares you, you're not doing it correctly," he says. "There's no way around that. You're an artist, you have to make yourself vulnerable. If you don't, you're not an artist."

**Still, when Hollywood's helter skelter does all get too much,** Night has the medicine: 182 chest-beating minutes of pure, bellowing Mel Gibson.

"I pop in *Braveheart*," he says. "That's my go-to 'I feel like beating somebody up' film. It's a male fantasy to have something so fierce inside you that you can take on a country. For me, [the movie] is the line that I strive for – like the kind of giant commercial movie that studios think of, but that has depth and is so effortlessly itself. It

just so happens to be a total cheeseburger as well."

In fact, Gibson starred in Night's movie, *Signs*. They're mates. "It was lovely when I worked with him," says Night, with a smile. So he's not like what we see in the media? "He was an incredibly sweet guy, a hard worker; we couldn't have been any closer," Night says. "He was like a big brother to me."

We decide it's best not to pull on that thread too hard. Anyway, our time together is almost up. The trees have stopped whispering and the clouds have moved over the sun, casting a spooky shadow across the room. But Night is still as bright as ever.

"My advice to anyone getting into the business is: don't try to be me, you'll lose. Don't try to be someone else. Be yourself. Always yourself. If you can be exactly that, you have a strength that's so specific, it's incredibly powerful." That's where lies Night's core heroism – in his ability to stay true to his principles in spite of criticism. There's one question left to ask. He's made a career of giving us the heebie jeebies for the best part of 14 years, playing musical chairs with our most basic existential fears. But what frightens M Night Shyamalan?

"I just want to tell my stories, that's all," he says with a smile. "My only fear is that I won't be able to tell them to anybody, that they won't be able to hear me or that they won't get it. That's the scariest story I know."

Given how well his career is going, that would make for an unexpected twist.

*Night's new series, Wayward Pines, premieres 14 May on Fox*

# "HOLLYWOOD GIVES YOU THE FEELING OF NOT KNOWING YOUR OWN VALUE"

# NOW MAKE A SUSPENSE THRILLER LIKE M NIGHT SHYAMALAN

The master of spine-chilling cinema ending uses some of the greatest tropes in film.  
Nick de Semlyen, reviews editor at Empire magazine, picks six of his favourites

TROPE  
SURPRISE  
TWIST



TROPE  
TROUBLED  
HERO



TROPE  
COLOUR  
SYMBOLISM



FILM: *The Sixth Sense*, *Unbreakable*, *The Village*.

WHY IT WORKS: The spoiler warning may as well have been invented for M Night Shyamalan films: many of them boast outrageous rug-pull endings that leave viewers dizzy and desperate to watch what they've just seen again. Fun fact: *The Sixth Sense*'s revelation was less of a surprise in China, where the film was released with the over-informative title, *He's A Ghost*.

YOU WILL NEED: An innocent child with a gift, Bruce Willis, and dead people.

ALSO SEEN IN: *Fight Club*, *Shutter Island*, *The Usual Suspects*.

FILM: *The Sixth Sense*, *Unbreakable*, *Signs*, *Lady In The Water*.

WHY IT WORKS: The stakes of a suspense movie are higher when the hero is a fuck-up. Will they manage to shrug off their demons and solve the mystery? Will anyone believe them if they do? Many of Shyamalan's lead characters are loners, like security guard David Dunn (Bruce Willis) in *Unbreakable*, a man who is blighted by marital problems, unemployment and a really boring name.

YOU WILL NEED: An actor who can look depressed, and a tragic back story.

ALSO SEEN IN: *Vertigo*, *The Woman In Black*, *The Girl With The Dragon Tattoo*.

FILM: *The Sixth Sense*, *Unbreakable*, *Signs*, *The Village*, *The Happening*.

WHY IT WORKS: Like Stanley Kubrick before him, Shyamalan is a master at using bright colours to manipulate our emotions. In *The Village*, yellow means good; red means very, very bad. In *Unbreakable*, the hero and villain are delineated by the colours green and purple. If you look down and see the colour brown, you may have become too frightened by the film and should make your way to the nearest bathroom.

YOU WILL NEED: Paintbrush, paint.

AS SEEN IN: *The Shining*, *Spirited Away*, *Sleepy Hollow*.

TROPE  
CREEPY  
SETTING



TROPE  
Wise  
child



TROPE  
M NIGHT  
SHYAMALAN



FILM: *Signs*, *The Village*, *Lady In The Water*, *The Happening*.

WHY IT WORKS: Don't set your thriller in a sunny meadow. Unless it's one infested by killer bees. Or, as in Shyamalan's *The Happening*, evil wind. Taking its cue from apocalyptic classics of yesteryear, the film amps up our anxiety with images of eerily deserted city streets and farmhouses. See also: *The Village* (a fairy-tale forest full of menace) and *Lady In The Water* (a Philadelphia apartment complex in need of both a handyman and an exorcist).

YOU WILL NEED: Shadows, spooky music, a disturbing paucity of people.

AS SEEN IN: *28 Days Later*.

FILM: *The Sixth Sense*, *Signs*, *The Last Airbender*, *After Earth*.

WHY IT WORKS: In scary movies, the kids are usually the first to identify the threat. "There's a monster outside my room. Can I have a glass of water?" asks Bo, played by five-year-old future star Abigail Breslin, in crop-circles chiller *Signs*. As with Cole in *The Sixth Sense*, the grown-ups don't know whether the danger is real, or just in the kid's head. Either way, it's a sure-fire shortcut to the heebie jeebies.

YOU WILL NEED: A precocious child actor (pushy mother optional).

AS SEEN IN: *Pan's Labyrinth*, *Aliens*.

FILM: Most of them.

WHY IT WORKS: M Night Shyamalan loves to show up in his own films, often casting himself as someone heroic or there to deliver a key bit of information. So there's an element of suspense in waiting to see exactly how he'll shoehorn himself into the plot. He's a doctor in *The Sixth Sense*, a neighbour whose knowledge saves the day in *Signs* and a writer with the power to change the world in *Lady In The Water*. Perks of the job, eh?

YOU WILL NEED: A director who might just be a frustrated actor.

AS SEEN IN: Any Hitchcock film.



# THE (ALTERNATIVE) END OF SEASON FOOTBALL AWARDS

2015

*Is it June already? Come with us now as we wrap up the wonderfully weird footie year gone by*

**Words:** Nic English, Joel Golby and Daniel Sandison

**Illustrations:** RE Wilkinson

# VINNIE JONES AWARD:

## > NIGEL PEARSON

Soon after telling one of the King Power Stadium faithful to "fuck off and die", the Leicester manager decided to pin James McArthur to the ground by his throat after the Crystal Palace midfielder accidentally bumped into him. At the post-match conference he told reporters that "I can handle myself". Indeed so, Nigel.



## BEST ACCUSATION: EMMANUEL ADEBAYOR

Speaking to Peace FM, the malfunctioning Spurs striker said: "How can I talk to a mother who together with my sisters has been plotting juju against me." Is Harry Kane a manifestation of this witchcraft?

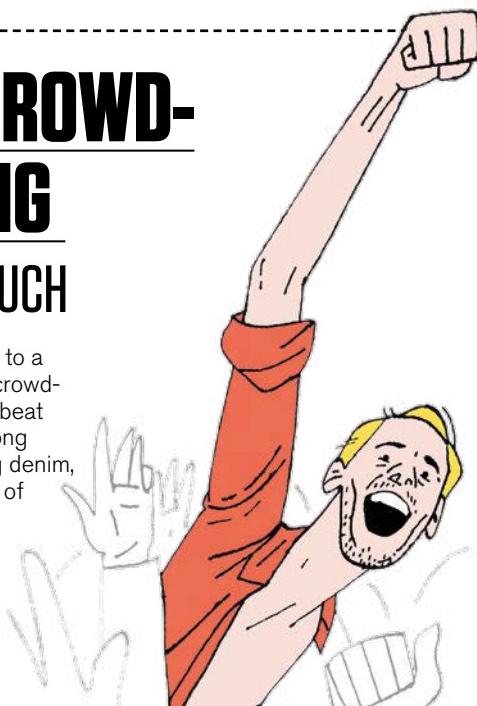
## EXCUSE OF THE YEAR: STEWART DEVINE

It was the biggest match in Bo'ness Utd's season – a Scottish Cup clash with Arbroath. Imagine fans' delight then when they received this message about their star player: "Bo'ness are without Stewart Devine, who misses the tie because he is on holiday."

## BEST CROWD-SURFING

## PETER CROUCH

> Peter Crouch went to a Kasabian gig and crowd-surfed after Stoke beat Arsenal. With his long limbs and appalling denim, it was the essence of 2006 distilled into a single moment.



## NICE GUY PRIZE: MESUT ÖZIL

The Arsenal midfielder solidified himself as an absolute ace after paying for 23 Brazilian kids to have surgery following the German World Cup win. Necessary surgery, by the way. He didn't just pay to have wings put on them for his own twisted entertainment.

## SERVICES TO HEALTH SCARES: DELE ADEBOLA

A brief crack of light in the dark midst of the horrible Ebola crisis: the former Birmingham striker whose surname makes it really sound like he has Ebola, was forced to deny that he had Ebola. Next season: Tranmere Rovers midfielder Max Power will be forced to admit that sometimes he travels at about half-speed.

## MONEY SHOT OF THE YEAR: A PIGEON

A moderately talented but slightly lazy winger who loves a dive, Ashley Young's never been the league's most popular player. As a result, fans were overjoyed when an overhead bird landed a good old chunk of mess right in his perennially open gob. It's not all glory at Manchester United, is it, Ash?



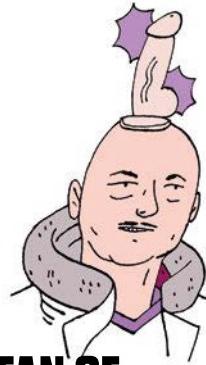
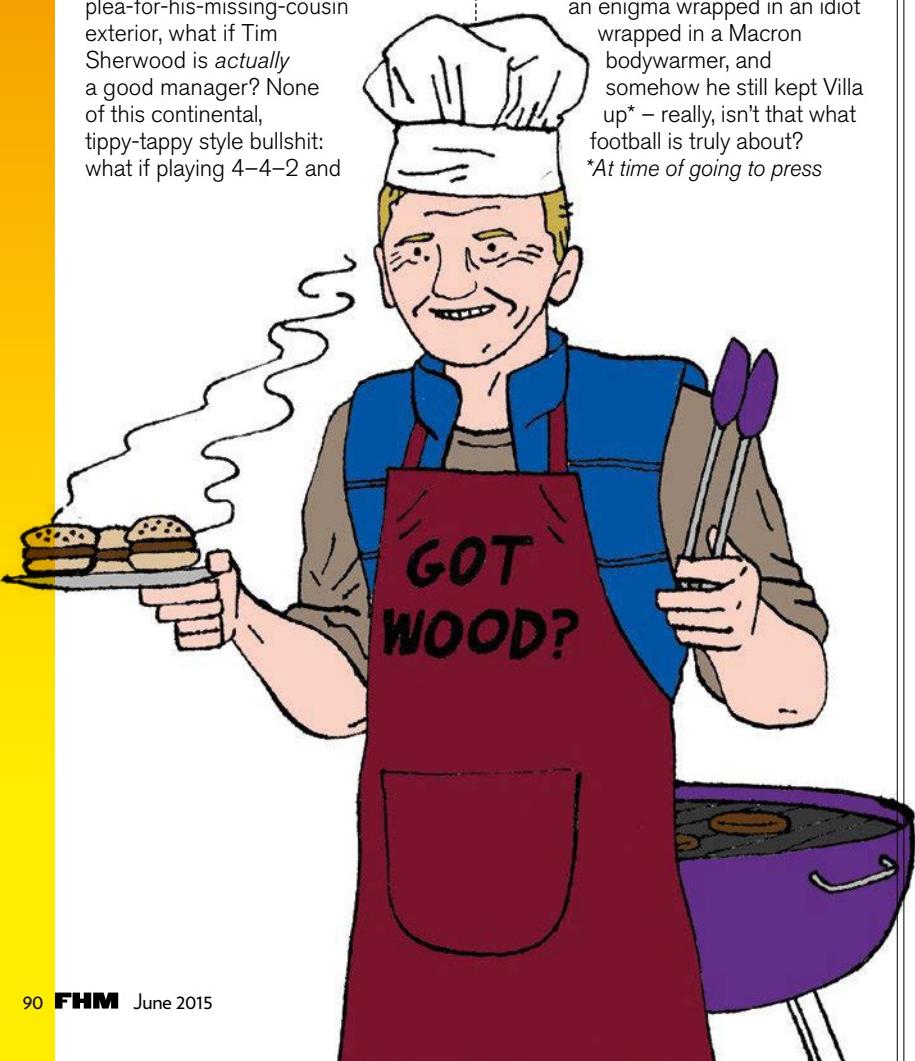
## TIM SHERWOOD

# THE HERO THE PREMIER LEAGUE NEEDS

BY JOEL GOLBY

It needed something special to perk up a season where Chelsea's imperial death march towards the title seemed inevitable from September, so praise the gods for Tim Sherwood – the human gilet, the bewildered taxi driver who somehow ended up on BBC News, the athletic David Brent. Following Paul Lambert's reign of monotonous terror, Villa needed a kick up the backside to avoid relegation, which is, annoyingly, exactly what Sherwood gave them. Because that's the fear, isn't it? What if, beneath the salutes and the grizzled alky-murderer-dad-cleaned-up-by-the-police-to-make-a-plea-for-his-missing-cousin exterior, what if Tim Sherwood is *actually* a good manager? None of this continental, tippy-tappy style bullshit: what if playing 4–4–2 and

telling Charles N'Zogbia to "cheer up, fucker" is all management really is? Because, while not revolutionary, Villa did turn things around. How did Sherwood manage that? Because he's an uncle at a BBQ who insists on sloshing lighter fluid on the charcoal; he's an ASDA shift manager who won't give you the day off for a funeral because "rules is rules, I'm afraid"; he's someone's friend who's tagged along with you all on a stag do and keeps saying, "This is great fun, lads, do you always do stuff like this?" and keeps having the bouncers over to talk to him about his conduct towards the barmaid. Tim Sherwood is an enigma wrapped in an idiot wrapped in a Macron bodywarmer, and somehow he still kept Villa up\* – really, isn't that what football is truly about?  
\*At time of going to press



## FAN OF THE YEAR: ASTON VILLA DICK HEAD

After years of dour football, late in an FA Cup quarter-final against their city rivals where they're likely to go through, it's logical that some Villa fans would want to get on the pitch. What's less logical is that you'd do so with a dildo on your head.

## DENIAL OF THE YEAR: RONALDO

What's the best thing Cristiano has done this season? No, it's not winning the Ballon d'Or. It's being forced to make a public statement diffusing the rumour that he privately refers to Lionel Messi as 'The Motherfucker'. "I have assured my lawyer takes action to sue those responsible," he said. Still, he definitely does, doesn't he?

## PAPER-BASED PITCH INVASION OF THE YEAR

England have been boring under Roy Hodgson. Remember Euro '96? France '98, when we really thought we could do it? Remember Sven's philandering and Fabio Capello's mania? Now, the most interesting thing that can happen at an England match is someone pulls off a one-in-a-billion paper aeroplane shot and clunks Peru's Hansell Riojas in the face. It's not coming home any time soon, is it?



## 'THE STATE OF HIM' 2015: PHIL JONES

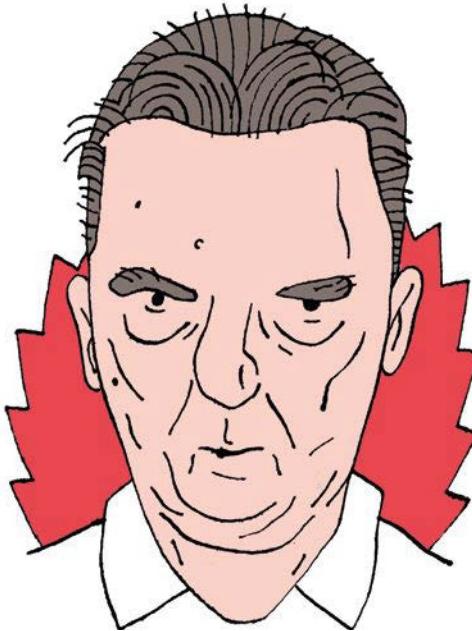
You know that lad from school who got really into Rihanna and Ed Hardy early doors and has never really recovered? That's Man U's Phil Jones, that. Don't believe us? Look at his Instagram. The man is a car crash of ill-fitting denim, diamanté and Grey Goose.

### LOWEST MOMENT: ADEL TAARABT

The run-phobic Moroccan midfielder responded to Harry Redknapp's jibes about his weight by appearing in the *Daily Mirror*, grinning, with his shirt pulled up, displaying his stomach. True, it showed that he wasn't that overweight, but he looked like a proud five-year-old going potty without any help for the first time.



# HOW TO GET RESPECT LIKE LOUIS VAN GAAL



*The Manchester United manager is a terrifying man – one who commands respect whether he deserves or not. We asked behaviourologist and body language expert Mark Bowden to tell us how he does it...*

Louis Van Gaal has two very separate personas of behaviour. He fluctuates between cold and hard, and then warm and cuddly. This sets up an unpredictability that is unnerving and therefore potentially powerful for him.

If you are a player that has taken his help and performed well, he shows you the ecstatic, high-five gesture and gives you a big warm, cuddly man-hug. You can see how much this delights the players, especially as moments before he was instructing them with an aggressive head-down demeanor, walking into their personal space, causing them to back up and be intimidated.

The aggression and then, moments later, love, is highly effective in manipulating players looking to gain his respect.

If you are a reporter that does not side with his self-assumed brilliance he shows you a steely glare and uses cold tones to demonstrate his anger and contempt. In many of his pictures and videos he shows the forehead down, targeted stare and tight upper lip associated with anger.

If might be fair to classify his personality as narcissistic demonstrated by the way he treats anyone not respecting his acts or advice. His bully-like non-verbal behaviour, which can turn on a dime into physical outburst when he's shown to be right, means that you could describe his personality as unstable.

This is not a behaviour that earns respect but rather manipulates or demands it. As a result, LVG's is not a management style that would be recommended to anyone who is not already in a position of high power. It's all about how he's holding onto his power rather than earning it.

## SERVICES TO SMOKING: WOJCIECH SZCZĘSNY AND JACK WILSHERE



Was it really any surprise two of Arsenal's leading lights were busted for (repeatedly) puffing tabs this season? Look at them. It's a wonder Wilshere doesn't substitute his mid-match Lucozade bursts for a short handful of chips.

## SERVICES TO MEDIOCRITY: MICHAEL OWEN

The news that the BT Sport pundit has only ever watched eight films was unsurprising. Owen forever resembles a man who's entered a room but forgot why he walked in.

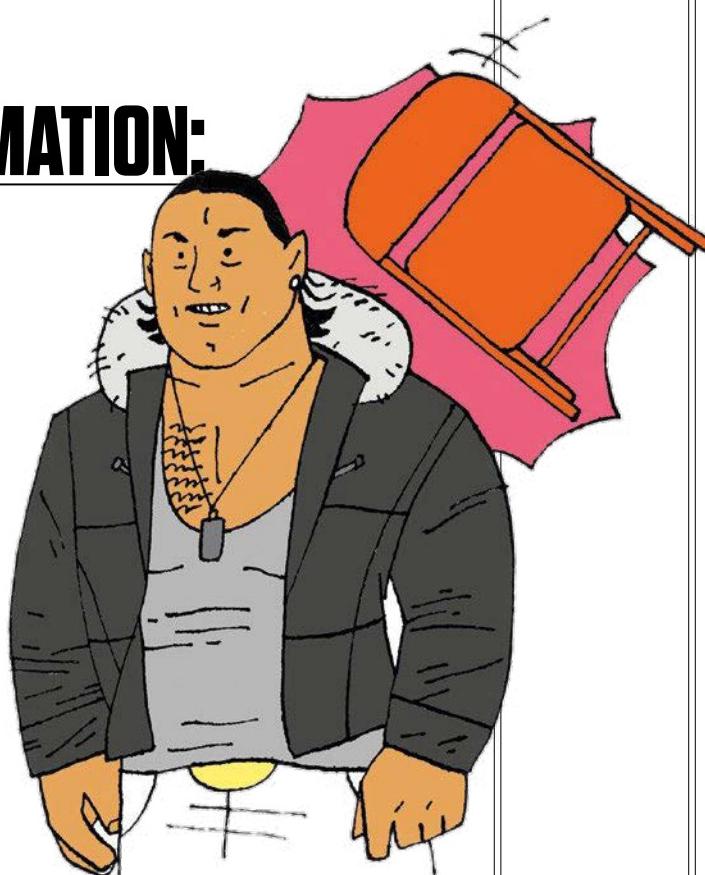


## BEST HAIRCUT: DENNIS WISE

Not content with the legacy of being football's angriest man during the '90s, Wise appeared on our screens sporting perhaps the worst barnet of all time. Part choir boy, part mini-Führer, the end result was a kind of malformed Kenneth Williams

## SCARIEST TRANSFORMATION: TIM WIESE

"Remember when that German goalkeeper got involved in pro wrestling because he was quite clearly having a breakdown?" we'll laugh in the not-too-distant future. For the time-being however everybody seems really supportive of Tim Wiese's foray into the world of oily, stripped-to-the-waist fake-combat. Leave him to it, lads. He'd absolutely batter you.



## SMARTIEST CLUB AWARD: BAYERN MUNICH

They've won the Bundesliga, the Champions League, and essentially the World Cup, and now German giants Bayern Munich have paid off the debt on the Allianz Arena 16 years early, essentially making them that smug mate of yours who bought a house before the recession and now is 60 per cent done on his mortgage.

## AWARD FOR SERVICES TO WORDPLAY: VINCENT KOMPANY

The Man City captain set up two bars in Brussels and Antwerp called 'In Good Kompany'. It's unknown whether all beers are served with an enormous head, in honour of the founder.

## BIGGEST BABY: YAYA TOURE

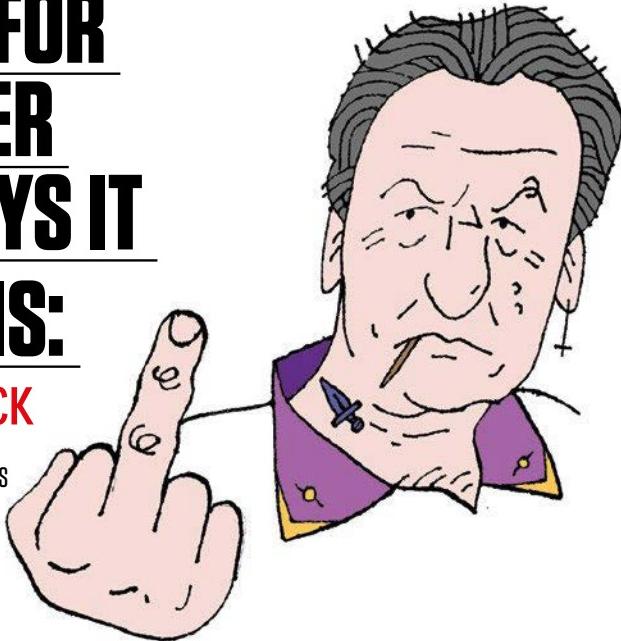
Yaya Touré had clearly never endured a birthday at work when he cited Manchester City forgetting to congratulate him for turning 31 as a reason for wanting to leave the club over the summer. A video was promptly produced showing the entire squad singing *Happy Birthday* to the midfield colossus as he was presented with a massive cake.



# AWARD FOR MANAGER WHO SAYS IT HOW IT IS:

**NEIL WARNOCK**

AS TOLD JULIAN BENNETTS



"I've tried to be a straight-talker all my career. It's cost me quite a few quid in fines but I don't regret much, even though some see me as a Marmite-type character."

"Managers are gagged too much. You don't see them as they really are. I remember when we used to be able to say things in public. I got fined £9,000 in November for comments I made about referee Craig Pawson after my Crystal Palace side lost to Chelsea. I was told I insinuated bias from the referee. What a load of hogwash! I read comments from other managers every week that are worse than what I said and they aren't charged."

"Brian Clough was my hero growing up but I don't think he'd be able to cope with management now because the money involved in the Premier League is just unbelievable."

"They said there would never be a £1m player before Brian bought Trevor Francis."

Well, soon we're going to have a £100m player. The money involved means players have changed, so managers have changed too. Managers simply can't rule and get the respect using the same methods we used to.

"You used to throw a few teacups or fine a player, but that's unheard of now. A fine just doesn't do any damage anymore as players earn so much money."

"Ten years ago managers had all the power. Five years ago it was even. Now players hold all the aces. Soon there won't be managers in the traditional sense, just first-team coaches."

"Clubs have changed so much. Sir Alex Ferguson, Harry Redknapp, myself – when we have a job we want to run the whole club. Now chairmen want to be hands-on."

"To sum up my managerial style, I'd say I get the respect of players. If you're honest with them that's all you can do."

## BEST SUPLEX: SHABIR KHAN

With Tim Weise making the bewildering leap to WWE, might we suggest Worcester City's Shabir Khan has a go at Mixed Martial Arts? Because, during a game against Stockport County, the Pakistan international reacted to a bad tackle from Charlie Russell by hugging him around the waist and German-suplexing the bejesus out of him. Your move, Lee Catermole.

## DRAMATIC IRONY OF THE YEAR

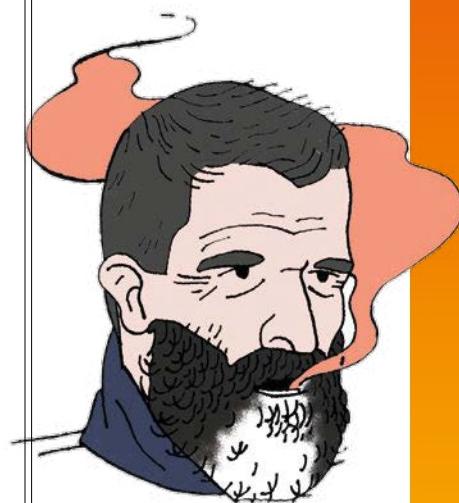
Physios are there to protect our millionaire, ball-kicking heroes. So when one of them gets hurt, it's like seeing the wires holding up Peter Pan. England physio Gary Lewin, created one of these moments during the World Cup with a display of English *passion!* Lewin dislocated his left ankle and fractured his leg in three places. *Passion!*

## DIG OF THE YEAR: EDURNE GARCIA

"Manchester is uglier than the back of a fridge," sounds a little bit like something from a particularly lazy Morrissey pre-chorus. It's not though. It's what Manchester United shot-stopper David de Gea's girlfriend said about the lovely city of Cottonopolis.

## BEST BEARD: ROY KEANE

Roy Keane's beard, which somehow was not grey but both darkest black and whitest white simultaneously, was terrifying and bewildering in equal measure. It looks like it would hurt to touch.



## BIGGEST MIDDLE FINGER TO RACISM: DANI ALVES

Bad year for racism in football – everyone's racist, it turns out, especially on the Paris metro – but the Barça right-back takes the gong for best "eff you" to bigotry by peeling and eating a banana thrown at him by Villareal supporters. How stupid are these racists? Bananas are really good fuel for athletes! You're only making him stronger, you morons!

## SADDEST MONTH IN THE MIDLANDS: NOVEMBER

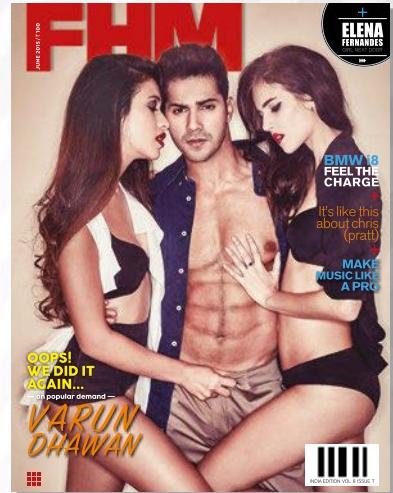
High on the list of 'Most Aston Villa Things to Ever Happen to Aston Villa' is November's news that the club had to cancel their goal of the month competition because they didn't score any.



**L'Officiel India**  
Luxury fashion bible

## ONLY THE BEST READERS

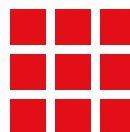
From fashion to luxury; from street-smart to business-savvy; from lifestyle to health-conscious—we provide an all-round reading experience that transcends knowledge and luxury.



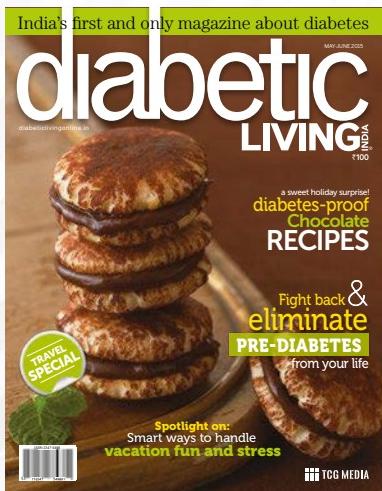
**FHM India**  
Stuff that men dream of

## ONLY THE BEST ADVERTISERS

Only visionary brands advertise with us.



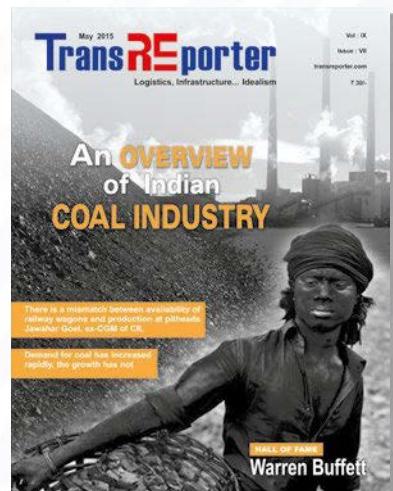
# TCG MEDIA



**Diabetic Living**  
India's first and only magazine about diabetes

## WE HAVE FOUR BUT WE ARE#1

Under a robust umbrella, the company's prowess lies in creating unity in diversity.



**Transreporter**  
Logistics, infrastructure... Idealism

# UPGRADE

THE ENDLESS QUEST FOR IMPROVEMENT



STYLE THAT IS IN

100 OWN ONE OF THESE OBJECTS OF DESIRE

102 BRIGHT COLOURS ARE THE FLAVOUR OF THIS SEASON

106 FIT YOURSELF IN THE COOL GANG

113 GIONEE BOMB IS READY TO FIRE ALL CYLINDERS

upgrade

06/15

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# Keep your COOL

SUMMERS ARE GEARING UP TO SLOW-ROAST US. BUT WE HAVE A GAME-PLAN TO HIT SCORCHERS OUT OF THE BALLPARK. FOLLOW OUR DRESSING MANTRAS FOR THIS MONTH AND, WHATEVER HAPPENS... KEEP YOUR COOL.

## TRENDS

Thomas Pink



UCB



UCB



### SHIRTS

Here's how you can be your casual best with simple cotton shirts for an eye-catching look. Mix it up with checks or thin denim!



Park Avenue

**ENSEMBLE**

Relaxed casuals are making heads turn with their characteristic breeziness. Take it up a notch with pairing shorts with a dinner jacket and gather compliments wherever you go.

Raymond

FHM LOVES



## ACCESSORIES

### EYEWEAR

Just the thing one needs to add an extra dash of colour. Don't be afraid to experiment and wear it with attitude!



Emporio Armani



Maui Jim



Oakley



Versace



Prada



Ray Ban



Hermes



Sisley



UCB



Corneliani

### BELTS

Simply put, belts can prove to be the slim difference between classy and tacky. Here's our pick of the trendiest ones for this month.

UCB





Tod's



Heel &amp; Buckle



Hermes



Tom Ford



Corneliani



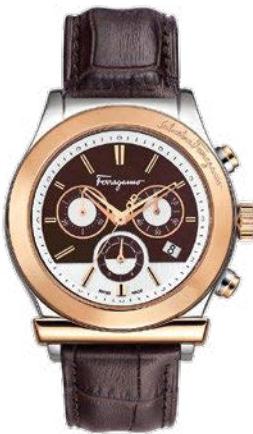
Breitling



Seiko



TAG Heuer



Ferragamo

**WATCHES**

More a matter of personal style, really, the companion for your wrist talks volumes about you. So choose one that is an extension of your personality.



Versace



Hermes

**FRAGRANCES**

Smokey or woody... summer fragrances play havoc on people's minds like nothing else! Choose one that has fruity undertones to keep you fresh all day.



Bentley

*If you've always dreamed of becoming the ultimate man, upgrade your aspirations NOW! Memorise everything on this list and work your smart-ass off to eventually own these...*

# OBJECTS OF DESIRE

## **BEOLAB 18**

From the Love Affair Collection of Bang & Olufsen, this is the latest development in the evolution of speaker design. The concept combines model, acoustic technology and unprecedented sound performance, taking wireless audio quality to a whole new level.

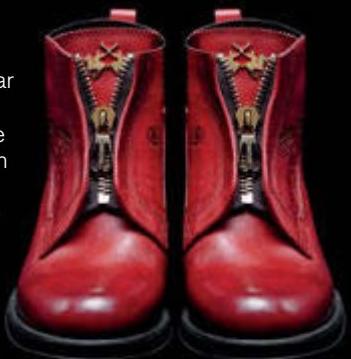
Price: ₹9,15,000





### THE V RENAISSANCE LEATHERHEAD

Get your helmet customized with leather or get a TVR Leatherhead and build a bike around it. These ergonomically designed helmets are built with Top Grain Leather for a falter-proof safety and comfort. You may customise them as per your bike's aesthetics.  
Price: ₹19,950



### "CORTOS" LA MARTINAD

Cortos boot from the Argentine luxury sports and leisurewear brand, La Martina, takes its cue from the brand's experience on polo fields. It's a revised version of the heavy polo boots, shortened at the ankles and features a lighter structure making it easier to walk in.

Price: ₹29,990



### BVLGARI MAGNESIUM 2015

A self-winding mechanical watch, Magnesium is a 'Wrist Vault' and the first 'Concept Watch' to guarantee total security of personal information. Bvlgari partnered with data security organisation, WISkey, and launched a vault app that stores the backup of most of your personal information.

Price: ₹3,10,000



### KING OF PEARL PRESTIGE COLLECTION DUPONT LIGHTER

The Prestige lighter in yellow gold finish is decorated with sculpted elements such as a delicate mermaid and a crown on its back, with a black Mother of Pearl Cabochon cut adorning its front. The cutting edge craftsmanship symbolises the rich heritage of S. T. Dupont.

Price: On request



### MONTEGRAPPA CITTÀ D'ARTE VENEZIA STERLING SILVER PEN

This limited edition fountain pen has been created to pay homage to Italy's culture and tradition, particularly Venice. The hallmark of the pen is its intricate design of Saint Mark's Basilica on the barrel of the writing instrument.

Price: ₹1,43,000

## upgrade STYLE ADVICE

**Rishi Nayyer:** What do you suggest that I can wear to a casual get-together without going overboard with my look?

**Hemant Sagar:** A long sleeved tee with a pair of trousers—not denims—worn with moccasins is a casual dressy solution. It's good to pay attention while getting dressed as one's behaviour subconsciously follows the level one opts for. One does not imagine the impact of even subtle nuances of one's own behaviour on others.



**Akash Mondal:** I want to start carrying a satchel whenever I move around. Is there a rule that it always has to be slung across? What look does it look best with?

**Hemant Sagar:** There are no rules in fashion and anything worn properly with conviction and self confidence will always contribute positively to the wearer's image—even the simplest accessory such as a satchel. Wearing it slung over a suit is a nice option.



**Sebastian Victor:** I love wearing linen. However, the problem with linen is that it starts to crease almost immediately after wearing it. Can you tell me a way to minimise, or delay, the creasing that occurs?

**Hemant Sagar:** There are plenty of non creasing blends with cotton, viscose, rayon and many more, available now. All these materials are made specially to keep the look of linen without the crease. It is a matter of confidence to wear pure linen and to make it match that unshaven beard you might be sporting—it can look seducing only if you are sure of yourself. A linen suit should be worn with shoes and without socks.

# STYLE MANTRAS

Have a style dilemma that you don't know who to ask? Fret not. FHM, in collaboration with an ace fashion designer each month, will clear your sartorial doubts. This month let's put our hands together for **HEMANT SAGAR** from the label, Lecoanet-Hemant.

**Leena Kochar:** What fabrics, other than linen, should be preferred to keep the temperature under check?

**Hemant Sagar:** Apart from cotton and viscose blends, there is a vast array of fabrics available; you just have to keep your eyes open for them. There are plenty of new intelligent materials that evacuate transpiration from the body. I would strongly recommend simply going ahead and trying them out as they are innovative and efficient. There are also some new materials such as summer wool, which work very well.



**Vaibhav Nagpal:** With the Indian summers already upon us, what colours do you suggest for Indian men to be seen in?

**Hemant Sagar:** It's logical to be dressed in light colours in summers as they help the body in absorbing less warmth. A mix of pastels and white is a great summer theme. The freshness of white and pastels is a rejuvenating message. Very strong colours, especially for the new sporty looks, are also a topic this summer and are a great alternative as well.



**Mohit Suri:** I want to wear more of shorts this season to outings. What look do you suggest that I can incorporate? What footwear will go best with this look?

**Hemant Sagar:** The new way of being elegant is to wear shorts with a jacket, i.e., a short suit that looks great with buckled sandals or docksides. However, we suggest you keep a close eye on the venue and social setting for the evening as some properties have dress codes that do not follow fashion—I got kicked out of one of top Delhi hotels wearing this. Slim shorts are a great new way to wear shorts. Cargo Bermudas have a tendency to come across as less dressy.



**Jai Chauhan:** I have a couple of formal events lined up for this month. What are my choices in western-wear to keep it simple and classy? Any trends from the past that are making a comeback?

**Hemant Sagar:** Fashion is only about comebacks—even if never in the same way! I have a liking for cotton suits worn with a simple non printed tee. A dark blue, lightweight cotton gabardine suit will look formal and feel like a shirt on the body for any dressy occasion. You could also go for a crisp shirt with a nice slim pair of trousers and be sure to get the belt and the shoes elegantly matching without being of exactly the same tone.

## About Lecoanet Hemant



They've dressed international film stars and French aristocrats. Award-winning design duo Hemant Sagar and Didier Lecoanet combine fluid silhouettes with intricate detailing—bringing the precision of haute couture to pret-a-porter. Designs are architectural; with pure clean lines (le corbusier and mondrian are key influences).

GROOMING

# THE HOLIDAY COUNTDOWN

*Put in the prep to make sure you look up to scratch on the beach*

## 2 WEEKS

Neck a load of vitamins. Vit B helps ward off mosquitoes and vitamin C prevents heat rash.

Whiten your smile with a toothpaste such as Oral B.

Start exfoliating now and by the time you're in the sun, there won't be a rough patch in sight.

Tone up outside the gym with a serum like Garnier.

## ON THE DAY

Have a shave with a Wilkinson Sword Hydro 5 Groomer.

Brush, floss and mouthwash. You won't blag free miniature boozes with honking breath.

From departure lounge to landing, you'll be chugging the beers. Hit the H2O before you go.



## 1 WEEK

Seeing the barber seven days before you depart leaves time for you to get used to the new do.

Moisturise everything so the sun doesn't suck all the water from your body.

Late nights at work to make up for time off mean you get big old eye bags. Tend to your peepers with an eye roller like Bull Dog's (₹2,490, Elitify.com).

## 2 DAYS

Whack a facemask on for supple skin.

If you tan and turn weird shades of purple and black, then common sense suggests a heavy duty sunscreen.

Get a back, sack and crack wax. Don't leave it any later or you'll be red and bumpy when it's time to strip off.

# GATSBY

**NEW** Deodorant perfume spray

#stayswithyou



Quick Drying and non Sticky  
**Contains Triclosan**  
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# CHIME WITH THE COOL ONES (PERSONALITY LIFT)

**The feeling of being left out in a group of 'cool' mates is not a terminal illness. FHM describes the subtleties of fitting in with the rest in the group.**

I think it was Norman Vincent Peale, the overhyped-modern-day-Jesus whose Bible finds a place in almost every bookshelf around the world, who said, "Shoot for the moon. Even if you miss, you'll land among the stars." Cool quote. But coaxes you to feel contended settling for the second best. Well, if you strive to be on the top of the popularity yardstick, take our advice, there's more than just a single slot

available, so shoot for the moon and keep shooting till you friggin' blow its head off!

**THE MISSION:** To grab a seat among the coolest gang in office/college/anywhere else. Thankfully, social psychology doesn't work the same way as international politics does. So, the pursuit of this amazing quarry isn't the same as India vying for a permanent seat in the Security Council.

They may be cool, the group guys, but they are still people, not very different from you.

**THE STRATEGY:** Don't make a big deal out of it and take one step at a time. Remember, you just want to fit in, and not be an ass-licking nincompoop. So, no compromising with your comfort zone! Just follow these 8 simple rules and rock the new group your own way.



## 1 THIS IS ME

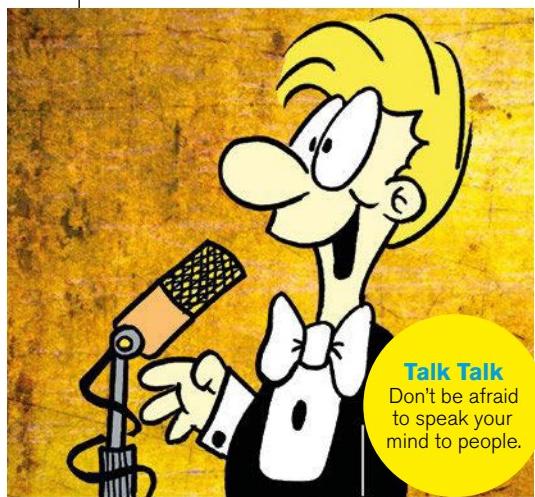
Upgrading yourself is fine but you're entering into the douche category if you start behaving pretentious in a specific company. Also, feigning your personality leaves you in an uncomfortable zone

of a no man's land that has an embarrassing road back. Everyone is different and has a unique personality which is distinct from others. You may be inspired by someone or someone may have a

strong influence on you, but trying to be like them may backfire. Trying to fit in should not take the authenticity away from you. A distinct personality always stands out in the crowd.

## 2 THAT'S WHAT I THINK

You've written essays on cows, at some point or another, in school. Remember the most prominent line that always fetched the teacher's tick mark? "Cow is a bovine animal." If you turn into a bovine creature, you become a cow and people just don't take notice. Have something to say, always. If it calls for expanding your horizons of general awareness, do so. Speak up with confidence, not only because it's more interesting that way, but also because that makes you look influential. People love, admire and envy, (and not just the opposite sex), the ability to project an honest opinion. So speak up, even if you contradict.





## Pure Science

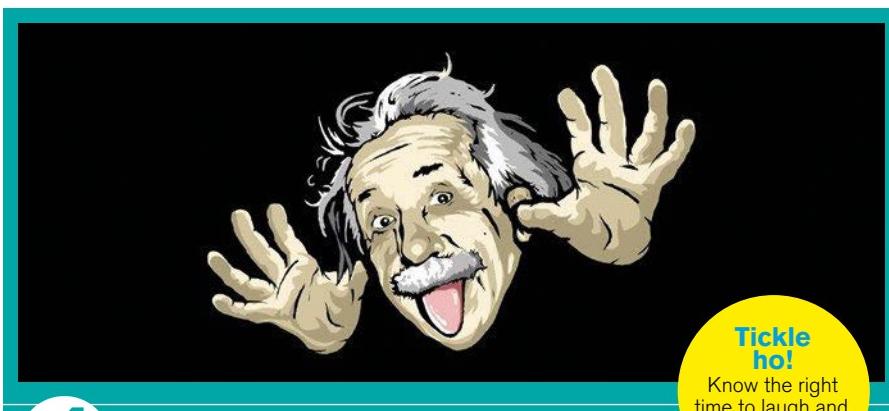
Hear, understand, evaluate, remember and respond.

### 3 WHAT WAS THAT?

It's not about enhancing your capacity to hear well. Listen. Pay attention. Remember that quiet, solitary guy with intense looks, in old

westerns, who stood aloof at the bar of an unaccustomed town, chewing on the butt of his cigar? He'd be easily welcomed to the gang,

because he listened well and had something kickass to add to the conversation. That could be you, sans the drama.



## Tickle ho!

Know the right time to laugh and crack and joke.

### 4 YO MAMA SO FUNNY

Nobody wants to spend a sliver of their precious life in the company of a bore. If you condition yourself to be able to look at the lighter side of things and add a bit of quirkiness to

your tongue, you'll be much more readily invited into any group. Everybody loves a person who can make them laugh or at least de-stress a tensed up situation with a funny

perspective. Don't turn into a clown who, all that he does is just make people laugh. Bring in an element of wit and humour to make your personality more charming to everybody.



### 5 SNEAK THAT BUTT IN

This is no mafia advice, but you need to strategise smartly and figure out any one member of the group and befriend him. Spend time with him so that when he moves back to the group he takes you with him. And you neatly make your way in without appearing needy or clingy. Once again, they are only humans, and breathe the same air as you do.



## 6 NORTH SOUTH EAST WEST

Your cultural background is like a loaded double barrel. It may be shot to make a striking kill or shoot self in the foot. The choice is absolutely yours to make. Usually people take interest in anything new, so if you're a stark stand-out among those in the group, break the ice and continue doing so with a fascinating contrast. This is making a kill. But when you start describing the seven different varieties of appam or how your region needs to be a separate state, without a warning... that's shooting yourself in the foot. Beware.

**Enigma Card**

Play on what others don't know about your culture.

## 7 I'M THE MAN

So you're a hillbilly or from a small town? When trying to make it into the cool gang of a bigger city, the first thing to ensure is never let the self respect meter take a plunge, come what may! Don't let anything convince you that

you're any lesser. The only difference between you and others is on a horizontal plank not a vertical one. Meaning, there's no superiority or inferiority issue – it just means you are from a different place. Period.



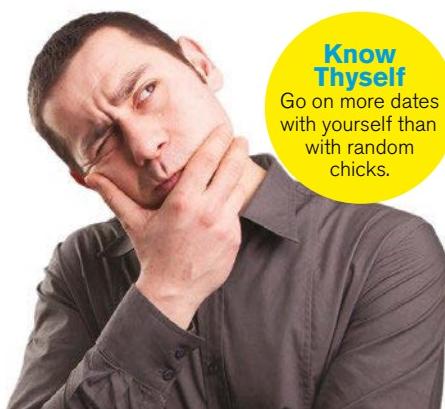
## 8 WHO AM I?

I waited to discuss this at the end, even though it's the primordial requisite of everything else, because this provides you the perfect vantage point to observe, correct and enjoy the rest. Dude, find out who the hell you are! Sounds funny, but some of us know ourselves

way less than we know others. So, figure out what your interests and hobbies are and then venture into something. You don't want to be stuck in a group, however cool, that is at another dimension. When you really know yourself, you can kick start a group of your own.

**Confidence**

Get abreast with inspiring 'confidence' stories.

**Know Thyself**

Go on more dates with yourself than with random chicks.

THE DILEMMAS OF MAN

# HOW DO I BREAK MY JEANS HABIT?

*Men are addicted to the blue stuff. It's time to put the denim down and branch out...*



## DON'T CHANGE EVERYTHING

Just because you're breaking your jeans habit, doesn't mean everything else has to change. Changing your polos, tees and kicks too will just make everyone think you're having a breakdown.

## DARK DOESN'T HAVE TO GO

Opting for a different fabric on your bottom half doesn't mean you have to break your black habit. The high street is flooded with cotton chinos and linen in black and navy.

## STEER CLEAR OF SKINNY

Even if you've never seen out of skinnies, summer is not the season for jeans that hug your nether regions like a randy koala. Stick to easy, breezy 'relaxed' fits to give you room to move.

## KEEP YOUR COOL

Rushing round doing errands, the commute to work, kicking about in the park – it all gets a bit sweaty in jeans. Lightweight linen trousers will keep things nice and airy down below.

## IT'S ALL WHITE

Whether you throw on chino shorts, smart joggers or seersucker trousers, white plimsolls will always look good. Think of them as your sartorial Sriracha hot sauce – good with anything.

Top, £38,

stussy.com

Trousers, £125,

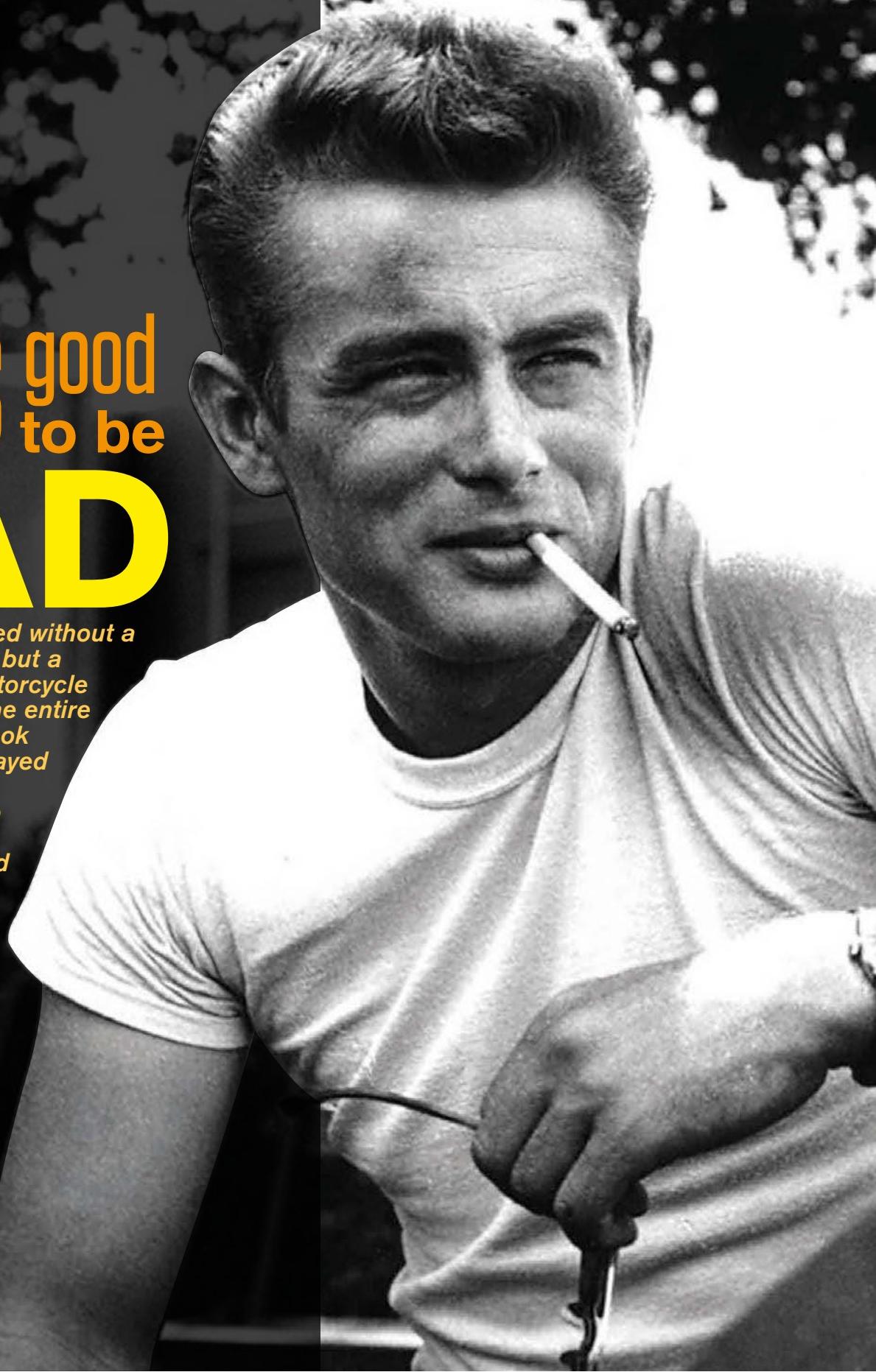
nicolefarihi.com

Shoes, £45,

superga.co.uk

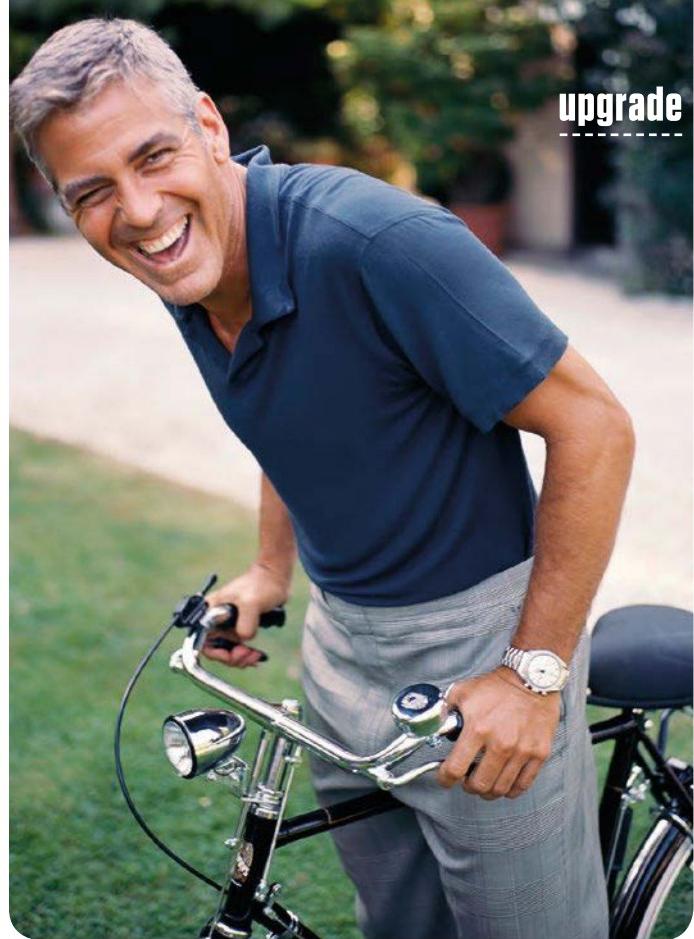
# It's good to be BAD

*James Dean rebelled without a cause with nothing but a cigarette and a motorcycle for company and the entire world sat up and took notice. Brad Pitt played the alter ego and everyone wanted to join the Fight Club. What is it about bad guys that women find so irresistible? Is it the careless swagger or the attitude dressing? Maybe the smooth talking or simply having a dark side. FHM brings to you the cheat-sheet to be rogue... and how to make it work for you.*



**01****SMOOTH TALKER**

Some simply have the gift of gab. But for the lesser mortals it's an art that can be gradually acquired. More than what you say, it's about how you say it. It's not about practicing a few lines and using them over and over again. It's about adapting what you have to say for your audience and to sound like a charmer... every time.

**02****SHARP DRESSER**

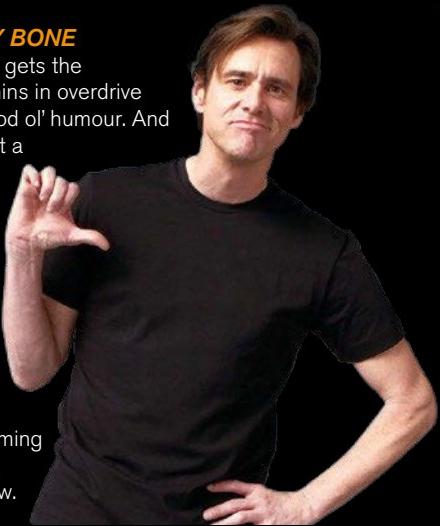
Everything that you do is an extension of your personality. Then why should clothes be any different? Say a million words without opening your trap with the right kind of ensemble. No, we are not saying that a wardrobe overhaul is in order. There is a way to look average and there's a way to look oh-my-God-who-is-that? In a good way, of course.

**03****MAN FRAGRANCE**

Playful and mischievous for him, rules are meant to be broken and so are hearts AXE Rogue is a combination of crispy citrus notes followed by an aromatic blend of rosemary, lavender and minty geranium. The dry out is sensual and warm combining the sweetness of vanilla notes with the masculinity of dry woods and amber.

**04****FUNNY BONE**

Nothing gets the endorphins in overdrive than good ol' humour. And we're not talking about a couple of lame jokes that you heard and mugged in college. Grow up. This is a serious game and making one and all laugh at the drop of a hat requires different layers of finesse. But it all starts with perfecting the art of timing the joke. And then the rest comes in easy flow.

**05****TOUCH**

This is absolute dangerous territory but if you master it... you will go down in history as one of the best players of the game... and we back that. To flick stray strands of hair behind her ear, to gently nudge the small of her back when walking next to her are to be executed with confidence and with an as-a-matter-of-fact air.

**06****STREET SMART**

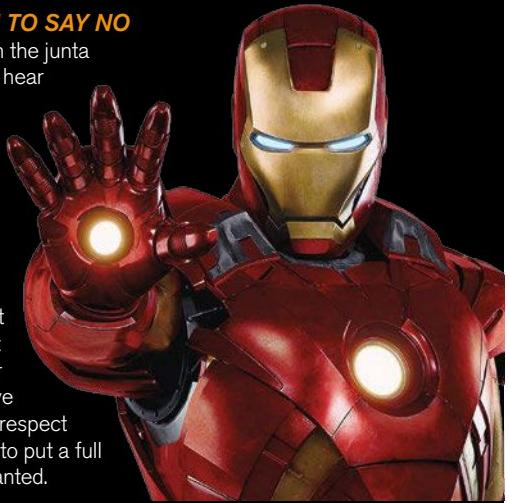
Ever wondered why a certain set of people garner most accolades with minimum efforts while most slog away on their happiness, to barely get noticed by the world? It's the difference between working hard and working smart. Here are a few tips: Stop being nice all the time. Tie it back to putting your foot down and having an opinion. And whatever you do... *puhlease* stop confiding in everyone with everything!

**07****MYSTERIOUS WAYS**

There is a reason why women find magicians so damn intriguing. Because they have a shroud of mystery and a constant, "How does he do that?" hanging on their head. Our advice? Listen more about others than revealing just about all under the sun about yourself. Do you think Mickey Corleone could have looked so bloody mysterious if he spoke his head off all the time? Think about it.

**08****LEARN TO SAY NO**

As much the junta hates to hear it, this is a skill like no other. We humans are born to ride other people for our own benefit (or to at least keep trying). Learn to be assertive and put your foot down when it gets overbearing. Be it a person, a situation or anything else, it will give you infinite amount of respect for yourself to be able to put a full stop when it's most wanted.

**09****THE ART OF COMPLIMENTING**

Want to, in a sure-fire way, play on fairer sex's mind? Compliment them. Period. But we don't mean starting a radio channel just for this. You have to be a bit reserved in shooting them off your hip and, most of all, be very genuine in giving them. Whoever it is meant for should feel it is for her and her only. Practice. We're sure you will get there.



# Gionee S7

## Elife-thin is in!

**Good looks and slim demeanour... but is the new Gionee bomb ready to fire all cylinders?**

Gionee, the Chinese handset maker, has become quite a familiar name in the Indian market with its fetish for ultra slim smartphones in each category. Remember the S5.5? It was the slimmest smartphone in the world! So where does the new Elife S7 stand? It is billed as the slimmest dual-sim smartphone in the world. Weighing just 125gms, is this size-zero babe ready to be noticed and taken around?

As we got the device days after its launch, the first thing we notice about it is the design (*what else?*). And we were hooked! The S7 is seriously the most beautiful device from the Gionee stables to date. It builds on the slim legacy but looks far more polished. The metal rims and corrosion resistant, aviation grade, alloy in the centre is sandwiched by Corning Glass 3 on both front and rear of the phone. Think of a railway track seen from the side and you will have an idea of the shape at the edges.

With the 5.2 inch screen, the super AMOLED FHD display (1920 x 1080p) packs an impressive 424ppi, which provides vivid colours. It's a norm now and Gionee too has followed suit with the Gorilla Glass coating to guard against scratches.

Moving on, the sensor-controlled smart gesture lets you lock and unlock, browse through home screen and control video with a wave of the hand. The device still has its quirks in performance, like heating up while playing a graphics-heavy game. Although this is not, what we call, a nuisance, but it does get more annoying with multiple apps running in the background.

The Chinese phone giants have also upgraded their User Interface for S7. Amigo 3.0-based on Android Lollipop 5.0-doesn't make it outdated. But the cluttered UI doesn't do justice to the elegance of the S7. There is no 'menu or apps' as everything is on the screen itself. Mediatek provides the power with an octa-core, 64-bit 1.7 GHz processor with 2 GB RAM. Internal memory of 16 GB with no expandability option is Stone Age! Battery capacity stands at 2750mAh is said to last for two days but we didn't find it



that way. Like most smartphones around, recharging this one once a day worked well, plus the Battery Saver Mode extended the last 10 per cent of power up to 20-24 hours.

### OUR VERDICT

The look and feel of the phone is super awesome. And even the software issues in previous devices have mostly been ironed out. Despite some minor glitches like low storage space, you will not regret the ₹24,999 spent on this new Gionee baby! This is surely the best that Gionee has come up with.

### OTHER SPECIFICATIONS

**1** There is an app that needs a special mention here. This innovative app is called Chameleon. It captures colour and makes it your colour theme.

**2** Gionee has worked with Sony this time to make the world's thinnest (they are so obsessed with this word!) 13MP rear and 8MP front camera.

**3** Low-light settings, face recognition and gesture control make the camera a must-have. But the image quality in low light has a long way to go!

**FHM**  
*Girlfriend*  
**KARLA**

Say hello to the beach-loving,  
nerd-till-14 Karla. We don't believe her.  
Flip the pages and you will agree!



Sudhakar Jha



Eva Sarraute





**From:** Brazil

**Age:** 26

**Occupation:** Model (Inega Model Management)

**Instagram:** @karlapires

**Twitter:** @KarlaPires

**Likes:** Chocolate, beaches, strawberries and salad

**FHM:** Hey Karla, what are you up to these days?

**Karla:** Well, I've been working, meeting up some amazing people in India, getting to understand the culture, trying different foods and enjoying the Mumbai night scene (*which is pretty alive and cool!*)!

**Tell us something about yourself.**

I can tell I am living an interesting process where some questions about life start being answered as a puzzle.

**Are you a girl next door or way too inaccessible?**

Actually, neither! I will talk to everyone I feel I am getting a good vibe from and has the audacity as a person. But I will stay away from those I know are just society players.

**VITAL STATS**

**Height:** 5'6"

**Bust:** 34C

**Waist:** 25

**Hips:** 36

**How did you get into modelling?**

You know it's not an interesting story but it all started when a friend of my mom's asked me to shoot for her clothing catalogue just like that. And after that, I got a call to join an agency in São Paulo.

**Did you always want to be a model?**

I never thought about being a model, honestly.

**Were you always this hot?**

(Laughs) No! Thank you for the compliment but I wasn't actually until I was 14 years old. In school, I was this ugly-nerd girl who never got any attention from the boys.

**How should a guy approach you when you are sunbathing on a beach?**

Maybe asking me if I know what is going on in the night scene or what to do in town. But NOT offering me any help with the sun cream. (laughs) Or the famous, 'can I buy you a drink?' That's a very cliché approach and it kinda sucks.

**“I never thought about being a model. It all started when my mom's friend asked me to shoot for her catalogue”**

**That makes me shoot another question. Are you single?**

Yep. Very much!

**Would you mind doing a ramp walk for us?**

No, wouldn't mind at all. Where's the stage, guys?

**Do you have a degree?**

Actually, I do. I graduated with a degree in Advertising and Fashion Design.

For Credits: Lingerie Haute Couture Axami : Val & Sens Sensuality | Love You  
Makeup artist : Aurore make'up

**KARLA'S LIFE IN PICTURES**

Sad! No, it's just a pose!



Selfie time!  
1...2...3... check!



Sari is more beautiful than shorts. Isn't it?



Work is so wonderful!

upgrade



“In school, I was this ugly nerd who never got any attention from the boys.”



**“This is my first time in India and I’m loving it. I’m falling for the different colours of this country. People have been very nice here.”**

**Rate the best beaches across the globe.**

Umm... That's actually not very tough for me. I love beaches. And for me, Formentera, Ibiza, Praia do Pepê, Rio de Janeiro and Tamarama, Sydney are the best beaches in the world. You got to love the vibe and can roam around on these beaches for hours.

**You favourite place to chill out with friends?**

I love the No Name Bar in Playa D'enbossa, Ibiza. The restaurant cum bar is the place to be.

**What all can we find if we raid your fridge one fine day?**

To your utter sadness, nothing adventurous as such! You will only find good foods like salad, strawberries, blueberries and Dijon Mustard.



**Are you fond of cars? Any highest speedometer count?**

No, I am definitely very chill with cars. High speed chases or revving are not for me!

**Are you okay with the idea of a full monty shoot?**

Yep, why not! I think it will be fun!

**Have you been to India before?**

This is my first time here and I love it! I am falling for the different colours of India. People have been very nice here.

**What are our chances of meeting again?**

Well, I'm planning to come back in August. And by the way, I am just a call away!

# THE FINAL COUNTDOWN

## TEN THINGS NO MAN SHOULD HAVE IN HIS HOUSE



10

### A PET TARANTULA

Jesus, look at the thing... is that tank sealed? Are you sure? Because if movies have taught us anything, it's that having any form of arachnid, reptile or creepy crawlly in your house will inevitably come back and bite you on the ass. Quite literally. At 3am. In your bed...

09

### A MICROWAVE

What kind of person has ever used a plastic radioactive box to flame-grill a wedge of cow or beat the bejesus out of an egg? There are some things a microwave just can't be used for, and knowing your way around the kitchen feeds the most primal of urges to cook something with your hands. Even if it's inedible, at least blood, sweat and tears went into making it.

08

### ANY NOW THAT'S WHAT I CALL MUSIC ALBUM

The lights are dimmed, you're on the couch with your ladyfriend, finally about to lean in for that long-awaited smooch... then Lou Bega's Mambo No 5 kicks in, dousing out the nascent flames of desire. The lesson? Have a taste in music, any taste in music. It might not be everyone's cuppa, but it'll save you from an iPhone shuffle shame.

07

### TOPLESS CALENDARS

You're not Dapper Laughs or Sid James circa 1973. You're also not the sort of bloke who tells women on the bus to 'cheer up' or pinches bottoms in public. So ditch the '90s lads' mag poster and put a nice print on your wall instead.

06

### NOVELTY PANTS, SOCKS AND TIES

"With the exception of Christmas Day—and assuming even then you're wearing them against your will—novelty undercrackers do wonders for pissing on your masculinity and maturity. Anyone who has 'sex machine' plastered on their boxers is almost certainly lining themselves up to be a middle-aged manchild.

05

### ANY FORM OF BIGOT

No one needs Nick Griffin chewing their ear off during Masterchef, and that Abu Hamza would definitely ruin your enjoyment of Don't Tell The Bride with his forthright views on western society. So, it's best to leave any knob with extremist tendencies at the front door, eh?

04

### ALCOHOL-FREE BEER

Being able to down 12 cans of 6.6% Pilsnershitter certainly doesn't make you any more of a ruddy bloke, and nor does scoffing at sobriety. Our main beef with sans-alcohol hooch is that it tastes like wet, eggy dog farts. When there's so much

beautiful craft beer about, it's a sin to put this teetotal toss in your fridge.

03

### OLD UNIVERSITY DRINKING PROPS

Chugging out of a vuvuzela was ace when you could still get away with downing ₹300 vodka cokes on a Tuesday night, but it's 2015 and you're all sophisticated now, with your Nectar card and your sensible haircut. The only thing you should need for a good time these days is a little LSD. (That stands for a Lovely Scotch to Drink).

02

### YOUR EX'S POSSESSIONS

Pull yourself together, man. Is having the odd glance at her Instagram feed acceptable? Yes. Is pulling out an old hairbrush of hers for a nightly sniff as you wear a pair of her tights and weep into your pillow a normal thing to do? Absolutely not. Get it all down to the charity shop.

01

### A MANKINI

Men are inevitably judged by potential suitors on their humour, so if yours is still reliant on gags from 2006, then you've probably got a bit of work to do. You can always claim that screaming 'Wassssap!' down the phone was an ironic thing, but that's only going to wash once. Ditch the fluorescent ball hammock and throw away your Ali G skull cap, right now...



Words: Joe Madden

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